

PSC PARENT CODE OF CONDUCT

Phoenix Swim Club has created the Parent Code of Conduct to help guide our program towards knowing what "right looks like." PSC aims to create a culture that not only develops swimmers as swimmers, and swimmers as future leaders, but also parental boundaries that enable your swimmer to succeed.

When in doubt: Swimmer's swim. Coaches coach. Parents parent.

The Phoenix Swim Club staff are highly experienced and professional coaches, who work to develop children into better swimmers and at the same time teach them important life skills. These skills include time management, self-discipline, perseverance, and sportsmanship. Your swimmer will benefit from these life lessons well beyond participation in our program.

As a PSC Parent, when you sign your child up for our program, you agree to follow these rules for behavior and sportsmanship.

- Set a good example. Show respect and be polite to everyone.
- Follow USA Swimming Safe Sport Policies <u>USA Swimming Safe Sport</u>
- Help your swimmer organize their time so they will be successful in school and in the pool. Attendance is essential to a swimmer's progression.
- Demonstrate good sportsmanship. Win gracefully and lose graciously.
- Assume the best from the coaches. We all want your swimmers to succeed and meet their goals.
- While at PSC functions, home or away meets, always represent the team in a positive and respectful manner.
- Support the Phoenix Swim Club's mission by modeling respect, integrity, and sportsmanship.
- Demonstrate courtesy toward athletes, coaches, officials, volunteers, and other families.
- Direct concerns or questions to the appropriate coach or team leader, rather than discussing them with other parents or swimmers.
- Ensure your athlete is on time for practice and meets and is picked up promptly.
- Use positive language when speaking about athletes, coaches, and club decisions.

- Never coach or instruct athletes (including your own) during practice or competition unless specifically asked by a coach.
- Read team communications and volunteer as needed for meets, and events.
- Alert coaches to medical conditions, absences, or special circumstances impacting your child's participation.
- Respect the authority of coaches, team administrators, and meet officials.
- Refrain from any conduct that is unsportsmanlike, intimidating, or detrimental to the team's culture.
- Refrain from negative talk with others about the club, coaches, swimmers, and meet
 officials. This talk is detrimental to the team's image and reputation. If you have a
 complaint/concern, address it with the head coach or board of directors.

Know your role.

- Swimmer's swim. Coaches coach. Officials officiate. Parents parent.
- Love your kids with positive reinforcement and encouragement.
- Do not coach your child during practice or at swim meets.
- Do not distract the swimmers or coaches by interfering in practices or swim meets.
- If you have a concern, please plan to meet with the coach privately outside of practice or swim meet time.

Meet Etiquette.

- Respond in a timely manner for meet commitment. The coaching staff has final approval on each swimmer's meet entries.
- Show up to the meet early to ensure your swimmer has time to check in with their coach, join the group warm up and socialize with their friends.
- Questions about a disqualification? Direct your questions to the coach. Do not approach officials at a meet.
- Hold a positive image for our team. Wear our apparel! Keep setting that good example.

Get Involved!

- Volunteer at meets. Every meet requires a number of volunteers to operate smoothly.
 PSC has introduced the Family Participation Policy to help our members keep track of their volunteer hours.
- Become a USA Swimming Official. It's super easy. Ask a coach or one of PSC's officials for more info.

If you should conduct yourself in a manner that brings discredit or discord to PSC or USA Swimming, you may be subject to disciplinary action. PSC maintains the right to suspend or terminate any membership.