

2023 TSC Men	Sectional Standards		Sectional Bonus Standards	
Event	SCY	LCM	SCY	LCM
50 FREE	:22.09	:25.29	:22.59	:25.89
100 FREE	:47.79	:54.99	:48.59	:55.99
200 FREE	1:43.99	2:00.49	1:45.39	2:02.59
400/500 FREE	4:42.99	4:19.09	4:43.89	4:21.99
800/1000 FREE	9:43.59	8:54.09	9:48.09	8:58.49
1500/1650 FREE	16:24.39	16:56.49	16:33.59	17:11.49
100 BACK	:53.49	1:03.69	:54.09	1:04.69
200 BACK	1:54.89	2:18.89	1:56.19	2:21.69
100 BREAST	1:00.99	1:11.99	1:01.69	1:13.09
200 BREAST	2:12.29	2:38.99	2:13.79	2:40.99
100 FLY	:52.69	1:00.49	:53.39	1:01.59
200 FLY	1:56.99	2:18.79	1:58.69	2:21.29
200 I.M.	1:57.29	2:17.69	1:58.79	2:19.69
400 I.M.	4:11.19	4:53.89	4:14.89	4:58.29

2023 TSC Women	Sectional Standards		Sectional Bonus Standards	
Event	SCY	LCM	SCY	LCM
50 FREE	:24.79	:28.29	:25.49	:28.89
100 FREE	:53.09	1:00.79	:53.99	1:01.59
200 FREE	1:54.09	2:11.29	1:55.79	2:12.39
400/500 FREE	5:06.19	4:36.89	5:09.39	4:39.59
800/1000 FREE	10:25.09	9:27.39	10:31.79	9:31.49
1500/1650 FREE	17:48.29	18:12.29	17:58.19	18:25.19
100 BACK	:58.99	1:10.29	1:00.49	1:11.69
200 BACK	2:07.19	2:31.29	2:09.29	2:34.19
100 BREAST	1:08.79	1:20.09	1:09.69	1:21.19
200 BREAST	2:28.09	2:53.09	2:31.39	2:55.49
100 FLY	:58.29	1:07.39	:59.89	1:08.59
200 FLY	2:10.59	2:33.29	2:13.69	2:35.89
200 I.M.	2:10.19	2:31.39	2:13.49	2:32.89
400 I.M.	4:36.49	5:19.69	4:43.59	5:23.19