Killarney Gators Swim Club

Training Schedule of Season 2021-2022 - June (Renfrew closure)

High Co	ompetitive	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Elite A	Dryland: 2.75		Hillcrest			Hillcrest	Killarney	
	Dryland. 2.75		Dry: 5:45-6:00am			Dry:5:45-6:00am	Dry:5:45-6:00am	
	D 1.40		Pool: 6:00-7:30am			Pool: 6:00-7:30am	Pool: 6:00-8:00am	
	Pool: 12	Killarney		Killarney	Killarney		Central Park	
	Total Hours: 14.75	Dry: 4:45-5:00pm		Dry: 4:45-5:00pm	Dry: 4:45-5:00pm		Dry: 4:00-5:00pm	
		Pool: 5:00-7:00pm		Pool: 5:00-7:00pm	Pool: 5:00-7:00pm		Pool: 5:00-7:00pm	
Elite B	Double and A. 5		Hillcrest			Hillcrest	Killarney	
	Dryland: 1.5		Dry:5:45-6:00am			Dry:5:45-6:00am	Dry:5:45-6:00am	
	Pool: 11		Pool: 6:00-7:30am			Pool: 6:00-7:30am	Pool: 6:00-8:00am	
	F001. 11	Killarney		Killarney			Central Park	
	Total Hours: 12.5	Dry: 4:45-5:00pm		Dry: 4:45-5:00pm			Dry: 4:00-5:00pm	
		Pool: 5:00-7:00pm		Pool: 5:00-7:00pm			Pool: 5:00-7:00pm	
Com	petitive	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior	Dryland: 1.5	Renfrew	<u>Britannia</u>		<u>Britannia</u>		<u>Templeton</u>	<u>Templeton</u>
	Pool: 9.5	Dry: 5:00-7:00pm	Dry:3:45-4:00pm		Dry: 3:45-4:00pm		Dry: 5:45-6:00am	Dry: 8:45-9:00am
	Total Hours: 11		Pool: 4:00-6:00pm		Pool: 4:00-6:00pm		Pool: 6:00-8:00am	Pool: 9:00-11:00am
Age	Dryland: 1.75	<u>Templeton</u>		Templeton 2		<u>Templeton</u>	<u>Templeton</u>	<u>Templeton</u>
	Pool: 8.5	Dry: 6:00-6:30pm		Dry: 6:00-6:30pm		Dry: 4:15-4:30pm	Dry: 5:45-6:00am	Dry: 8:45-9:00am
	Total Hours: 10.25	Pool: 6:30-8:00pm		Pool: 6:30-8:00pm		Pool: 4:30-6:30pm	Pool: 6:00-8:00am	Pool: 9:00-11:00am
Junior	Dryland: 1.5		<u>Hillcrest</u>	<u>Hillcrest</u>		<u>Hillcrest</u>	Killarney	
	Pool: 5.75		Dry:6:30-7:00pm	Dry:6:30-7:00pm		Dry:5:30-6:00pm	Dry: 5:45-6:00am	
	Total Hours: 7.25		Pool: 7:00-7:45pm	Pool: 7:00-8:30pm		Pool: 6:00-7:00pm	Pool: 6:00-8:00am	
Pre-Co	mpetitive	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Gold	Dryland: 1.25			<u>Hillcrest</u>		<u>Hillcrest</u>	Central Park	
	Pool: 3.25			Dry:6:30-7:00pm		Dry:5:30-6:00pm	Dry: 5:30-6:00pm	
	Total Hours: 4.5			Pool: 7:00-7:45pm		Pool: 6:00-7:00pm	Pool: 6:00-7:00pm	
Silver	Dryland: 1		Killarney			Hillcrest	Central Park	
	Pool: 3.5		Dry: 4:45-5:00pm			Dry: 7:30-8:00pm	Dry: 5:30-6:00pm	
Bronze	Total Hours: 4.5		Pool: 5:00-6:00pm			Pool: 8:00-9:00pm	Pool: 6:00-7:00pm Central Park	
	Dryland: 1 Pool: 2.75		Hillcrest			Killarney Dry: 3:45-4:00pm	Dry: 5:30-6:00pm	
	Total Hours: 3.75		Dry:6:30-7:00pm				Pool: 6:00-7:00pm	
Dovolo	opmental	Monday	Pool: 7:00-7:45pm Tuesday	Wednesday	Thursday	Pool: 4:00-5:00pm Friday	Saturday	Sunday
Deveic	Dryland:	Williay	Killarney	vveunesuay	Titursuay	Killarney	Saturday	Sulluay
Alligator A								
	Pool: 2 Total Hours: 2		Pool: 5:00-6:00pm			Pool: 4:00-5:00pm		
Alligator B	Dryland:		Killarney			<u>Hillcrest</u>		
	Pool: 2					Dry: 7:30-8:00pm		
	Total Hours: 2		Pool: 6:00-7:00pm			Pool: 8:00-9:00pm		
Crocodile A	Dryland: Pool: 2		Killarney			Killarney		
	Total Hours: 2		Pool: 5:00-6:00pm			Pool: 4:00-5:00pm		
Crocodile B	Dryland:		Killarney			Killarney		
	Pool: 2 Total Hours: 2		Pool: 6:00-7:00pm			Pool: 5:00-600pm		
	Dryland:		Killarney			Killarney		
Gecko A	Pool: 2		- marriey			umoy		
	Total Hours: 2		Pool: 6:00-7:00pm			Pool: 5:00-600pm		
Gecko B	Dryland:		Hillcrest			<u>Hillcrest</u>		
	Pool: 1.75 Total Hours: 1.75		Pool: 7:45-8:30pm			Pool: 7:00-8:00pm		
	Dryland:		r ooi. 1.40-0.30pm	Hillcrest		Hillcrest		
Salamander A	Pool: 1.75					<u></u>		
	Total Hours: 1.75			Pool: 7:45-8:30pm		Pool:7:00-8:00pm		
Salamander B	Dryland:		<u>Hillcrest</u>			Killarney		
	Pool: 1.75 Total Hours: 1.75		Pool: 7:45-8:30pm			Pool: 5:00-600pm		
	Total Hours. 1.75		FUUI. 1.40-0.3UPM			1 001. J.00-000pm		

Pool Address: Killarney: 6260 Killarney St, Vancouver

Templeton: 700 Templeton Dr, Vancouver Renfrew: 2929 E 22nd Ave, Vancouver Hillcrest: 4575 Clancy Loranger Way, Vancouver Britannia: 1661 Napier St, Vancouver

Central Park Pool (outdoor): 6110 Boundary Rd, Burnaby