



# FUTURES CHAMPIONSHIPS

2024  
TIME STANDARDS

## WOMEN

## 18 & U

## MEN

SCY	LCM		LCM	SCY
23.89	27.39	50 FR	24.59	21.29
51.89	59.29	100 FR	53.59	46.39
1:52.29	2:07.79	200 FR	1:57.79	1:41.59
5:02.59	4:28.79	400/500 FR	4:09.99	4:37.09
10:20.49	9:13.79	800/1000 FR	8:40.69	9:34.29
17:14.39	17:40.19	1500/1650 FR	16:38.99	16:05.49
57.09	1:06.79	100 BK	1:00.59	51.49
2:04.19	2:23.99	200 BK	2:11.89	1:52.79
1:05.49	1:15.99	100 BR	1:08.19	57.99
2:22.69	2:43.39	200 BR	2:29.09	2:07.99
56.59	1:04.69	100 FL	57.99	50.59
2:05.39	2:21.89	200 FL	2:10.19	1:53.69
2:06.39	2:26.19	200 IM	2:12.79	1:53.89
4:30.69	5:07.29	400 IM	4:42.39	4:06.99
x	4:04.29	4x100 FR-R	3:40.89	x
x	8:40.89	4x200 FR-R	8:00.49	x
x	4:33.79	4x100 MED-R	4:05.89	x

Qualifying from June 1, 2023 through Entry Deadline



# FUTURES CHAMPIONSHIPS

2024  
TIME STANDARDS

## WOMEN

## 19 & 0

## MEN

SCY	LCM		LCM	SCY
23.69	27.29	50 FR	24.29	20.89
51.49	59.19	100 FR	53.09	45.59
1:51.49	2:07.79	200 FR	1:56.99	1:40.29
5:00.89	4:28.79	400/500 FR	4:09.99	4:36.19
10:19.69	9:13.79	800/1000 FR	8:40.69	9:31.89
17:10.29	17:40.19	1500/1650 FR	16:38.99	15:51.89
56.69	1:06.79	100 BK	1:00.29	50.69
2:03.49	2:23.99	200 BK	2:11.89	1:51.99
1:04.99	1:15.99	100 BR	1:07.59	57.09
2:22.09	2:43.39	200 BR	2:29.09	2:05.99
56.19	1:04.59	100 FL	57.49	49.79
2:05.39	2:21.89	200 FL	2:10.19	1:52.79
2:05.49	2:26.29	200 IM	2:12.59	1:52.29
4:30.39	5:07.29	400 IM	4:42.39	4:05.09
x	4:04.29	4x100 FR-R	3:40.89	x
x	8:40.89	4x200 FR-R	8:00.49	x
x	4:33.79	4x100 MED-R	4:05.89	x

Qualifying from June 1, 2023 through Entry Deadline