

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
ABBAS, AYESHA (Girl 10) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Back	1	48.03Y	CACHamps	F	02/03/2024	Water Bowl 2024
100 Breast	1	1:53.89Y	CACHamps	F	02/03/2024	Water Bowl 2024
Adams, Nina (Girl 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	26.38Y	CACHamps	P	04/01/2023	2023 Western Zone SCY Senior Z
100 Free	1	59.33Y	CACHamps	F	02/04/2023	Water Bowl 2023
200 Free	1	2:17.66Y	CACHamps	P	01/28/2023	2023 Alaska Senior Championshi
100 Breast	1	1:11.96Y	CACHamps	P	04/01/2023	2023 Western Zone SCY Senior Z
200 Breast	1	2:42.19Y	CACHamps	F	04/29/2023	2023 Alaska Swimming State Cha
200 IM	1	2:34.99Y	CACHamps	P	04/30/2023	2023 Alaska Swimming State Cha
Anderson, Lillian (Girl 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.01Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Free	1	1:01.54YL	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:22.80Y	CACHamps	F	01/14/2023	2023 Winter Splash
500 Free	1	6:22.62Y	CACHamps	F	02/18/2023	2023 AGC
100 Back	1	1:11.34Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Back	1	2:36.28Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Breast	1	1:23.80Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
200 Breast	1	3:08.59Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
100 Fly	1	1:10.70Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 Fly	1	2:45.95Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
200 IM	1	2:34.35Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
400 IM	1	5:40.67Y	CACHamps	F	03/22/2024	2024 Spring Equinox Meet
Balaban, Maria (Girl 19) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
100 Free	1	1:10.44Y	CACHamps	F	02/04/2023	Water Bowl 2023
Baldessari, Stella (Girl 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.62Y	CACHamps	P	01/28/2023	2023 Alaska Senior Championshi
100 Free	1	57.01Y	CACHamps	F	10/28/2023	Region IV Champs
100 Breast	1	1:09.46Y	CACHamps	F	10/28/2023	Region IV Champs
200 Breast	1	2:41.36Y	CACHamps	P	01/28/2023	2023 Alaska Senior Championshi
200 IM	1	2:35.04Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
Banning, Esmee (Girl 12) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	30.04Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	1:06.03Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Free	1	2:25.54Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
500 Free	1	6:32.06Y	CACHamps	F	10/20/2023	2023 Fall Harvest Invite
50 Back	1	34.75Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
100 Back	1	1:13.68Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
200 Back	1	2:41.39Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
50 Breast	1	42.28Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
100 Breast	1	1:40.79Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
200 Breast	1	3:05.85Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
50 Fly	1	37.07Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
100 Fly	1	1:20.28Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Fly	1	3:03.52Y	CACHamps	F	02/03/2024	Water Bowl 2024
100 IM	1	1:16.13Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 IM	1	2:43.77Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
400 IM	1	5:52.09Y	CACHamps	F	01/12/2024	2024 Winter Splash and 10U Pos
Banse, Moriah (Girl 10) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	38.36Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 Free	1	1:31.11Y	CACHamps	F	03/02/2024	Palmer Spring Invite
50 Back	1	46.58Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 Back	1	1:40.46Y	CACHamps	F	03/02/2024	Palmer Spring Invite
Benner, Kylie (Girl 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	25.60Y	CACHamps	P	03/01/2024	2024 OSI Senior Region XII Are
100 Free	1	55.79Y	CACHamps	F	04/29/2023	2023 Alaska Swimming State Cha
200 Free	1	2:01.54Y	CACHamps	P	03/02/2024	2024 OSI Senior Region XII Are
500 Free	1	5:49.29Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
100 Back	1	1:06.54Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
200 Back	1	2:27.57Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 Breast	1	1:17.03Y	CACHamps	F	02/03/2024	Water Bowl 2024
200 Breast	1	2:50.72Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 Fly	1	58.67Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 Fly	1	2:16.24Y	CACHamps	F	03/03/2024	2024 OSI Senior Region XII Are
200 IM	1	2:25.27Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
400 IM	1	5:04.85Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
Bingham, Elizabeth (Girl 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	25.44Y	CACHamps	F	10/28/2023	Region IV Champs
100 Free	1	58.94Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
100 Back	1	1:06.25Y	CACHamps	P	03/02/2024	2024 OSI Senior Region XII Are
200 Back	1	2:28.89Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
100 Breast	1	1:13.72Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
200 IM	1	2:32.04Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
Blackburn, Chloe (Girl 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	26.95Y	CACHamps	F	10/27/2023	2023 Region III Swim and Dive
100 Free	1	59.19Y	CACHamps	F	10/27/2023	2023 Region III Swim and Dive
200 Free	1	2:19.98Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
500 Free	1	6:33.51Y	CACHamps	F	03/25/2023	2023 Spring Equinox Invite
100 Back	1	1:16.55Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Breast	1	1:22.67Y	CACHamps	F	02/03/2024	Water Bowl 2024
100 Fly	1	1:13.53Y	CACHamps	F	02/03/2024	Water Bowl 2024
200 IM	1	2:51.28Y	CACHamps	F	04/15/2023	2023 Spring Time Trial
Bunch, Aubrey (Girl 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	29.39Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
100 Free	1	1:04.27Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 Free	1	2:17.23Y	CACHamps	F	11/05/2023	2023 State Time Trial Service
500 Free	1	6:02.82Y	CACHamps	F	10/27/2023	2023 Region III Swim and Dive
500 Free	1	6:02.82Y	CACHamps	F	10/28/2023	Region III Champs
1000 Free	1	13:25.82Y	CACHamps	F	04/01/2023	One Mile Time Trial
1650 Free	1	22:02.37Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Back	1	1:15.37Y	CACHamps	P	04/29/2023	2023 Alaska Swimming State Cha
200 Back	1	2:43.57Y	CACHamps	P	02/17/2023	2023 AGC
200 Breast	1	3:14.99Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 Fly	1	1:12.09Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 Fly	1	2:39.35Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
200 IM	1	2:36.31Y	CACHamps	F	10/27/2023	2023 Region III Swim and Dive
200 IM	1	2:36.31Y	CACHamps	F	10/28/2023	Region III Champs
400 IM	1	5:46.70Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
Carr, Jane (Girl 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.68Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Free	1	1:04.30Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Dinwiddie, Layla (Girl 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.05Y	CACHamps	F	10/27/2023	2023 Region III Swim and Dive
100 Free	1	1:04.51Y	CACHamps	F	11/05/2023	2023 State Time Trial Service
100 Fly	1	1:15.87Y	CACHamps	P	10/27/2023	2023 Region III Swim and Dive
Dunford, Maraya (Girl 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.20Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	1:01.50Y	CACHamps	F	10/27/2023	2023 Region III Swim and Dive
100 Free	1	1:01.50Y	CACHamps	F	10/28/2023	Region III Champs
200 Free	1	2:25.51Y	CACHamps	P	02/19/2023	2023 AGC
100 Breast	1	1:24.29Y	CACHamps	F	10/27/2023	2023 Region III Swim and Dive
100 Breast	1	1:24.29Y	CACHamps	F	10/28/2023	Region III Champs
Dunlap, Mollyann (Girl 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.75Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	1:02.97Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:21.03Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
500 Free	1	6:14.88Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
1650 Free	1	21:56.50Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Back	1	1:19.88Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Breast	1	1:29.19Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
100 Fly	1	1:20.64Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
200 IM	1	2:50.77Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
400 IM	1	6:05.72Y	CACHamps	F	03/22/2024	2024 Spring Equinox Meet
Eischens, Casey (Girl 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	31.08Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Back	1	1:13.97Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Fly	1	1:18.58Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 IM	1	2:46.98Y	CACHamps	F	10/28/2023	Region IV Champs
Faignant, Greta (Girl 19) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.77Y	CACHamps	F	03/02/2024	2024 OSI Senior Region XII Are
200 Free	1	2:18.54Y	CACHamps	F	10/28/2023	Region IV Champs
200 Back	1	2:49.43Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
100 Breast	1	1:15.64Y	CACHamps	F	10/28/2023	Region IV Champs
200 Breast	1	2:51.88Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
200 IM	1	2:40.62Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
Fawcett, Nora (Girl 13) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.32Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
100 Free	1	1:00.00Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
200 Free	1	2:13.26Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
500 Free	1	5:49.35Y	CACHamps	F	02/02/2024	Water Bowl 2024
1650 Free	1	21:25.31Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Back	1	1:16.64Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
200 Back	1	2:36.74Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
100 Breast	1	1:24.07Y	CACHamps	F	02/03/2024	Water Bowl 2024
200 Breast	1	3:12.40Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
200 Fly	1	2:57.71Y	CACHamps	F	09/23/2023	2023 Fall Equinox Meet
200 IM	1	2:41.60Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
400 IM	1	5:30.68Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
Foister, Ruby (Girl 11) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	34.22Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Back	1	1:29.14Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Foister, Stella (Girl 9) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	37.48Y	CACHamps	F	02/03/2024	Water Bowl 2024
100 Free	1	1:29.37Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
200 Free	1	2:58.49Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
50 Back	1	47.04Y	CACHamps	F	02/03/2024	Water Bowl 2024
Fulsang, Madelyn (Girl 10) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Back	1	45.99Y	CACHamps	F	03/02/2024	Palmer Spring Invite
Furin, Giselle (Girl 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	31.94Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Geuss, Evelyn (Girl 12) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	29.53Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
100 Free	1	1:10.02Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
500 Free	1	7:13.73Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
50 Back	1	33.85Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
100 Back	1	1:12.89Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
50 Breast	1	41.19Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
100 Breast	1	1:30.26Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
200 Breast	1	3:24.39Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
50 Fly	1	36.88Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Fly	1	1:27.66Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
100 IM	1	1:17.01Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
200 IM	1	2:59.24Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
Green, Olivia (Girl 11) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
50 Free	1	33.64Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 Free	1	1:15.86Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
Griffith, Charlotte (Girl 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	24.64Y	CACHamps	F	04/01/2023	2023 Western Zone SCY Senior Z
100 Free	1	53.96Y	CACHamps	P	03/31/2023	2023 Western Zone SCY Senior Z
200 Free	1	2:02.05Y	CACHamps	P	03/10/2023	2023 Northwest Spring Speedo S
100 Back	1	1:11.10Y	CACHamps	P	04/29/2023	2023 Alaska Swimming State Cha
100 Fly	1	1:17.73Y	CACHamps	P	04/30/2023	2023 Alaska Swimming State Cha
200 IM	1	2:35.68Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
Grochowski, Wiktoria (Girl 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
100 Back	1	1:16.60Y	CACHamps	F	10/28/2023	Region IV Champs
Gustafson, Mariel (Girl 13) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	26.88Y	CACHamps	P	03/22/2024	2024 Northwest Region Age Grou
100 Free	1	1:00.11Y	CACHamps	P	03/23/2024	2024 Northwest Region Age Grou
500 Free	1	6:43.42Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 Breast	1	1:27.65Y	CACHamps	P	03/22/2024	2024 Northwest Region Age Grou
100 Fly	1	1:19.47Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
200 IM	1	2:46.28Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
Hall, Devin (Girl 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	31.36Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
100 Free	1	1:12.51Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
Havemeister, Teagan (Girl 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.67Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	1:04.44Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 Free	1	2:16.58Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
500 Free	1	6:16.59Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
100 Back	1	1:10.99Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
200 Back	1	2:28.30Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 IM	1	2:51.92Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
Hostetter, Natalie (Girl 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	25.32Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
100 Free	1	56.77Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:07.64Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
100 Back	1	1:03.05Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
200 Back	1	2:21.60Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
Houghton, Lori (Girl 20) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
200 Free	1	2:13.03YL	CACHamps	F	01/27/2023	2023 Alaska Senior Championshi
500 Free	1	5:58.16Y	CACHamps	F	03/25/2023	2023 Spring Equinox Invite
1000 Free	1	11:47.95Y	CACHamps	F	01/27/2023	2023 Alaska Senior Championshi
100 Breast	1	1:18.23Y	CACHamps	F	01/14/2023	2023 Winter Splash
200 Breast	1	2:41.73Y	CACHamps	F	01/28/2023	2023 Alaska Senior Championshi
400 IM	1	4:58.39Y	CACHamps	F	01/28/2023	2023 Alaska Senior Championshi
Hufana, Alyiah (Girl 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	31.33Y	CACHamps	F	01/14/2023	2023 Winter Splash
100 Free	1	1:11.23Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
100 Back	1	1:10.75Y	CACHamps	F	10/28/2023	Region IV Champs
100 Breast	1	1:23.95Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
JOHNSON, LANDYN (Girl 12) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	32.02Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
50 Back	1	38.62Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
50 Breast	1	42.00Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
100 Breast	1	1:38.50Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
200 Breast	1	3:29.81Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
50 Fly	1	35.97Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 IM	1	1:23.10Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Johnson, Emma (Girl 13) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	34.22Y	CACHamps	F	03/02/2024	Palmer Spring Invite
Kost, Isabel (Girl 13) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						

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50 Free	1	29.62Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 Free	1	1:11.81Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
200 IM	1	3:00.35Y	CACHamps	F	03/02/2024	Palmer Spring Invite
Ligman, Kendyl (Girl 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.17Y	CACHamps	F	11/05/2023	2023 State Time Trial Service
100 Free	1	1:00.40Y	CACHamps	F	10/13/2023	Palmer Invite 2023
200 Free	1	2:11.47Y	CACHamps	F	10/13/2023	Palmer Invite 2023
500 Free	1	6:14.07Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
100 Breast	1	1:27.74Y	CACHamps	F	08/12/2023	State Fair Invite 2023
100 Fly	1	1:16.31Y	CACHamps	P	04/30/2023	2023 Alaska Swimming State Cha
200 IM	1	2:48.03Y	CACHamps	F	03/25/2023	2023 Spring Equinox Invite
400 IM	1	5:49.40Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
Lind, Harper (Girl 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.16Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
100 Free	1	1:00.28Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:12.76Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
100 Back	1	1:18.68Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Breast	1	1:26.91Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
100 Fly	1	1:09.56Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 IM	1	2:40.29Y	CACHamps	P	04/30/2023	2023 Alaska Swimming State Cha
400 IM	1	5:55.50Y	CACHamps	F	03/24/2023	2023 Spring Equinox Invite
Mayer, Pearl (Girl 12) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	35.19Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	1:16.93Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
50 Back	1	40.16Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 Breast	1	3:36.53Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
50 Fly	1	38.46Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
100 IM	1	1:28.71Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
McCarthy, Pia (Girl 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	30.19Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	1:10.72Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 IM	1	2:53.47Y	CACHamps	F	10/28/2023	Region IV Champs
McRee, Madison (Girl 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.76YL	CACHamps	F	12/10/2023	2023 AK Central Area Champions
100 Free	1	1:05.08Y	CACHamps	F	03/25/2023	2023 Spring Equinox Invite
200 Free	1	2:25.99Y	CACHamps	F	10/28/2023	Region IV Champs
500 Free	1	6:28.57Y	CACHamps	F	10/28/2023	Region IV Champs
200 IM	1	2:54.55Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
Melendez, Juliana (Girl 12) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	35.07Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	1:17.97Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
50 Back	1	40.33Y	CACHamps	F	08/12/2023	State Fair Invite 2023
100 Back	1	1:25.17Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
200 Back	1	3:10.08Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
Miller, Merica (Girl 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	24.77Y	CACHamps	P	04/01/2023	2023 Western Zone SCY Senior Z
100 Free	1	53.68Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 Free	1	1:56.24Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
500 Free	1	5:23.91Y	CACHamps	F	01/29/2023	2023 Alaska Senior Championshi
1000 Free	1	11:37.02Y	CACHamps	F	01/27/2023	2023 Alaska Senior Championshi
1650 Free	1	19:29.70Y	CACHamps	F	04/27/2023	2023 Alaska Swimming State Cha
100 Back	1	1:03.00Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
200 Back	1	2:18.07Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
100 Breast	1	1:12.88Y	CACHamps	F	02/04/2023	2023-HI BIG ISLAND SWIMMING
200 Breast	1	2:41.77Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 Fly	1	1:04.08Y	CACHamps	F	04/30/2023	2023 Alaska Swimming State Cha
200 Fly	1	2:37.36Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
200 IM	1	2:17.20Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
400 IM	1	4:55.75Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
Miller, Quincy (Girl 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.24Y	CACHamps	P	03/22/2024	2024 Northwest Region Age Grou
100 Free	1	1:01.37Y	CACHamps	P	03/23/2024	2024 Northwest Region Age Grou
200 Free	1	2:17.92Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
500 Free	1	6:20.01Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
1650 Free	1	22:09.05Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Back	1	1:10.30Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
200 Back	1	2:43.12Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 Breast	1	1:14.92Y	CACHamps	P	03/22/2024	2024 Northwest Region Age Grou
200 Breast	1	3:03.35Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 Fly	1	1:10.99Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 Fly	1	2:58.14Y	CACHamps	F	09/23/2023	2023 Fall Equinox Meet
200 IM	1	2:29.68Y	CACHamps	P	03/23/2024	2024 Northwest Region Age Grou
400 IM	1	5:43.16Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
Moffat, Alecia (Girl 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	31.62Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 Free	1	1:10.26Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
Moore, Marlee (Girl 10) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	34.54Y	CACHamps	F	09/23/2023	2023 Fall Equinox Meet
100 Free	1	1:19.82Y	CACHamps	F	02/03/2024	Water Bowl 2024
200 Free	1	2:51.82Y	CACHamps	F	01/06/2024	New Years NLSC intersquad meet
500 Free	1	7:48.17Y	CACHamps	F	01/12/2024	2024 Winter Splash and 10U Pos
50 Back	1	42.30Y	CACHamps	F	03/02/2024	Palmer Spring Invite
50 Breast	1	47.23Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 Breast	1	1:47.77Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
50 Fly	1	45.91Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 Fly	1	1:42.84Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 IM	1	1:33.66Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 IM	1	3:20.52Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
Muffoletto, Masey (Girl 11) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	31.18Y	CACHamps	F	02/03/2024	Water Bowl 2024
100 Free	1	1:11.03Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:38.72Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
500 Free	1	7:01.55Y	CACHamps	F	02/02/2024	Water Bowl 2024
50 Back	1	35.45Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Back	1	1:22.25Y	CACHamps	F	04/29/2023	2023 Alaska Swimming State Cha
50 Breast	1	43.44Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 Breast	1	1:36.93Y	CACHamps	F	11/18/2023	2022/2023 USA Swimming IM Xtr
50 Fly	1	36.03Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 IM	1	1:17.57Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 IM	1	2:56.72Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
Nails, Jazmyne (Girl 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	30.73Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	1:07.43Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:34.74Y	CACHamps	F	08/12/2023	State Fair Invite 2023
500 Free	1	6:49.62Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 Back	1	1:16.79Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
100 Breast	1	1:25.22Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
200 IM	1	2:50.92Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
Oakley, Noelle (Girl 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.09Y	CACHamps	F	03/25/2023	2023 Spring Equinox Invite
100 Free	1	1:01.65YL	CACHamps	F	02/17/2023	2023 AGC
200 Free	1	2:15.63Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
500 Free	1	6:13.70Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
1000 Free	1	13:02.93Y	CACHamps	F	04/01/2023	One Mile Time Trial
1650 Free	1	21:48.10Y	CACHamps	F	04/01/2023	One Mile Time Trial
100 Back	1	1:15.24Y	CACHamps	P	02/19/2023	2023 AGC

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
100 Breast	1	1:19.94Y	CACHamps	F	02/04/2023	Water Bowl 2023
200 Breast	1	2:49.93Y	CACHamps	F	02/18/2023	2023 AGC
100 Fly	1	1:13.06Y	CACHamps	F	01/14/2023	2023 Winter Splash
200 IM	1	2:31.16Y	CACHamps	F	03/25/2023	2023 Spring Equinox Invite
400 IM	1	5:30.89Y	CACHamps	F	02/17/2023	2023 AGC
Pulis, Emery (Girl 11) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	36.15Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
Ramos, Caitlin (Girl 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.55Y	CACHamps	P	04/28/2023	2023 Alaska Swimming State Cha
100 Free	1	1:00.53Y	CACHamps	P	04/29/2023	2023 Alaska Swimming State Cha
200 Free	1	2:13.95Y	CACHamps	F	10/28/2023	Region IV Champs
100 Back	1	1:05.31Y	CACHamps	F	10/28/2023	Region IV Champs
200 Back	1	2:27.55Y	CACHamps	F	04/15/2023	2023 Spring Time Trial
100 Breast	1	1:21.06Y	CACHamps	F	01/14/2023	2023 Winter Splash
200 Breast	1	2:59.57Y	CACHamps	F	02/03/2024	Water Bowl 2024
100 Fly	1	1:11.92Y	CACHamps	P	04/30/2023	2023 Alaska Swimming State Cha
200 IM	1	2:32.39Y	CACHamps	F	03/01/2024	2024 OSI Senior Region XII Are
Reinders, Lizy (Girl 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
100 Free	1	1:08.40Y	CACHamps	F	04/15/2023	2023 Spring Time Trial
100 Breast	1	1:26.68Y	CACHamps	F	04/15/2023	2023 Spring Time Trial
100 Fly	1	1:16.96Y	CACHamps	F	10/28/2023	Region IV Champs
Rindal, April (Girl 11) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	33.38Y	CACHamps	F	03/02/2024	Palmer Spring Invite
50 Back	1	37.91Y	CACHamps	F	03/02/2024	Palmer Spring Invite
50 Fly	1	38.87Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 IM	1	1:26.80Y	CACHamps	F	03/02/2024	Palmer Spring Invite
Romspert, Reese (Girl 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.24Y	CACHamps	P	01/28/2023	2023 Alaska Senior Championshi
100 Free	1	1:00.42Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
200 Free	1	2:13.99Y	CACHamps	P	01/28/2023	2023 Alaska Senior Championshi
500 Free	1	5:49.20Y	CACHamps	F	10/28/2023	Region IV Champs
100 Breast	1	1:27.79Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
Rothbarth, Ava (Girl 19) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.73Y	CACHamps	P	01/28/2023	2023 Alaska Senior Championshi
100 Free	1	1:01.41Y	CACHamps	F	01/14/2023	2023 Winter Splash
200 Free	1	2:21.83Y	CACHamps	P	04/30/2023	2023 Alaska Swimming State Cha
100 Back	1	1:08.11Y	CACHamps	P	01/28/2023	2023 Alaska Senior Championshi
100 Breast	1	1:21.60Y	CACHamps	F	01/14/2023	2023 Winter Splash
100 Fly	1	1:08.36Y	CACHamps	P	01/28/2023	2023 Alaska Senior Championshi
200 Fly	1	2:33.39Y	CACHamps	F	01/29/2023	2023 Alaska Senior Championshi
200 IM	1	2:30.36Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
400 IM	1	5:21.84Y	CACHamps	F	01/13/2023	2023 Winter Splash
Rothbarth, Ellie (Girl 13) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	30.68Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
100 Free	1	1:11.50Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 Free	1	2:40.80Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
100 Back	1	1:18.48Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
200 Back	1	2:54.91Y	CACHamps	F	02/17/2023	2023 AGC
100 Fly	1	1:18.45Y	CACHamps	P	03/24/2024	2024 Northwest Region Age Grou
200 Fly	1	2:58.71Y	CACHamps	P	03/22/2024	2024 Northwest Region Age Grou
Rothbarth, Iris (Girl 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.25Y	CACHamps	F	02/03/2024	Water Bowl 2024
100 Free	1	1:02.79Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Free	1	2:23.62Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Breast	1	3:00.84Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Fly	1	1:12.99Y	CACHamps	F	10/28/2023	Region IV Champs
200 IM	1	2:37.84Y	CACHamps	F	10/28/2023	Region IV Champs
Savikko, Amara (Girl 13) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
50 Free	1	31.36Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
100 Free	1	1:10.07YL	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:31.96Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
500 Free	1	6:48.92Y	CACHamps	F	02/18/2023	2023 AGC
Savikko, Kaiya (Girl 11) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	35.97Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
500 Free	1	7:17.04Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
50 Back	1	39.02YL	CACHamps	F	02/16/2024	2024 AK Age Group Championship
Schoppert, Alethia (Girl 13) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	29.87Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
100 Free	1	1:07.62Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Free	1	2:31.62Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
500 Free	1	7:04.76Y	CACHamps	F	02/02/2024	Water Bowl 2024
100 Back	1	1:12.89Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Back	1	2:38.27Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Fly	1	1:21.24Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 IM	1	2:50.79Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
400 IM	1	6:09.37Y	CACHamps	F	03/22/2024	2024 Spring Equinox Meet
Sherwood, Jemma (Girl 12) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.52Y	CACHamps	F	01/06/2024	New Years NLSC intersquad meet
100 Free	1	1:02.14Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
200 Free	1	2:24.04Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
500 Free	1	6:08.33Y	CACHamps	F	02/02/2024	Water Bowl 2024
1000 Free	1	13:48.09Y	CACHamps	F	01/05/2024	New Years NLSC intersquad meet
1650 Free	1	22:41.98Y	CACHamps	F	01/05/2024	New Years NLSC intersquad meet
50 Back	1	31.87Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
100 Back	1	1:10.22Y	CACHamps	F	02/03/2024	Water Bowl 2024
200 Back	1	2:27.90Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
50 Breast	1	42.02Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Breast	1	1:30.04Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
200 Breast	1	3:13.65Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
50 Fly	1	31.58Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Fly	1	1:16.32Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
200 Fly	1	2:46.96Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
100 IM	1	1:11.97Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
200 IM	1	2:31.43Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
400 IM	1	5:31.99Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
Sherwood, Joelle (Girl 10) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	34.63Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Free	1	1:19.02Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Free	1	2:48.13Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
500 Free	1	7:13.16Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
50 Back	1	39.68Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Back	1	1:27.16Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
50 Breast	1	54.46Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
100 Breast	1	1:53.21Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
50 Fly	1	45.60Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
100 Fly	1	1:54.65Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 IM	1	1:33.96Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 IM	1	3:09.49Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
Struna-Meyer, Casey (Girl 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	26.40Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	57.38Y	CACHamps	F	02/17/2023	2023 AGC
200 Free	1	2:04.16Y	CACHamps	F	10/28/2023	Region IV Champs
500 Free	1	5:36.77Y	CACHamps	F	02/03/2023	Water Bowl 2023
1000 Free	1	11:39.59Y	CACHamps	F	01/27/2023	2023 Alaska Senior Championshi
1650 Free	1	19:28.54Y	CACHamps	F	04/27/2023	2023 Alaska Swimming State Cha
100 Back	1	1:06.85Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
200 Back	1	2:35.62Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
200 Breast	1	3:08.15Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 Fly	1	1:07.25Y	CACHamps	F	02/17/2023	2023 AGC
200 IM	1	2:29.00Y	CACHamps	F	02/04/2023	Water Bowl 2023
400 IM	1	5:17.53Y	CACHamps	F	03/24/2023	2023 Spring Equinox Invite
Struna-Meyer, Madison (Girl 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	31.86Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	1:09.42Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
100 Back	1	1:21.02Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
200 Back	1	2:53.43Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
100 Breast	1	1:23.91Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 Breast	1	3:02.14Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
200 IM	1	2:50.50Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
400 IM	1	6:10.89Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
Suciu, Amelia (Girl 9) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Breast	1	51.03Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 Breast	1	1:50.47Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Tatakis, Lindsey (Girl 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.41YL	CACHamps	F	04/29/2023	2023 Alaska Swimming State Cha
100 Free	1	59.20Y	CACHamps	P	04/29/2023	2023 Alaska Swimming State Cha
200 Free	1	2:06.23Y	CACHamps	F	10/28/2023	Region IV Champs
500 Free	1	5:47.44Y	CACHamps	F	02/02/2024	Water Bowl 2024
100 Back	1	1:10.64Y	CACHamps	P	04/29/2023	2023 Alaska Swimming State Cha
200 Breast	1	2:57.79Y	CACHamps	F	02/03/2024	Water Bowl 2024
100 Fly	1	1:05.21Y	CACHamps	F	10/28/2023	Region IV Champs
200 Fly	1	2:42.99Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 IM	1	2:28.78Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Thompson, Grace (Girl 12) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	35.45Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
100 Breast	1	1:41.17Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
Tuers, Linai (Girl 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.15Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	58.80Y	CACHamps	F	10/28/2023	Region IV Champs
200 Free	1	2:17.26Y	CACHamps	F	01/14/2023	2023 Winter Splash
100 Back	1	1:06.52Y	CACHamps	F	10/28/2023	Region IV Champs
100 Breast	1	1:21.62Y	CACHamps	P	04/28/2023	2023 Alaska Swimming State Cha
100 Fly	1	1:11.68Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 IM	1	2:44.05Y	CACHamps	F	03/25/2023	2023 Spring Equinox Invite
Watts, Fiona (Girl 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	31.74Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	1:14.26Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
Wicks, Samantha (Girl 30) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	25.12YL	CACHamps	F	01/28/2023	2023 Alaska Senior Championshi
100 Back	1	59.46Y	CACHamps	F	01/28/2023	2023 Alaska Senior Championshi
Williams, Jocelyn (Girl 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.14Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
100 Free	1	1:02.70Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:20.84Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
500 Free	1	6:09.35Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
100 Back	1	1:10.53Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
200 Back	1	2:39.85Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 Fly	1	1:20.62Y	CACHamps	F	03/02/2024	Palmer Spring Invite
200 IM	1	2:47.89Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
Willman, Ruby (Girl 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	30.38Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
500 Free	1	6:40.31Y	CACHamps	F	02/03/2023	Water Bowl 2023
100 Back	1	1:21.27Y	CACHamps	P	02/19/2023	2023 AGC
Wu, Tricia (Girl 12) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
50 Free	1	28.65Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
100 Free	1	1:04.67Y	CACHamps	F	11/25/2023	NLSC November Sprints Time Tri
200 Free	1	2:24.63Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
500 Free	1	6:33.71Y	CACHamps	F	11/17/2023	2022/2023 USA Swimming IM Xtr
1000 Free	1	14:13.55Y	CACHamps	F	01/05/2024	New Years NLSC intersquad meet
1650 Free	1	23:27.63Y	CACHamps	F	01/05/2024	New Years NLSC intersquad meet
50 Back	1	34.56Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
100 Back	1	1:16.01Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
200 Back	1	2:43.39Y	CACHamps	F	01/06/2024	New Years NLSC intersquad meet
50 Breast	1	35.70Y	CACHamps	P	03/24/2024	2024 Northwest Region Age Grou
100 Breast	1	1:19.09Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
200 Breast	1	2:52.74Y	CACHamps	P	03/23/2024	2024 Northwest Region Age Grou
50 Fly	1	32.50Y	CACHamps	F	04/30/2023	2023 Alaska Swimming State Cha
100 Fly	1	1:17.58Y	CACHamps	F	11/18/2023	2022/2023 USA Swimming IM Xtr
200 Fly	1	2:52.63Y	CACHamps	F	04/15/2023	2023 Spring Time Trial
100 IM	1	1:10.90Y	CACHamps	P	03/24/2024	2024 Northwest Region Age Grou
200 IM	1	2:39.05Y	CACHamps	P	03/23/2024	2024 Northwest Region Age Grou
400 IM	1	5:33.98Y	CACHamps	F	01/12/2024	2024 Winter Splash and 10U Pos
Yang, Grace (Girl 13) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	31.82Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
Yelverton, Harper (Girl 11) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Breast	1	44.42Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Yelverton, Torah (Girl 13) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	34.70Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Zipsir, Zoe (Girl 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	26.77Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
100 Free	1	57.49Y	CACHamps	P	04/29/2023	2023 Alaska Swimming State Cha
200 Free	1	2:09.53Y	CACHamps	F	02/19/2023	2023 AGC
500 Free	1	5:37.06Y	CACHamps	F	10/28/2023	Region IV Champs
100 Back	1	1:03.30YL	CACHamps	F	04/29/2023	2023 Alaska Swimming State Cha
200 Back	1	2:16.67Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
100 Fly	1	1:08.17Y	CACHamps	P	02/17/2023	2023 AGC
200 IM	1	2:21.33Y	CACHamps	F	11/04/2023	AK HS State Champs
Altman, Bentley (Boy 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	24.41Y	CACHamps	F	02/04/2023	Water Bowl 2023
100 Free	1	53.96Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
500 Free	1	6:04.30Y	CACHamps	F	01/20/2023	2023 Winter Time Trial Meet
1000 Free	1	13:19.38Y	CACHamps	F	04/01/2023	One Mile Time Trial
1650 Free	1	21:49.58Y	CACHamps	F	04/01/2023	One Mile Time Trial
100 Back	1	1:02.26Y	CACHamps	P	01/28/2023	2023 Alaska Senior Championshi
100 Breast	1	1:06.47Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
200 Breast	1	2:32.12Y	CACHamps	F	02/04/2023	Water Bowl 2023
100 Fly	1	59.44Y	CACHamps	F	10/28/2023	Region IV Champs
200 Fly	1	2:23.14Y	CACHamps	F	01/20/2023	2023 Winter Time Trial Meet
200 IM	1	2:14.44Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
Altman, Jackson (Boy 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	23.96Y	CACHamps	F	10/28/2023	Region IV Champs
100 Free	1	55.43Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
200 Free	1	2:06.92Y	CACHamps	F	04/15/2023	2023 Spring Time Trial
500 Free	1	6:19.63Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
100 Breast	1	1:05.00Y	CACHamps	F	10/28/2023	Region IV Champs
200 Breast	1	2:28.31Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Fly	1	1:03.86Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 IM	1	2:20.51Y	CACHamps	P	04/30/2023	2023 Alaska Swimming State Cha
Altman, Lincoln (Boy 13) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.97Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
100 Free	1	1:02.05Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:19.65Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
100 Breast	1	1:15.95Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
200 Breast	1	2:48.93Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 IM	1	2:47.58Y	CACHamps	F	02/03/2024	Water Bowl 2024
Balaban, Tomasz (Boy 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	22.16Y	CACHamps	F	11/04/2023	AK HS State Champs
100 Free	1	50.17Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 Free	1	1:54.26Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Back	1	55.15Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
200 Back	1	2:19.85Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
100 Fly	1	52.28Y	CACHamps	F	10/28/2023	Region IV Champs
Beck, Jan (Boy 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
200 Free	1	1:46.40Y	CACHamps	P	03/10/2023	2023 Northwest Spring Speedo S
500 Free	1	4:43.96Y	CACHamps	P	03/11/2023	2023 Northwest Spring Speedo S
1000 Free	1	9:55.85Y	CACHamps	F	03/09/2023	2023 Northwest Spring Speedo S
1650 Free	1	16:26.89Y	CACHamps	F	03/12/2023	2023 Northwest Spring Speedo S
100 Breast	1	59.53Y	CACHamps	P	03/11/2023	2023 Northwest Spring Speedo S
200 Breast	1	2:09.71Y	CACHamps	F	03/10/2023	2023 Northwest Spring Speedo S
Briley, Dylan (Boy 9) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Back	1	46.26Y	CACHamps	F	02/03/2024	Water Bowl 2024
Carpenter, Holden (Boy 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
100 Free	1	1:04.01Y	CACHamps	F	03/02/2024	Palmer Spring Invite
Charton, Jackson (Boy 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	22.81Y	CACHamps	F	10/28/2023	Region III Champs
100 Fly	1	54.50Y	CACHamps	F	10/28/2023	Region III Champs
Connolly, Shawn (Boy 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	24.64Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Free	1	54.04Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Back	1	1:03.59Y	CACHamps	F	04/29/2023	2023 Alaska Swimming State Cha
200 Back	1	2:19.52Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
100 Breast	1	1:18.17Y	CACHamps	F	02/04/2023	Water Bowl 2023
200 Breast	1	2:52.22Y	CACHamps	F	02/18/2023	2023 AGC
100 Fly	1	57.25Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 IM	1	2:18.45Y	CACHamps	F	04/30/2023	2023 Alaska Swimming State Cha
Cooke, Christopher (Boy 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
200 Free	1	2:12.54Y	CACHamps	F	10/28/2023	Region IV Champs
100 Fly	1	1:08.96Y	CACHamps	F	10/28/2023	Region IV Champs
DenBleyker, Kellan (Boy 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	23.39Y	CACHamps	P	04/28/2023	2023 Alaska Swimming State Cha
100 Free	1	51.16Y	CACHamps	P	04/29/2023	2023 Alaska Swimming State Cha
200 Free	1	1:50.27Y	CACHamps	F	11/04/2023	AK HS State Champs
500 Free	1	4:57.97Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
1650 Free	1	18:33.03Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Back	1	57.98Y	CACHamps	F	04/29/2023	2023 Alaska Swimming State Cha
200 Back	1	2:10.07Y	CACHamps	F	11/05/2023	2023 State Time Trial Service
100 Breast	1	1:11.54Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 Breast	1	2:43.12Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
200 Fly	1	2:33.59Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
200 IM	1	2:09.50Y	CACHamps	F	11/05/2023	2023 State Time Trial Service
400 IM	1	4:45.94Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
Dodge, Yohannan (Boy 11) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	36.13Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
Duguid, Hudson (Boy 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	24.03Y	CACHamps	P	03/01/2024	2024 OSI Senior Region XII Are
100 Free	1	51.82Y	CACHamps	P	03/03/2024	2024 OSI Senior Region XII Are
100 Breast	1	1:04.84Y	CACHamps	P	03/02/2024	2024 OSI Senior Region XII Are
200 Breast	1	2:27.56Y	CACHamps	P	03/01/2024	2024 OSI Senior Region XII Are
Farabaugh, Eli (Boy 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.66Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
100 Free	1	1:03.13Y	CACHamps	F	11/25/2023	NLSC November Sprints Time Tri
Fawcett, Conrad (Boy 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
100 Free	1	48.47Y	CACHamps	F	11/25/2023	NLSC November Sprints Time Tri
200 Free	1	1:42.74Y	CACHamps	P	03/10/2023	2023 Northwest Spring Speedo S
500 Free	1	4:37.57Y	CACHamps	F	03/11/2023	2023 Northwest Spring Speedo S
1000 Free	1	9:39.94Y	CACHamps	F	03/09/2023	2023 Northwest Spring Speedo S
1650 Free	1	16:12.16Y	CACHamps	F	03/12/2023	2023 Northwest Spring Speedo S
100 Back	1	56.25Y	CACHamps	F	01/14/2023	2023 Winter Splash
200 Back	1	2:01.85Y	CACHamps	F	01/14/2023	2023 Winter Splash
100 Breast	1	1:03.55Y	CACHamps	P	04/28/2023	2023 Alaska Swimming State Cha
100 Fly	1	53.21Y	CACHamps	F	11/25/2023	NLSC November Sprints Time Tri
200 Fly	1	1:58.69Y	CACHamps	F	03/25/2023	2023 Spring Equinox Invite
400 IM	1	4:13.13Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
Gates, Iver (Boy 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	22.49YL	CACHamps	F	03/03/2024	2024 OSI Senior Region XII Are
100 Free	1	49.20Y	CACHamps	F	03/03/2024	2024 OSI Senior Region XII Are
200 Free	1	1:57.65Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
500 Free	1	5:40.18Y	CACHamps	F	02/02/2024	Water Bowl 2024
100 Back	1	58.39Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Breast	1	1:10.47Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
200 Breast	1	2:42.38Y	CACHamps	F	02/18/2023	2023 AGC
100 Fly	1	58.96Y	CACHamps	P	03/01/2024	2024 OSI Senior Region XII Are
Halstead, Landeyn (Boy 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	24.39Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	53.36Y	CACHamps	P	03/03/2024	2024 OSI Senior Region XII Are
200 Free	1	2:06.85Y	CACHamps	P	01/28/2023	2023 Alaska Senior Championshi
100 Back	1	59.05Y	CACHamps	F	11/04/2023	AK HS State Champs
100 Breast	1	1:16.06Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
100 Fly	1	55.11Y	CACHamps	P	03/01/2024	2024 OSI Senior Region XII Are
200 Fly	1	2:14.80Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
200 IM	1	2:16.45Y	CACHamps	P	04/30/2023	2023 Alaska Swimming State Cha
Horvath, Luke (Boy 11) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	33.67Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
50 Back	1	41.59Y	CACHamps	F	03/02/2024	Palmer Spring Invite
50 Breast	1	46.97Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Hulien, Isaiah (Boy 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	23.51Y	CACHamps	F	11/05/2023	2023 State Time Trial Service
100 Free	1	50.15Y	CACHamps	F	04/29/2023	2023 Alaska Swimming State Cha
200 Free	1	1:54.78YL	CACHamps	F	01/27/2023	2023 Alaska Senior Championshi
500 Free	1	4:53.87Y	CACHamps	F	11/04/2023	AK HS State Champs
1000 Free	1	10:30.59Y	CACHamps	F	11/05/2023	2023 State Time Trial Service
1650 Free	1	17:18.15Y	CACHamps	F	11/05/2023	2023 State Time Trial Service
100 Back	1	1:02.27Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
200 Back	1	2:17.38Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
200 Breast	1	2:37.50Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
100 Fly	1	53.60Y	CACHamps	F	10/27/2023	2023 Region III Swim and Dive
200 Fly	1	2:10.67Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
200 IM	1	2:14.04Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
400 IM	1	4:38.00Y	CACHamps	F	04/29/2023	2023 Alaska Swimming State Cha
Kwon, Preston (Boy 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	22.91Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
200 Free	1	1:50.06Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
100 Back	1	53.12Y	CACHamps	F	01/06/2024	New Years NLSC intersquad meet
200 Back	1	2:02.86Y	CACHamps	F	01/06/2024	New Years NLSC intersquad meet
100 Breast	1	55.11Y	CACHamps	F	10/28/2023	Region IV Champs
200 Breast	1	2:04.08Y	CACHamps	P	12/09/2023	2023 Speedo Winter Junior West
100 Fly	1	51.48Y	CACHamps	F	10/28/2023	Region IV Champs
200 Fly	1	2:01.28Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
200 IM	1	1:59.79Y	CACHamps	F	04/30/2023	2023 Alaska Swimming State Cha
Leach, Rhone (Boy 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	26.81Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
100 Free	1	1:00.06Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:17.79Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
Logan, Levi (Boy 12) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	34.93Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
McClain, Talus (Boy 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
100 Free	1	1:05.63Y	CACHamps	F	02/04/2023	Water Bowl 2023
100 Back	1	1:10.39Y	CACHamps	F	10/28/2023	Region III Champs
McDonald, Leutian (Boy 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	26.18Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Free	1	1:00.69Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Breast	1	2:57.12Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Melendez, Nikolai (Boy 10) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	39.48Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Free	1	2:49.58Y	CACHamps	F	09/23/2023	2023 Fall Equinox Meet
50 Back	1	42.82Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 Back	1	1:40.10Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Melendez, Ryan (Boy 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	32.21Y	CACHamps	F	10/21/2023	2023 Fall Harvest Invite
Nordstrom, Finn (Boy 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.14Y	CACHamps	F	02/03/2024	Water Bowl 2024
100 Free	1	59.79Y	CACHamps	F	02/03/2024	Water Bowl 2024
200 Free	1	2:08.54Y	CACHamps	F	10/13/2023	Palmer Invite 2023
500 Free	1	5:50.63Y	CACHamps	F	02/02/2024	Water Bowl 2024
100 Back	1	1:11.52Y	CACHamps	F	03/02/2024	Palmer Spring Invite
100 Breast	1	1:20.10Y	CACHamps	F	02/03/2024	Water Bowl 2024
Phillips, Cade (Boy 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	25.41Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Free	1	58.12Y	CACHamps	F	11/25/2023	NLSC November Sprints Time Tri
100 Back	1	1:09.95Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Fly	1	1:04.53Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 IM	1	2:32.98Y	CACHamps	F	12/10/2023	2023 AK Central Area Champions
Pineda, Cruz (Boy 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.16Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
100 Free	1	59.84Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:16.14Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
500 Free	1	6:06.39Y	CACHamps	F	02/02/2024	Water Bowl 2024
100 Back	1	1:14.28Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Back	1	2:45.58Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
100 Breast	1	1:19.13Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
200 Breast	1	2:56.39Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
100 Fly	1	1:11.79Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 IM	1	2:39.74Y	CACHamps	F	11/18/2023	NLSC IMX Time Trial
400 IM	1	5:42.45Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
Price, Benjamin (Boy 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	21.46Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
100 Free	1	46.56Y	CACHamps	F	03/09/2023	2023 Northwest Spring Speedo S
200 Free	1	1:42.54Y	CACHamps	F	03/10/2023	2023 Northwest Spring Speedo S
100 Back	1	52.65Y	CACHamps	P	03/10/2023	2023 Northwest Spring Speedo S
100 Breast	1	58.97Y	CACHamps	F	04/28/2023	2023 Alaska Swimming State Cha
200 Breast	1	2:15.75Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Fly	1	51.58Y	CACHamps	P	03/11/2023	2023 Northwest Spring Speedo S
200 Fly	1	2:03.12Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
200 IM	1	1:56.33Y	CACHamps	F	11/04/2023	AK HS State Champs
Royce, Shawne (Boy 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	27.55Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
100 Free	1	1:02.31Y	CACHamps	F	01/06/2024	New Years NLSC intersquad meet
100 Back	1	1:08.37Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
200 IM	1	2:37.83Y	CACHamps	F	10/28/2023	Region IV Champs
Saugier, Constantine (Boy 14) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	30.00Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
Schoppert, Braeden (Boy 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	26.62Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	57.06Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:12.43Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
500 Free	1	5:50.94Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
1650 Free	1	21:21.53Y	CACHamps	F	12/09/2023	2023 AK Central Area Champions
100 Breast	1	1:19.56Y	CACHamps	F	01/13/2024	2024 Winter Splash and 10U Pos
200 Breast	1	2:56.14Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 IM	1	2:32.95Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
400 IM	1	5:21.03Y	CACHamps	F	02/16/2024	2024 AK Age Group Championship
Settle, Reven (Boy 17) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	23.78Y	CACHamps	P	03/01/2024	2024 OSI Senior Region XII Are
100 Free	1	50.68YL	CACHamps	F	03/02/2024	2024 OSI Senior Region XII Are
200 Free	1	1:58.85Y	CACHamps	P	01/28/2023	2023 Alaska Senior Championshi
100 Back	1	58.79Y	CACHamps	F	10/27/2023	2023 Region III Swim and Dive
200 Back	1	2:09.08Y	CACHamps	P	03/03/2024	2024 OSI Senior Region XII Are
100 Breast	1	1:16.15Y	CACHamps	P	10/13/2023	Palmer Invite 2023
200 IM	1	2:09.38Y	CACHamps	F	10/27/2023	2023 Region III Swim and Dive
Smith, Ron (Boy 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	28.10Y	CACHamps	F	12/08/2023	2023 AK Central Area Champions
100 Free	1	1:03.42Y	CACHamps	P	02/16/2024	2024 AK Age Group Championship
200 Free	1	2:20.44Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
500 Free	1	6:22.14Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
200 IM	1	2:34.21Y	CACHamps	F	03/02/2024	Palmer Spring Invite
400 IM	1	5:35.98Y	CACHamps	F	03/22/2024	2024 Spring Equinox Meet
Smith, Thomas (Boy 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	23.49Y	CACHamps	P	04/28/2023	2023 Alaska Swimming State Cha
100 Free	1	51.67Y	CACHamps	P	03/03/2024	2024 OSI Senior Region XII Are
200 Free	1	1:54.24Y	CACHamps	P	03/02/2024	2024 OSI Senior Region XII Are
100 Back	1	58.53YL	CACHamps	F	04/29/2023	2023 Alaska Swimming State Cha
200 Back	1	2:10.38Y	CACHamps	P	04/28/2023	2023 Alaska Swimming State Cha
100 Breast	1	1:11.27Y	CACHamps	F	11/05/2023	2023 State Time Trial Service
100 Fly	1	55.29Y	CACHamps	P	03/01/2024	2024 OSI Senior Region XII Are
200 IM	1	2:19.31Y	CACHamps	P	04/30/2023	2023 Alaska Swimming State Cha
400 IM	1	5:06.72Y	CACHamps	F	11/17/2023	NLSC IMX Time Trial
St.Clair, Andrew (Boy 13) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	32.55Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
Wells, Colt (Boy 15) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	26.24Y	CACHamps	P	02/17/2024	2024 AK Age Group Championship
100 Free	1	59.58Y	CACHamps	F	03/23/2024	2024 Spring Equinox Meet
200 Free	1	2:10.43Y	CACHamps	P	02/18/2024	2024 AK Age Group Championship
500 Free	1	5:51.89Y	CACHamps	F	02/17/2024	2024 AK Age Group Championship
100 Back	1	1:09.49Y	CACHamps	F	02/18/2024	2024 AK Age Group Championship
400 IM	1	5:36.44Y	CACHamps	F	03/22/2024	2024 Spring Equinox Meet
Williams, Reubin (Boy 16) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	25.85Y	CACHamps	F	02/04/2023	Water Bowl 2023
100 Free	1	56.95Y	CACHamps	F	10/28/2023	Region IV Champs
500 Free	1	6:19.23Y	CACHamps	F	02/03/2023	Water Bowl 2023
100 Breast	1	1:16.03Y	CACHamps	F	01/14/2023	2023 Winter Splash
100 Fly	1	1:07.38Y	CACHamps	F	02/04/2023	Water Bowl 2023
Yagodin, Maximillian (Boy 18) [Standard: Central Area Champs (Matches or Exceeds [CACHamps])]						
50 Free	1	23.42Y	CACHamps	F	02/04/2023	Water Bowl 2023
100 Free	1	52.91Y	CACHamps	F	01/14/2023	2023 Winter Splash

Athlete Name	Rank	Best Time	Standard	P/F/T	Date	Meet Name
200 Free	1	2:01.60Y	CACHamps	F	01/14/2023	2023 Winter Splash
100 Back	1	58.57Y	CACHamps	F	01/28/2023	2023 Alaska Senior Championshi
200 Back	1	2:06.41Y	CACHamps	F	02/04/2023	Water Bowl 2023
200 Breast	1	2:38.07Y	CACHamps	P	04/29/2023	2023 Alaska Swimming State Cha
100 Fly	1	59.38Y	CACHamps	P	04/30/2023	2023 Alaska Swimming State Cha
200 Fly	1	2:19.44Y	CACHamps	P	01/29/2023	2023 Alaska Senior Championshi
200 IM	1	2:11.21Y	CACHamps	F	10/28/2023	Region IV Champs
400 IM	1	4:57.13Y	CACHamps	F	01/13/2023	2023 Winter Splash