Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Trident 1		6:00-6:45pm at McC		6:00-6:45pm at McC		9:15-10:00am at DO	
Trident 2		6:00-6:45pm at McC		6:00-6:45pm at McC		10:00-10:45am at DO	
Trident 3		6:45-8:00pm at McC		6:45-8:00pm at McC		10:45-12:00pm at DO	
White		6:00-7:00pm at McC		6:00-7:00pm at McC	5:30-6:30pm at DO	10:00-11:00am at DO	
Black		7:00-8:30pm at McC		7:00-8:30pm at McC	6:30-8:00pm at DO	8:00-10:00am at DO	8:00-10:00am at CHS
Blue	6:00-8:00pm at ASU	7:00-9:00pm at DO	6:00-8:00pm at ASU	7:00-9:00pm at McC	5:30-8:00pm at DO	12:00-2:00pm at CHS	
Senior	4:00-6:00pm at ASU	5:00-6:30am at CHS & 6:00-8:00pm at ASU	4:00-6:00pm at ASU		5:00-6:30am at CHS & 6:00-8:00pm at McC	12:00-2:00pm at CHS	

McC = McClintock High School
DO = Desert Oasis Aquatic Center
CHS = Chanlder High School
ASU = Mona Plummer Aquatic Center

<sup>\*</sup>Senior group: AM practices start Tuesday 8/15