

Event / Age Group	10 & Under	11 to 12	13 to 14	15 to 17	Senior / Open
50 Freestyle	Alicia Kan 0:31.21 (Dec 2007)	Katrina Heinonen 0:28.14 (Dec 2008)	Wendy Yang 0:26.54 (Mar 2013)	Francisca Kensmann 0:26.40 (Jul 2021)	Nicole Cossey 0:25.42 (Feb 2012)
100 Freestyle	May Li 1:06.84 (Oct 2007)	Jenny Shing 1:01.41 (Dec 2004)	Wendy Yang 0:58.02 (Mar 2013)	Robyn Lee 0:57.20 (Feb 2014)	Nicole Cossey 0:55.54 (Feb 2012)
200 Freestyle	May Li 2:25.32 (Dec 2007)	Nina Takahashi 2:11.40 (Mar 2010)	Ashley Ko 2:05.09 (Jul 2021)	Ashley Ko 2:05.05 (Mar 2022)	Nicole Cossey 2:03.69 (Feb 2012)
400 Freestyle	Nina Takahashi 5:13.88 (Jan 2008)	Nina Takahashi 4:39.79 (Mar 2010)	Sophia Brunoro 4:23.75 (Mar 2016)	Carmen Nam 4:19.15 (Mar 2010)	Carmen Nam 4:19.15 (Mar 2010)
800 Freestyle	Nina Takahashi 10:40.82 (Feb 2008)	Nina Takahashi 9:27.50 (Mar 2010)	Sophia Brunoro 8:58.46 (Mar 2016)	Sherry Liu 8:48.67 (Dec 2009)	Sherry Liu 8:48.67 (Dec 2009)
1500 Freestyle	May Li 20:23.45 (Oct 2007)	Nina Takahashi 18:23.01 (Nov 2009)	Sophia Brunoro 17:17.63 (Dec 2015)	Sherry Liu 16:45.55 (Feb 2010)	Kathryn Rosberg 16:43.30 (Nov 2008)
50 Backstroke	May Li 0:34.78 (Nov 2007)	Taylor Stephenson 0:31.60 (Jul 2021)	Ashley Ko 0:29.33 (Jul 2021)	Ashley Ko 0:29.44 (Dec 2021)	Kristine Lawson 0:29.29 (Nov 2010)
100 Backstroke	May Li 1:13.65 (Dec 2007)	Taylor Stephenson 1:08.22 (Jul 2021)	Ashley Ko 1:03.11 (Jul 2021)	Tina Hoang 1:03.21 (Feb 2003)	Ashley Ko 1:03.11 (Jul 2021)
200 Backstroke	May Li 2:40.30 (Dec 2007)	Nina Takahashi 2:27.44 (Mar 2010)	Ashley Ko 2:18.75 (Jun 2021)	Tina Hoang 2:18.79 (Feb 2003)	Ashley Ko 2:18.75 (Jun 2021)
50 Breaststroke	Nina Takahashi 0:40.34 (Oct 2007)	Jenny Shing 0:35.47 (Dec 2004)	Mariya Chekanovych 0:33.09 (Aug 2009)	Mariya Chekanovych 0:32.06 (Nov 2011)	Mariya Chekanovych 0:32.06 (Nov 2011)
100 Breaststroke	Nina Takahashi 1:26.37 (Dec 2007)	Emma Hwang 1:12.97 (Dec 2016)	Mariya Chekanovych 1:09.30 (Aug 2009)	Mariya Chekanovych 1:09.24 (Dec 2010)	Mariya Chekanovych 1:09.24 (Dec 2010)
200 Breaststroke	Nina Takahashi 3:03.09 (Nov 2007)	Emma Hwang 2:41.55 (Dec 2016)	Mariya Chekanovych 2:27.30 (Aug 2009) *	Mariya Chekanovych 2:26.98 (Nov 2011)	Mariya Chekanovych 2:26.98 (Nov 2011)
50 Butterfly	Nina Takahashi 0:33.89 (Mar 2008)	Katrina Heinonen 0:30.99 (Dec 2008)	Wendy Yang 0:28.21 (Feb 2013)	Alexandria Schofield 0:28.75 (Feb 2010)	Vicky Sui 0:27.44 (Nov 2008)
100 Butterfly	May Li 1:12.66 (Dec 2007)	Nina Takahashi 1:08.59 (Mar 2010)	Wendy Yang 1:03.74 (Mar 2013)	Alexandria Schofield 1:02.47 (Feb 2010)	Vicky Sui 1:01.03 (Nov 2004)
200 Butterfly	May Li 2:45.10 (Dec 2007)	Alexia Morgans 2:30.25 (Jul 2021)	Isabella Brunoro 2:19.96 (Mar 2018)	Carmen Nam 2:14.95 (Feb 2010)	Carmen Nam 2:14.95 (Feb 2010)
100 Individual Medley	Sarah Canon 1:24.63 (Apr 2022)	Jenny Shing 1:11.92 (Apr 2005)	Alicia Kan 1:09.38 (Jan 2011)	Alicia Kan 1:09.17 (Oct 2012)	Vicky Sui 1:05.17 (Nov 2008)
200 Individual Medley	Nina Takahashi 2:44.68 (Oct 2007)	Nina Takahashi 2:25.85 (Mar 2010)	Ashley Ko 2:19.90 (Jul 2021)	Ashley Ko 2:21.92 (Dec 2021)	Cameron Hill 2:19.60 (Jul 2021)
400 Individual Medley	May Li 5:45.78 (Dec 2007)	Nina Takahashi 5:06.72 (Mar 2010)	Sophia Brunoro 4:56.89 (Nov 2015)	Carmen Nam 4:53.39 (Feb 2010)	Carmen Nam 4:53.39 (Feb 2010)

Provincial Record at the time

* Current Provincial Record

Event / Age Group	10 & Under	11 to 12	13 to 14	15 to 17	Senior / Open
50 Freestyle	Nina Takahashi 0:32.29 (Jul 2008)	Jenny Shin 0:29.27 (Jul 2005)	Wendy Yang 0:27.24 (Apr 2013)	Ashley Ko 0:27.28 (June 2022)	Vicky Sui 0:26.43 (Jul 2008)
100 Freestyle	Nina Takahashi 1:09.84 (Jun 2008)	Naiya Hermsillo 1:01.56 (Jul 2014)	Isabella Brunoro 0:59.93 (Jul 2018)	Robyn Lee 0:59.23 (Feb 2015)	Nicole Cossey 0:57.37 (Jul 2013)
200 Freestyle	Nina Takahashi 2:33.30 (Jun 2008)	Naiya Hermsillo 2:13.62 (Jul 2014)	Sophia Brunoro 2:10.28 (Jul 2016)	Robyn Lee 2:07.68 (Jul 2015)	Kathryn Rosberg 2:07.60 (Jul 2004)
400 Freestyle	Nina Takahashi 5:13.32 (Mar 2008)	Naiya Hermsillo 4:41.27 (Jul 2014)	Sophia Brunoro 4:28.91 (Jul 2016)	Sherry Liu 4:25.48 (May 2010)	Kathryn Rosberg 4:23.91 (Jul 2006)
800 Freestyle	Nina Takahashi 10:49.38 (Jul 2008)	Naiya Hermsillo 9:48.80 (Jul 2014)	Sophia Brunoro 9:13.02 (Jul 2016)	Carmen Nam 8:59.22 (Apr 2011)	Carmen Nam 8:56.50 (May 2011)
1500 Freestyle		Nina Takahashi 19:19.17 (May 2009)	Sophia Brunoro 17:55.48 (May 2016)	Sherry Liu 17:11.72 (Jul 2010)	Sherry Liu 17:11.72 (Jul 2010)
50 Backstroke	Sarah Canon 0:40.19 (May 2022)	May Li 0:34.48 (May 2009)	Wendy Yang 0:32.18 (May 2013)	Tina Hoang 0:30.79 (May 2003)	Tina Hoang 0:30.79 (May 2003)
100 Backstroke	Nina Takahashi 1:22.28 (Jul 2008)	May Li 1:12.69 (Jul 2009)	Wendy Yang 1:09.77 (Jul 2013)	Ashley Ko 1:06.29 (July 2022)	Kennedy Loewen / Kristine Lawson 1:06.18 (Jun 2022/Oct 2011)
200 Backstroke	Nina Takahashi 2:57.74 (May 2007)	Nina Takahashi 2:34.85 (Jul 2009)	Isabella Brunoro 2:28.29 (Jul 2018)	Ashley Ko 2:21.86 (July 2022)	Ashley Ko 2:21.86 (July 2022)
50 Breaststroke	Nina Takahashi 0:42.79 (Jun 2008)	Jenny Shin 0:36.00 (Jul 2005)	Mariya Chekanovych 0:33.50 (Jul 2009)	Mariya Chekanovych 0:32.16 (Jul 2012)	Mariya Chekanovych 0:32.16 (Jul 2012)
100 Breaststroke	Nina Takahashi 1:29.21 (Jul 2008)	Jenny Shin 1:17.80 (Jun 2005)	Mariya Chekanovych 1:11.82 (Aug 2009)	Mariya Chekanovych 1:08.55 (Aug 2012)	Mariya Chekanovych 1:08.55 (Aug 2012)
200 Breaststroke	Nina Takahashi 3:05.36 (Jul 2008)	Jenny Shin 2:48.89 (Jul 2005)	Mariya Chekanovych 2:32.59 (Aug 2009)	Mariya Chekanovych 2:25.96 (Aug 2012) *	Mariya Chekanovych 2:25.96 (Aug 2012)
50 Butterfly	Nina Takahashi 0:34.22 Jun (2008)	Katrina Heinonen 0:31.48 (Jul 2008)	Wendy Yang 0:29.18 (May 2013)	Alexandria Schofield 0:29.14 (May 2010)	Vicky Sui 0:27.81 (Jul 2008)
100 Butterfly	Nina Takahashi 1:15.25 (May 2008)	May Li 1:10.22 (Jul 2009)	Isabella Brunoro 1:04.63 (Jul 2018)	Alexandria Schofield 1:03.72 (Jul 2010)	Vicky Sui 1:01.78 (Jul 2005)
200 Butterfly	Nina Takahashi 2:45.10 (Jun 2008)	Nina Takahashi 2:33.71 (Jul 2009)	Isabella Brunoro 2:19.83 (Jul 2018)	Carmen Nam 2:15.84 (Mar 2011)	Carmen Nam 2:15.84 (Mar 2011)
200 Individual Medley	Nina Takahashi 2:46.89 (Jul 2008)	Jenny Shin 2:34.20 (Jul 2005)	Sophia Brunoro 2:27.08 (Jul 2016)	Ashley Ko 2:22.30 (July 2022)	Kennedy Loewen 2:19.43 (Apr 2022)
400 Individual Medley	Nina Takahashi 5:44.63 (Jul 2008)	Nina Takahashi 5:26.90 (Jul 2009)	Sophia Brunoro 5:07.35 (Jul 2016)	Carmen Nam 5:00.46 (Mar 2011)	Carmen Nam 5:00.46 (Mar 2011)

Canadian Record at the time (until 2015)

* Current Provincial Record

Event / Age Group	10 & Under	11 to 12	13 to 14	15 to 17	Senior / Open
50 Freestyle	Luke Reilly 0:32.18 (Nov 2006)	Brian Fu 0:26.96 (Jun 2019)	Brian Fu 0:24.18 (Jul 2021)	Kyuhyun Cho 0:23.22 (Jul 2021)	David Hibberd 0:22.11 (Nov 2013)
100 Freestyle	Mason Seng 1:11.17 (Feb 2022)	Brian Fu 0:58.68 (Jun 2019)	Brian Fu 0:54.40 (Jun 2021)	Kyuhyun Cho 0:52.04 (Jun 2021)	Andrew Poznikoff 0:48.84 (Dec 2014)
200 Freestyle	Luke Reilly 2:34.04 (Nov 2006)	Brian Fu 2:07.19 (Jun 2019)	Brian Fu 1:58.96 (Jul 2021)	Dmitriy Lim 1:54.77 (Mar 2018)	Collyn Gagne 1:48.96 (Jul 2021)
400 Freestyle	Joel Lotzkar 5:29.39 (Mar 2009)	Kerry Murphy 4:36.56 (Dec 2006)	Alex Woinoski 4:14.47 (Mar 2015)	Dmitriy Lim 3:59.80 (Mar 2018)	Collyn Gagne 3:54.74 (Jun 2021)
800 Freestyle	Joel Lotzkar 11:33.86 (Nov 2008)	Hau-Li Fan 9:48.76 (Dec 2009)	Alex Woinoski 8:50.53 (Mar 2015)	Andrew Woinoski 8:16.59 (Aug 2015)	Andrew Woinoski 8:16.59 (Aug 2015)
1500 Freestyle	Luke Reilly 22:53.43 (Oct 2006)	Hau-Li Fan 18:24.94 (Jan 2010)	Alex Woinoski 16:24.04 (Mar 2015)	Andrew Woinoski 15:48.51 (Aug 2015)	Andrew Woinoski 15:48.51 (Aug 2015)
50 Backstroke	Mason Seng 0:37.29 (Mar 2022)	Kerry Murphy 0:31.49 (Dec 2006)	Brian Fu 0:27.43 (Jul 2021)	Kalen Murray 0:26.90 (Jul 2021)	Jayden Cole 0:25.48 (Jul 2021)
100 Backstroke	Mason Seng 1:20.95 (Dec 2021)	Kerry Murphy 1:06.60 (Dec 2006)	Savo Kostic 0:59.49 (Jul 2021)	Dimitar Ivanov 0:58.45 (Mar 2011)	Jayden Cole 0:54.82 (Jul 2021)
200 Backstroke	Mason Seng 2:48.78 (Mar 2022)	Brian Fu 2:25.53 (Jun 2019)	Savo Kostic 2:10.40 (Jun 2021)	Kaelen Murray 2:04.69 (Mar 2022)	Collyn Gagne 2:00.64 (Jun 2021)
50 Breaststroke	Joel Lotzkar 0:42.83 (Feb 2009)	Beck Yu 0:34.46 (Nov 2021)	Lucas Fong 0:32.79 (Jun 2021)	Kyuhyun Cho 0:29.20 (Jun 2021)	Andrew Poznikoff 0:27.56 (Dec 2012)
100 Breaststroke	Joel Lotzkar 1:29.75 (Jul 2009)	Beck Yu 1:15.30 (Nov 2021)	Evan Broderick 1:09.80 (Feb 2008)	Kyuhyun Cho 1:02.55 (Dec 2021)	Andrew Poznikoff 0:59.10 (Nov 2013)
200 Breaststroke	Beck Yu 3:13.20 (Oct 2019)	Linus Fong 2:39.62 (Mar 2021)	Evan Broderick 2:25.46 (Feb 2008)	Kyuhyun Cho 2:18.06 (Mar 2021)	Sean Nugent 2:09.04 (Aug 2009)
50 Butterfly	Mason Seng 0:35.62 (Feb 2022)	Brian Fu 0:29.45 (May 2019)	Brian Fu 0:26.07 (Jul 2021)	Kyuhyun Cho 0:25.04 (Mar 2021)	David Payne 0:24.71 (Dec 2005)
100 Butterfly	Joel Lotzkar 1:21.00 (Jul 2009)	Brian Fu 1:05.74 (Jun 2019)	Brian Fu 0:58.20 (Jun 2021)	Dmitriy Lim 0:56.81 (Mar 2018)	Gabriel Lee 0:53.67 (Dec 2017)
200 Butterfly	Joel Lotzkar 3:05.29 (Jan 2009)	Hau-Li Fan 2:31.71 (Dec 2009)	Dmitriy Lim 2:14.90 (Mar 2015)	Dmitriy Lim 2:02.27 (Mar 2018)	Gabriel Lee 1:57.83 (Dec 2017)
100 Individual Medley	Eric Jia 1:34.85 (Apr 2022)	Kevin Wei 1:18.89 (Oct 2016)	Cristian Cristurean 1:05.89 (Jan 2011)	Cameron Dickson 1:04.30 (Jan 2017)	David Hibberd 0:59.63 (Nov 2009)
200 Individual Medley	Mason Seng 2:51.80 (Feb 2022)	Brian Fu 2:24.84 (Jun 2019)	Evan Broderick 2:12.65 (Feb 2008)	Evan Broderick 2:07.63 (Feb 2010)	Collyn Gagne 2:01.39 (Jul 2021)
400 Individual Medley	Joel Lotzkar 6:14.13 (Jan 2009)	Kerry Murphy 5:13.66 (Dec 2006)	Evan Broderick 4:39.41 (Mar 2008)	Dmitriy Lim 4:29.70 (Dec 2017)	Andrew Woinoski 4:28.35 (Mar 2016)

Event / Age Group	10 & Under	11 to 12	13 to 14	15 to 17	Senior / Open
50 Freestyle	Loel Lotzkar 0:31.07 (Jun 2009)	Kerry Murphy 0:27.88 (Jul 2006)	Brian Fu 0:26.16 (Aug 2021)	Spencer Landsiedel 0:24.47 (Jul 2005)	David Hibberd 0:22.89 (Apr 2014)
100 Freestyle	Andrew Takahashi 1:10.05 (May 2007)	Brian Fu 1:00.80 (Jul 2019)	Armaan Basi 0:57.12 (Jun 2018)	Dmitriy Lim 0:54.44 (Jul 2018)	David Hibberd 0:50.61 (Mar 2011)
200 Freestyle	Hau-Li Fan 2:34.83 (Jun 2008)	Brian Fu 2:15.89 (Jul 2019)	Armaan Basi 2:02.47 (Jun 2018)	Andrew Woinoski 1:58.81 (Aug 2015)	Leo Fath 1:51.90 (Aug 2021)
400 Freestyle	Andrew Takahashi 5:17.16 (May 2007)	Andrew Takahashi 4:44.12 (May 2009)	Alex Woinoski 4:17.51 (Jul 2015)	Dmitriy Lim 4:04.40 (Jul 2018)	Dmitriy Lim 4:04.40 (Jul 2018)
800 Freestyle	Hau-Li Fan 10:43.49 (Jul 2008)	Andrew Takahashi 9:55.14 (Apr 2009)	Alex Woinoski 8:56.80 (Aug 2015)	Dmitriy Lim 8:26.61 (Apr 2017)	Tim Woinoski 8:23.37 (Apr 2017)
1500 Freestyle	Hau-Li Fan 20:09.27 (Jul 2008)	Andrew Takahashi 18:28.01 (May 2009)	Alex Woinoski 16:52.15 (Jul 2015)	Andrew Woinoski 16:20.84 (Jul 2015)	Andrew Woinoski 15:59.32 (Jun 2021)
50 Backstroke	Hau-Li Fan 0:36.78 (Jul 2008)	Kerry Murphy 0:31.91 (Jul 2006)	Savo Kostic 0:29.37 (Mar 2022)	Kerry Murphy 0:28.31 (Jul 2010)	Jayden Cole 0:27.25 (Apr 2022)
100 Backstroke	Hau-Li Fan 1:20.10 (Jul 2008)	Kerry Murphy 1:08.22 (Jul 2006)	Savo Kostic 1:02.85 (Mar 2022)	Dimitar Ivanov 0:59.18 (Jul 2011)	Jayden Cole 0:57.21 (Jul 2022)
200 Backstroke	Hau-Li Fan 2:50.20 (Mar 2008)	Kerry Murphy 2:26.96 (Jul 2006)	Savo Kostic 2:17.62 (Mar 2022)	Dmitriy Lim 2:08.85 (Apr 2018)	Collyn Gagne 2:04.00 (Jun 2022)
50 Breaststroke	Joel Lotzkar 0:40.95 (Jul 2009)	Kerry Murphy 0:35.59 (Jul 2006)	Wayland Chang 0:33.60 (Jul 2006)	Hayden Yeung 0:30.47 (Mar 2022)	Andrew Poznikoff 0:28.16 (Apr 2014)
100 Breaststroke	Andrew Takahashi 1:28.86 (May 2007)	Kerry Murphy 1:19.16 (Jul 2006)	Wayland Chang 1:12.38 (Jul 2006)	Kyuhyun Cho 1:06.86 (Mar 2022)	Sean Nugent 1:01.47 (Jul 2009)
200 Breaststroke	Andrew Takahashi 3:04.99 (May 2007)	Andrew Takahashi 2:49.94 (May 2009)	Wayland Chang 2:36.47 (May 2007)	Kyuhyun Cho 2:25.71 (Mar 2022)	Andrew Poznikoff 2:15.82 (Jul 2012)
50 Butterfly	Hau-Li Fan 0:34.39 (Jul 2008)	Brian Fu 0:29.92 (May 2019)	Kerry Murphy 0:29.08 (Jul 2007)	Ciaran McDonnell 0:26.72 (Jul 2008)	Ben Berg 0:24.73 (Apr 2015)
100 Butterfly	Joel Lotzkar 1:19.34 (Apr 2009)	Brian Fu 1:06.26 (Apr 2019)	Brian Fu 1:00.80 (Aug 2021)	Ciaran McDonnell 0:57.57 (Jul 2009)	Gabriel Lee 0:54.60 (Apr 2019)
200 Butterfly	Hau-Li Fan 2:46.39 (Jul 2008)	Hau-Li Fan 2:31.37 (May 2009)	Dmitriy Lim 2:11.83 (Aug 2015)	Dmitriy Lim 2:03.25 (Jul 2018)	Dmitriy Lim 2:03.25 (Jul 2018)
200 Individual Medley	Andrew Takahashi 2:46.26 (May 2007)	Kerry Murphy 2:29.27 (Jul 2006)	Wayland Chang 2:17.54 (May 2007)	Andrew Woinoski 2:12.93 (Jul 2015)	Collyn Gagne 2:00.37 (Apr 2022)
400 Individual Medley	Andrew Takahashi 5:46.73 (May 2007)	Hau-Li Fan 5:29.97 (May 2009)	Dmitriy Lim 4:53.46 (Jul 2015)	Andrew Woinoski 4:38.46 (Jul 2015)	Collyn Gagne 4:17.820 (Apr 2022)

Female Relays

Short Course	
4 x 50m Freestyle	Nicole Cossey, Alexandria Schofield, Lauren Swistak, Robyn Lee 1:47.58 (August 2014)
4 x 100m Freestyle	Vicky Sui, Kathryn Rosberg, Asia Van Buuren, Addie Kolybaba 3:53.57 (March 2009)
4 x 200m Freestyle	Alexandria Schofield, Sherry Liu, Victoria Pencheva, Carmen Nam 8:31.27 (February 2010)
4 x 50 Medley	Courtenay Mulhern, Kathleen Stoody, Vicky Sui, Amber Dykes 1:58.48 (November 2004)
4 x 100 Medley	Asia Van Buuren, Mariya Chekanovych, Vicky Sui, Addie Kolybaba 4:16.91 (March 2009)

Long Course	
	Mikaila Aalhus, Lorena Sun, Vivian Yang, Ashley Ko 1:51.70 (July 2022)
	Kennedy Loewen, Ashley Ko, Katie Rosychuk, Cameron Hill 3:59.26 (June 2022)
	Lauren Swistak, Naiya Hermosillo, Sophia Brunoro, Robyn Lee 8:47.71 (May 2016)
	Lauren Swistak, Courtney Triano, Alexandria Schofield, Nicole Cossey 2:01.25 (July 2013)
	Alycia Weber, Kennedy Loewen, Cameron Hill Ashley Ko 4:24.22 (July 2022)

Male Relays

Short Course	
4 x 50m Freestyle	Andrew Poznikoff, David Hibberd, Steven Hibberd, Ben Berg 1:26.94 (Aug 2014) *
4 x 100m Freestyle	Andrew Poznikoff, Ben Berg, Gregory Laughlin, David Hibberd 3:26.25 (Mar 2009)
4 x 200m Freestyle	Kevin Nickerson, Tim Woinoski, Igor Lazic, Daniel Kilmaster 7:50.04 (Feb 2014)
4 x 50 Medley	David Hibberd, Andrew Poznikoff, Ben Berg, Steven Hibberd 1:38.40 (Aug 2014)
4 x 100 Medley	Gregory Laughlin, Sean Nugent, Niels Muntzenberger, David Hibberd 3:43.48 (Nov 2008)
Canadian Record at the time	

Long Course	
	Andrew Poznikoff, David Hibberd, Steven Hibberd, Ben Berg 1:30.65 (Jul 2014) **
	Andrew Poznikoff, David Hibberd, Steven Hibberd, D Ivanov 3:25.33 (Jul 2014)
	Collyn Gagne, Leo Fath, Channah Yip, Jimmy Zhang 7:46.59 (Jun 2022)
	Sandy Henderson, Trevor Brekke, Bryce Gillman, Paul Wilkins 1:46.15 (July 2003)
	Jayden Cole, Kyuhyun Cho, Amar Fejzic, Leo Fath 3:47.61 (July 2022)

* Current Canadian Record

** Current Provincial Record