

2025-2026 Gators training Schedule

High-Competitive and Competitive groups

Subject to change

High-Competitive		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Elite A	Dry: 4 Pool:12.5 Total:16.5		Hillcrest Dry: 5:45-6:00am Pool: 6:00-7:30am				Killarney Dry: 5:45-6:00am Pool: 6:00-8:00am	
		Killarney Dry: 4:30-5:00pm Pool: 5:00-7:00pm		UBC Dry: 7:30-8:30pm Pool: 8:30-9:30pm	Killarney Dry: 4:30-5:00pm Pool: 5:00-7:00pm	Killarney Dry:4:15-4:30pm Pool: 4:30-6:30pm	Renfrew Dry: 6:00-7:15pm Pool: 7:15-9:15pm	
Elite B	Dry: 3.75 Pool: 10.5 Total: 14.25		Hillcrest Dry: 5:45-6:00am Pool: 6:00-7:30am				Killarney Dry: 5:45-6:00am Pool: 6:00-8:00am	
		Killarney Dry: 4:30-5:00pm Pool: 5:00-7:00pm		UBC Dry: 7:30-8:30pm Pool: 8:30-9:30pm	Killarney Dry: 4:30-5:00pm Pool: 5:00-7:00pm		Renfrew Dry: 6:00-7:15pm Pool: 7:15-9:15pm	
Junior Elite	Dry: 2 Pool: 8 Total: 10		Hillcrest Dry: 5:45-6:00am Pool: 6:00-7:30am				Killarney Dry: 5:45-6:00am Pool: 6:00-8:00am	
				UBC Dry: 7:30-8:30pm Pool: 8:30-9:30pm		Killarney Dry:4:15-4:30pm Pool: 4:30-6:30pm	Renfrew Dry: 7:00-7:15pm Pool: 7:15-8:45pm	
Competitive		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior A	Dry: 1.75 Pool: 9.5 Total: 11.25				Hillcrest Dry: 5:45-6:00am Pool: 6:00-7:30am		Templeton Dry:5:45-6:00am Pool: 6:00-8:00am	
			Killarney Dry: 4:30-5:00pm Pool: 5:00-7:00pm	Killarney Dry: 4:30-5:00pm Pool: 5:00-7:00pm			Renfrew Dry: 4:45-5:15pm Pool: 5:15-7:15pm	
Senior B	Dry: 1.75 Pool: 9.5 Total: 11.25				Hillcrest Dry: 5:45-6:00am Pool: 6:00-7:30am		Templeton Dry: 5:45-6:00am Pool: 6:00-8:00am	Templeton Dry: 8:45-9:00am Pool: 9:00-11:00am
			Killarney Dry: 4:30-5:00pm Pool: 5:00-7:00pm	Killarney Dry: 4:30-5:00pm Pool: 5:00-7:00pm				
Junior	Dry: 1.75 Pool: 9 Total: 10.75	Templeton Dry: 6:00-6:30pm Pool: 6:30-8:00pm		Templeton Dry: 6:00-6:30pm Pool: 6:30-8:00pm		Templeton Dry: 4:15-4:30pm Pool: 4:30-6:30pm	Templeton Dry: 5:45-6:00am Pool: 6:00-8:00am	Templeton Dry: 8:45-9:00am Pool: 9:00-11:00am
Youth A	Dry: 0.75 Pool: 5 Total: 5.75			Renfrew Dry: 6:15-6:30am Pool: 6:30-7:30am		Renfrew Dry: 5:15-5:30pm Pool: 5:30-7:30pm	Renfrew Dry: 4:45-5:15pm Pool: 5:15-7:15pm	
Pre-Competitive		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Gold	Dry: 1 Pool: 5 Total: 6	Renfrew Dry: 5:15-5:30pm Pool: 5:30-6:30pm		Renfrew Dry: 3:45-4:00pm Pool: 4:00-5:00pm		Renfrew Dry: 6:15-6:30am Pool: 6:30-7:30am		Templeton Dry: 8:45-9:00am Pool: 9:00-11:00am
Silver	Dry: 0.75 Pool: 3 Total: 3.75	Renfrew Dry: 5:15-5:30pm Pool: 5:30-6:30pm		Renfrew Dry: 3:45-4:00pm Pool: 4:00-5:00pm		Renfrew Dry: 6:15-6:30am Pool: 6:30-7:30am		

Killarney: 6260 Killarney St, Vancouver

Pool Address: Templeton: 700 Templeton Dr, Vancouver

Renfrew: 2929 E 22nd Ave, Vancouver

Hillcrest: 4575 Clancy Loranger Way, Vancouver

Central Park Pool: 6110 Boundary Rd, Burnaby

UBC: 6080 Student Union Blvd, Vancouver