

Arizona Dolphins

JUNE 2025



UPCOMING MEETS

MAC NARWHAL

6/13-6/15

DTAC STARLIGHT

6/20-6/22

SR STATE CHAMPIONSHIPS

6/26-6/29

SUMMER SCHEDULE IN FULL SWING

All sites are now practicing on their summer schedule. Proud of these Dolphins who are committed and waking up early to get their training in! Keep up the great work - your hard work and dedication will show in your long course meets this summer!





MAC NARWHAL

6/13-6/15

Fri/Sat:

12&U Prelims: **Kino Aquatic Center**

13&O Prelims: **Skyline Aquatic Center**

ALL Finals: **Skyline Aquatic Center**

Sun: **All events are finals at Skyline**

Aquatic Center (AM session only)

Reg Deadline: 6/4

*There have been changes to add 11&O 50's to the last day at Skyline - **due to this, all registration was dropped and you must re-register if you have not already done so**

*This meet requires standard B cuts to qualify

See updated meet flyer for details

DTAC Starlight

6/20-6/22

Reg Deadline: 6/12

Chandler High School

137 W Stephens Pl, Chandler, AZ 85225

This is an **evening** meet - see meet flyer for details



Senior State Championships

6/26-6/29

Reg Deadline: 6/11

Chandler High School

137 W Stephens Pl, Chandler, AZ 85225

ON DECK - July Meets

Regionals

7/11-7/13

SW Valley Family YMCA - Goodyear

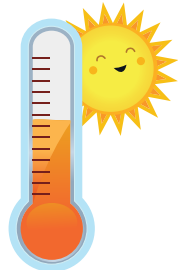
Age Group States

7/17-7/20

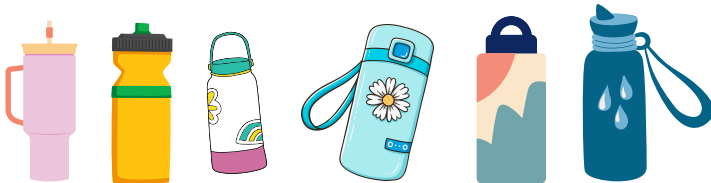
Phoenix Swim Club



The forecast says: hot with a chance of more hot.



- As we move into June, this weather is going to be HOT, HOT, HOT!
- Keep your swimmers hydrated – starting with days leading up to the meet
- Keep cool snacks on hand – such as watermelon, frozen grapes
- Cooling towels and misting fans are a great relief to the summer heat



Good Luck Coach Paul!



Coach Paul is returning to his Alma Mater, Grand Canyon University, as the Associate Head Coach of GCU Swim & Dive. We are so grateful for all that you have brought to the Dolphins over the past six years. We wish you the best of luck in your new endeavor and the Lopes are lucky to have you!

He will be in his current coaching capacity through June and spend July transitioning responsibilities to current staff. He will stay on in a reduced role over the next year in Anthem and continue to oversee operations of the Prescott & Verrado locations. A national search for a replacement is on to find a strong Head Coach to take his place.

In Memoriam

Ervis Saagim

MAY 13, 2025

Ervis will be remembered for his sarcastic humor, generosity of his time through officiating, and for the love of his family.



You can support the Saagim family at <https://www.gofundme.com/f/join-us-in-supporting-ervis-and-his-family>





Coach Ava Commer will be attending Grand Canyon University this fall! Ava has done a great job coaching our Bronze group of Dolphins at the Anthem pool this past year. Way to go Ava!

Congrats!

MAC SPEEDO High Point Winners

Samuel Nagy - 11/12 Boys - 2nd Place

Layla Stein - 11/12 Girls - 3rd Place

Julia Aldag - 13/14 Girls - 1st Place

Maddie Linser - 11/12 Girls - 1st Place



New Cuts

Sun Devil Open

Sebastian Barraugh - 50 Free (A)
Cain Brainard - 50 Free (A), 100 Back (B)
Sam Brainard - 200 IM (B)
Dom Brown - 100 Back (B)
Ellie Burgett - 100 Breast (B)
Max Castillo - 200 IM (B), 50 Free (B)
Ava Comer - 100 Breast (A & Sr Zones), 50 Free (B), 100 Free (B), 200 Breast (A & Sr Zones)
Hayden Fleming - 200 Free (A, Sr A & Sr Zones), 100 Free (Sr A)
Jack Glazer - 400 Free (B)
Sam Glazer - 1500 Free (B)
Griffin Jaquish - 100 Back (A), 200 Back (A)
Louis Juntunen - 100 Free (B)
Gregory Virga - 100 Free (A)
Caleb Whitehorse - 100 Back (A)

MAC SPEEDO Invite

Julia Aldag - 200 Back (A, Sr A), 400 Free (A, Sr A, Sr Zones), 100 Back (A, Sr A, Sr Zones)
Sebastian Barraugh - 100 Free (A), 100 Fly (A), 200 Fly (A)
Connor Boulware - 100 Fly (B)
Brady Chavarria - 50 Free (Sr Zones)
Colston Duce-Romero - 50 Breast (1st STATE TIME), 50 Free (A)
Jack Glazer - 100 Back (B)
Austin Hargreaves - 200 Back (B)
Nathan Kastanes - 200 Back (A)
Maddie Linser - 100 Free (13/14 A, Sr A, Sr Zones), 200 Back (13/14 A, Sr A), 50 Free (13/14 A)
Samuel Nagy - 200 Breast (13/14 A, Sr A), 200 Free (13/14 A)
April Nowak - 200 Breast (B), 200 Back (B)
Oliver Saagim - 100 Free (13/14 A), 50 Free (13/14 A), 100 Back (13/14 A)
Oliver Sanchez - 50 Breast (A), 400 Free (B)
Layla Stein - 100 Free (13/14 A, Sr A, Sr Zones), 100 Breast (A), 200 IM (A)
Gregory Virga - 200 Free (A, Sr Zones), 50 Free (A)

Important Links

[East Valley Sports Team
Store](#)

25% off for AZ Dolphins

[AZ Dolphins Team
Store](#)

(Hoodies, Shirts & Team Merch)

[USA Swimming Time
Standards](#)

[Arizona Swimming
State "A"
& Regional "B" Cuts](#)

[Far Western Cuts](#)

[Senior Zones Cuts](#)

**FUN FACT: Astronauts swim for training to
simulate the effects of weightlessness.**