



**Northern Lights Swim Club
Individual Training Session Annual Consent**

I, _____, as the parent/legal guardian of _____,

a minor athlete, hereby authorize and consent for said minor athlete to receive individual training sessions from _____, an Adult Participant, for a time period of one year from the date of this consent.

I understand the following are the guidelines for Individual Training Sessions:

1. All sessions must follow the One-on-One interactions policy as found in the Minor Athlete Abuse Prevention Policy.
2. A parent/legal guardian can observe the session.

I can withdraw my consent for the individual training sessions at any time.

Parent/Legal Guardian Name Printed: _____

Parent/Legal Guardian Signature: _____

Date: _____