



2025 June Age Group Invite Meet Recap

SWIMMER HIGHLIGHTS

Beach 1

Georgia Anderson ~ Miss Anderson rocked out as a member of both of our 10&Under Girls relays, splitting a monster 38.4 on the 200 Free Relay, which was over 2 seconds faster than her flat start time in the event, and a very respectable 41.2 Fly on the 12th place 200 Medley Relay. We are anticipating more fast swimming from the newly minted JAG and SAG qualifier as we continue on to the rest of the summer championship meets. Well done, Georgia!

Maya Perez ~ Miss Perez became a hero of sorts when she answered the call in the 11th hour to race on the 200 Free Relay last Saturday and boy did she impress with a split of 38.5, which was 3 seconds faster than she had ever gone in the event from a flat start! Unfortunately, her relay was disqualified for an early takeoff, but she certainly knows what she is capable of and she continues to ascend the ranks of competitive swimming. Way to step up, Maya!

Quinn Sootkoos ~ Miss Sootkoos was fantastic as the anchor leg of the 12th place 200 Medley Relay last Friday in La Mirada, before an unfortunate illness knocked her out of the competition and the 200 Free Relay on Saturday. Her split of 37.0 on the 200 Medley was ~1.5 seconds faster than her flat start time in the 50 Free. Big swim, Quinn!

Nika Vujovic ~ The 8 year old Miss Vujovic dazzled with a very respectable leadoff split of 48.7 as the Backstroker on the 12th place 200 Medley Relay on Friday, but an early takeoff in the 200 Free Relay derailed her hopes of scoring more points the next day. It will no doubt be great experience for this up-and-comer. Watch out for her in the coming seasons. Way to go, Nika!

Emma Zubia ~ Miss Zubia also heeded the call and replaced an ailing teammate as a member of the 200 Free Relay last Saturday in La Mirada. Although her leadoff split wasn't a best time, she was within striking distance of her previous best and gained some valuable championship meet experience, to boot. She deserves a huge pat on the back for stepping up for her team when they needed her most. Congratulations, Emma!

Beach 3

Philippa Anderson ~ Big thank you and congratulations to Pippa who swam Freestyle in the Girls 11-12 200 Medley Relay at JAG. She went 34.84, her best time by almost a second from when she swam it at our CITI Summer Sizzler less than two weeks before. Great job Pippa! Way to show up for your team!

Alysha Annamalai ~ Alysha dropped time in two individual events at JAG! She dropped a second in her 50 back and almost a half a second in her 50 fly! More importantly though, her races looked really good. I am really proud of the technical changes she has made. Your hard work in practice is paying off! Alysha also swam the third leg in the 11-12 200 Freestyle relay, breaking 34 for the first time! Nice job Alysha!

Chase Balentine ~ Chase represented his team in two relays at JAG! He swam freestyle in the 200 Medley relay, going a 30.38. This is three seconds faster than the best time that he swam at Torrance's Spring Splash about a month and a half prior. Great job Chase! Thank you for showing up for your team and giving it all you got!

Fiona Cooley ~ Fiona swam four individual events and one relay! She went four for four best times, dropping time across the board. She dropped almost three seconds in her 100 Breast and over three seconds in her 200 IM, demonstrating improvement in all four strokes. I was really impressed by the way that she implemented the stroke corrections that we have been working on! Keep up the great work Fiona!

SWIMMER HIGHLIGHTS

Beach 3 continued

Tyson Imai ~ Tyson swam six individual events and two relays! He finaled in the 50 Breast, dropping over ½ second and breaking :40 for the first time. He placed 16th overall coming out of finals. Even through a long weekend of racing Tyson dropped time in all but one of the events that he swam. I am so proud of the way Tyson shows up to race his best no matter how he feels or what the conditions are. He always gives it his all! Way to go Tyson! I am so proud of you.

Sohum Kulkarni ~ Sohumi swam three individual events at JAG and he did great! He swam the 50, 100, and 200 Breaststroke. Sohumi dropped 2.53 seconds in the 100 Breast, earning his first SAG cut! I am really proud of the way Sohumi showed up. Way to go Sohumi!

Mackenzie McElroy ~ Mackenzie had a great meet! She dropped incredible amounts of time in all but one of the races she swam. She dropped 13.64 seconds in her 100 Breast. In addition, it was the best breaststroke I have ever seen her swim. She also dropped 4.65 seconds in the 100 Back and 6.74 seconds in the 50 Back! Mackenzie finaled in the 50 Free, coming out 14th overall and dropping a total of 1.51 seconds from her previous best time swam at our CITI Summer Sizzler less than two weeks prior. Great work Mackenzie! Congratulations!

Capri Pierce ~ Capri raced in three individual events, dropping time in all three! She dropped 1.66 seconds in her 100 Back, 2.11 seconds in her 50 Back and just under a second in her 50 Fly! Capri also represented her team in two relays. Swimming anchor in the Girls 11-12 200 Free Relay, she dropped over three seconds from her best time! She also swam Fly in the 11-12 Girls 200 Medley Relay, going a best time by .75! Keep up the hard work Capri. I am so proud of you.

Lucy Song ~ Lucy represented her team in one relay at JAG. She swam the Breaststroke leg in the 11-12 Girls 200 Medley Relay. This was the best Breaststroke I have ever seen her swim. She went a best time by over three seconds! Thank you so much Lucy for showing up for your team and racing your heart out. Go Lucy!

Beach 5

Olivia Chi ~ Miss Chi had four top-10 finishes (200 Back, 200 Fly, 100 Back, 100 Fly), with her best finish coming in the 200 Back (3rd place). She also stepped outside her typical championship meet schedule to race the 800 Free, an event in which she cut more than 5 seconds from her previous best time. She posted another best time in the 200 IM and was within a couple of percentage points of her bests in each of her 5 other races. In relay action, she helped her 200 Free Relay to a 12th place finish and her 200 Medley Relay to a 9th place finish. Great racing, Olivia!

Arianna Ciuffoli ~ Miss Ciuffoli knocked out all of her previous best times in each of her four individual races in La Mirada, with her biggest improvement being a 4+ second drop in the 200 Back. Her best finish, however, came in the 200 Fly (24th place) and she was also 25th in the 100 Fly. On the relay front, she helped her 200 Free Relay to a 12th place finish. Way to go, Arianna!

Nina Haubner ~ Miss Haubner raced four individual events in La Mirada, dropping time in two (50 Breast, 50 Free). Her biggest improvement came in the 50 Free (-0.82), when she led off her relay and paced them to a 14th place finish to put valuable team points on the board. Her best individual finish was 36th place in the 100 Back. Well done, Nina!

Theo Haubner ~ Mr. Haubner struggled with an unfortunate illness for much of the week leading up to the competition, but bounced back marvelously to race well all weekend. His standout performance came in the 200 Breast, which was an improvement of almost 4 seconds and good enough for a 32nd place finish. He also helped his 200 Free Relay to a 15th place finish, which was a scoring effort. Way to be resilient, Theo!

Hana Imai ~ Miss Imai put up some big numbers on the board last weekend in La Mirada, most notably securing Finals berths in the 200 Breast and 400 IM, both of which were good for 16th place. Her Prelims swim in the 400 IM was nearly a 20 second improvement! In relay action, she helped her 200 Free Relay to a 12th place finish and her 200 Medley Relay to a 10th place finish. Outstanding racing, Hana!

Colin Ionescu-Macri ~ Mr. Ionescu-Macri had some big swims in La Mirada last weekend, most notably landing in the scoring column with his 14th place finish in the 200 Fly, which was an improvement of almost 6 seconds. He also dropped in the 100 Free (-0.37) and 50 Free (-0.58) and raced the 800 Free for the first time, posting a respectable 10:13.00 in the event. In relay action, he helped his team to a 15th place finish in the 200 Free Relay. Way to go, Colin!

SWIMMER HIGHLIGHTS

Beach 5 continued

Daniela Kan ~ Miss Kan had a great weekend in La Mirada at her first JAG meet in the 13-14 age group. She posted new personal bests in five of her six individual races (200 Back, 100 Back, 100 Fly, 200 IM, 50 Free), highlighted by some huge drops in the Backstrokes. Her 100 Back was an improvement of more than 3 seconds and her 200 Back ended up being a drop of 5.4 seconds, after an exciting swim-off. On the relay front, she helped her 200 Free Relay to an 8th place finish and her 200 Medley Relay to a 9th place finish, scoring valuable points for the team. Outstanding racing, Daniela!

Aria Kim ~ Miss Kim made some huge leaps in La Mirada, racing to a new personal best in each of her four individual races. She showed eye-popping improvement in the Backstrokes, dropping 14.65 seconds in the 200 and 6.18 in the 100 to claim 8th place in each of those events. She also cut almost 4 seconds from her previous best in the 100 Free and a few tenths from her previous best in the 50 Free. In relay action, she helped her team to an 8th place finish in the 200 Free Relay and a 9th place finish in the 200 Medley. Well done, Aria!

Hailey Kuo ~ While it wasn't the performance she had hoped for in her individual events, she did race within about a percentage point of her best time in each of her three individual races. Her best finish was 43rd place in the 100 Breast. Most notably, however, she stepped up onto the "A" 200 Free Relay to help her team to an 8th place finish and score some valuable points. She had a killer Fly set this morning off the blocks, which left me feeling confident about her prospects for the rest of the season. Keep up the great effort, Hailey!

Adriana Lee ~ It was a solid weekend of racing for Miss Lee in La Mirada, where she posted four personal bests (400 IM, 100 Breast, 100 Fly, 200 IM). She Finaled in the 100 Fly, taking 16th place in that event and cutting almost a full second from her previous best. Her biggest improvement, however, came in the 200 IM, which was nearly a 4.5 second drop! She also helped her team to a 10th place finish in the 200 Medley Relay with a quick split of 31.3 in the Fly leg. Great racing, Adriana!

Justin Lee ~ Mr. Lee was en fuego last weekend in La Mirada, bagging six personal bests in six individual races. His best finish came in the 200 Breast (20th place) and his biggest improvement came in the 100 Free (-2.07). He has been doing some great work at practice since coming to the team a couple of months ago and I know he is excited to be able to race on relays at Summer AG Champs in July. Keep up the great work, Justin!

Barrett Poole ~ Mr. Poole was slightly derailed by an illness during the week leading up to the meet, but that didn't stop him from racing to a personal best in the 200 Free (-2.17). He also raced within a percentage point of his best times in the 50 and 100 Free, finishing as high as 24th place in the 50 Free. In relay action, he helped his team to a 7th place finish in the 200 Free Relay. Great effort, Barrett!

Eileen Romesser ~ Miss Romesser was traveling for most of the week leading up to the competition so she was only able to race one day, but she raced well that day, posting a new personal best in the 100 Back (-1.32), coming within 0.02 of her best in the 50 Free and helping her 200 Medley Relay team to a 10th place finish. Not too shabby for one day's work. Way to go, Eileen!

Piper Sootkoos ~ Miss Sootkoos raced to three personal bests in La Mirada last weekend (200 Breast, 100 Breast, 400 Free), finishing as high as 22nd place in the 200 Fly. Her standout swim came in the 400 Free, where she dropped 13.25 seconds to crack the 5 minute barrier for the first time, with a time of 4:58.73. On the relay front, she helped her team to a 9th place finish in the 200 Medley. Outstanding racing, Piper!

Dylan Thatcher ~ Mr. Thatcher is on a roll lately and he carried that momentum into the competition at La Mirada, bagging five personal bests in a wide variety of events (100 Back, 100 Breast, 200 IM, 50 Back, 50 Breast). He finished as high as 29th place in the 100 Breast and threw down a monster Backstroke split of 35.49 (-1.70) to lead off the 10th place 200 Medley Relay. In other relay action, he helped is 200 Free Relay to a 12th place finish. Keep it going, Dylan!

Mateo Trombley ~ Mr. Trombley had yet another solid outing, posting four personal bests (200 Fly, 100 Back, 100 Free, 50 Free) in six individual races. He finished as high as 13th place in the 200 Fly, his lone Finals appearance individually. He also threw down a swift 27.68 in the 50 Free to cut 0.78 from his previous best and finish 27th. In relay action, he helped his team to a 7th place finish in the 200 Free Relay. Way to go, Trombley!

SWIMMER HIGHLIGHTS

Beach 5 continued

Patrick Wang ~ Mr. Wang had a very solid showing in La Mirada, grabbing four new personal bests in the 100 Breast, 100 Free, 200 IM and 50 Free. His best finish was 22nd place in the 100 Breast and his biggest improvement came in the 50 Free (-0.53). He also helped his relays to a 10th place finish in the 200 Medley and a 12th place finish in the 200 Free. It was one of his best meets of the LCM season and he looks to carry this momentum into July. Well done, Patrick!

Senior 3

Despite the blistering heat, this JAG proved to be one of the group's best meets this season—if not the best (with more to come, hopefully!). We have been hard at work, and it paid off during the four days of competition in La Mirada. I am beyond proud of the 12 swimmers who represented the group, as they took care of business and contributed to the success of our team. On to the highlights.

Santiago Baranda ~ Santi has been having a fantastic 2024–2025 season, and this JAG was a demonstration of it. Despite a rough start in his 200 Freestyle, he did not let it get to him and bounced back with personal bests in his other five events: 800 Free (-17.86), 100 Back (-3.69), 100 Free (-2.15), 400 Free (-8.86), 50 Free (-0.03). On top of that, he was on the 7th-place 13–14 'A' 200 Free Relay. Great job, Santi!

Luca Boots ~ Luca was on fire all weekend, and his performance is a result of how hard he works at practice to make the necessary changes to be at his best. Even with a heartbreaking DQ in his 200 IM, he still moved forward with personal bests in his five other events: 200 Back (-8.14, 4th!), 100 Back (-3.45, 3rd!), 100 Breast (-5.37), 100 Fly (-3.87), 50 Free (-0.77). His 100 Backstroke was especially impressive, as he is now only 1.19 seconds away from a Sectional cut. Additionally, he was on the 7th-place 13–14 'A' 200 Free Relay and the 1st-place 13–14 'A' 200 Medley Relay. Great job, Luca!

Madelyn Fu ~ Maddie joined us on the final day of the meet for the 50 Free, and while it was not the race she was hoping for, she still walked away with valuable experience and a renewed focus. She came back later that evening for a great swim in the 15&O 'C' 200 FR Relay, which finished in the top 10 (10th). Great job, Maddie!

Alan Gu ~ Alan had his best meet to date in his first championship meet with Beach Cities since joining the team in October. He swam in four events and set personal bests in each of them: 800 Free (-22.99), 200 Back (-4.77), 200 Fly (-7.44), 400 Free (-8.56). Great job, Alan!

Willamena Hodson ~ Willa is in a breakout season, and she continued the momentum with another great championship meet. She swam a total of six individual events and set personal bests in three of them: 800 Free (-28.89), 200 Back (-2.95), 100 Fly (-4.67, 13th!), 100 Free, 400 Free, 50 Free. For relays, she led off the 13–14 'B' 200 Free Relay (12th), where she set a new personal best in the 50 (-1.24), and was also on the 13–14 'C' 200 Medley Relay, which placed 10th overall. Great job, Willa!

Lucas Hott ~ Lucas swam on Saturday for his first JAG in the 100 Free. Even though he did not go a best time this go-around, it is still a major accomplishment, and he walked away with valuable experience. He was a lifesaver on Thursday evening for the 15&O 'B' 200 Free Relay, as he stepped in to help anchor his team to a top-20 finish (18th). Great job, Lucas!

Koji Konishi ~ Six individual events, four finals. Koji came into the meet with absolute focus and confidence that all the work we had done was leading up to this weekend. It paid off with spectacular swims in the 100 Fly (-2.96, 7th!), 400 IM (-10.15, 14th!), 200 IM (-7.75, 12th!), 200 Back (-5.06, 15th!), 400 Free (-10.60), 100 Back (-0.84). He had great success on the relays as well, as he was on the 1st-place 13–14 'A' 200 Medley Relay alongside Luca and the 15th-place 13–14 'B' 200 Free Relay. Great job, Koji!

Derrick Kwan ~ Derrick came in to swim the breaststroke events in La Mirada, where he had a great 100 (-1.99) and 200 (-8.52). Great job, Derrick!

Katharine Lanzdorf ~ Another one of our swimmers with a busy lineup, Kate swam five events: 100 Back, 100 Free (-1.02), 200 Back, 400 Free (-0.78), and the 50 Free. Her 100 Free was very impressive, and had it not been for a funky flipturn, she would have added it to her Sectional lineup. Watch out for her adding the 100 sometime soon! As for relays, she was on the 4th-place 15&O 'A' 200 Free and the 10th-place 15&O 'C' 200 Medley. Great job, Kate!

SWIMMER HIGHLIGHTS

Senior 3 continued

Soraya Lluz ~ Raya had a solid JAG, as she swam the 100 Back, 100 Free (-2.32), and the 200 Back. Like Lucas, she was a relay lifesaver, and as a result, had a fantastic swim in the 15&O 'B' 200 Free Relay, where she led off and set a new personal best in the 50 (-0.43)! Great job, Raya!

Ryan Rodenkirch ~ One of our new swimmers in Senior 3, Ryan has been hard at work in the gym and the pool. His hard work paid off with some amazing swims in the breaststroke events: 100 (-5.97), 200 (-6.29). I am very excited to see what else he can do in the coming weeks and future seasons! Great job, Ryan!

Joseph Scallon ~ One event, one fantastic swim. Joseph could only swim the 200 Back on Saturday, and he made that one swim count by setting a new personal best by 3.56 seconds. Great job, Joseph!

Senior 4

Anny Ambrosio ~ Anny's 800 Free & 200 BR were 2 of the highpoints of the weekend. Her 800 Free race-plan played out to an awesome drop! And her 200 BR Finals swim showed discipline and strength as she held her last 3 50 splits to a NEW Sectional Bonus QT! Well Done!

Evan Brutcher ~ Evan swam 3 events & had 3 nice drops! While racing to a Finals swim in the very competitive 50 Free was IMPRESSIVE, the way he went after the 200 Fly with pure power, grit & strength was the stand-out swim of the weekend! Way to Go Evan!

Penny Chiu ~ This meet was an inspiring weekend where Penny was racing & pushing herself despite feeling "under the weather". All of her times were right at "her best", she managed second swims in EVERY EVENT, AND she was one of the TOP team point scorers! You're a PURE Competitor Penny!

Sarah Diethelm ~ Every time Sarah races, she shaves off more time! Sarah's Free & Back events continue to bring great results & she gets faster & faster every meet!!

Sasha Kan ~ All of Sasha's work is paying dividends little by little. His times are inching closer and closer to his Goal Times. Most exciting this weekend were his Backstroke events, especially his 200 Back!! Keep pushing Sasha!

Avalon Kim ~ Avalon was able to squeeze in a day of racing after fighting a nasty flu! Sunday brought her a Finals swim in her 100 Back and an impressive relay leg for the BCS Medley relay!!

Amia Kisiler ~ Amia arrived to JAGs on a mission and with specific plans! From the first event of the weekend, it was clear she meant business! She raced through weekend with 3 TOP 3 finishes, 2 New Sectional QTs & some really nice drops in the 200 IM & 100 BR! Next meet?....more great things to come Amia!

Noah Kisiler ~ Congrats Noah! On your 1st Sectional QT! More impressive was how strong the last 100 of that 200 BR was!! Now that you've got one, the rest will keep on coming!! Keep that GREAT Attitude Noah!!

Zoey Lewis ~ It was a speedy weekend for Zoey's Free Events! Sure the 10-second drop in the 800 was quite impressive, but the swim of the meet was her Finals swim in the 100 Free showing a 12th place finish, almost a 2 second drop AND a NEW SECTIONAL QT!! So Speedy Zoey!!

Gabby Nicholas ~ Gabby continues to be that BCS World Class Character, showing up and giving her BEST performance in the RELAY Events! As for her individual events....the speed always shows up at the start of the her swims. Now we'll shift to a clear focus and determination to get the same results on the back half of her races.

Jack Rodenkirch ~ Jack steps up to every race with fierce determination and competitiveness! And almost every time shaves off a little bit more! While 3 of his races were PBs, the 50 Free continues to be his LIGHTS OUT event, where he raced to a 6th place finish from the outside lane! Nice work Jack!

Thomas Romesser ~ Thomas' focus all season has been on the sprint Free events & his 100 Free showed the best results. With his continued drive and patience those goal times are inching closer and closer! Keep up the hard work Thomas!

Marcus Syring ~ Staying true to the way Marcus has raced all season, he showed up this weekend and posted post 2 more PBs. The 100 BR still proves to be a strong event where he dropped over 1.5 seconds! And his 50 Free continues to be an opportunity to shave a little more each time he races!

Ralph Tumamak ~ While Ralph decided to go after some of the long tough events this weekend, his best races still proved to be the 100s BR & Fly! Both events he showed strong speed on the 1st 50 and competitive, determined speed the 2nd 50. Ralph trains with discipline & toughness that inspires all his teammates!

Lily Wu ~ All of Lily's races this weekend were the results of her consistent work and focus. While she scored points in her 100 back, 200 Free & 50 Free, the big swims of the weekend were the 100 Fly and the 200 IM where she shaved off a little more time and collected a couple more Sectional Bonus QTs!

Nick Zhang ~ It was a 100% weekend for Nick! And a weekend to "get after" his 50 Free & BOTH Backstroke events! That's just what he did, dropping in all 3 events. But, not to be outdone, Nick pushed through the 100 meters of fly & threw down a 10+ second drop in the 400IM!!

Danny Zimmerman ~ Danny showed up to race ALL weekend! He's got some lofty goal times and every race he inches closer and closer!! The speed is there, now we just need the racing opportunities to finish the job! Great racing Danny!

100% PERSONAL BEST TIMES

Gabi Brito, Evan Brustscher, Arianna Ciuffoli, Fiona Cooley, Sarah Diethelm, Alan Gu, Koji Konishi, Peyton Kuo, Derrick Kwan, Aria Kim, Amia Kisiler, Justin Lee, Capri Pierce, Ryan Rodenkirch, Joseph Scallon, Nick Zhang

ALL-BUT-1 PERSONAL BESTS TIMES

Alysha Annamalai, Santiago Baranda, Luca Boots, Jake Everitt, Hana Imai, Tyson Imai, Daniela Kan, Sohum Kulkarni, Mackenzie McElroy, Jack Rodenkirch, Alejandro Safa, Piper Sootkoos, Adriel Sun, Kayla Sun, Dylan Thatcher, Danny Zimmerman

TOP 10 TOTAL TIME DROPPED

(in seconds)

1. Alan Gu (- 43.76)
2. Koji Konishi (- 37.18)
3. Willamena Hodson (- 36.51)
4. Noah Kisiler (-33.32)
5. Santiago Baranda (- 32.59)
6. Hana Imai (-30.14)
7. Mackenzie McElroy (-27.24)
8. Aria Kim (-25.02)
9. Anny Ambrosio (-23.96)
10. Justin Lee (-16.87)

Podium Finishers

1st Place

Gabi Brito ~ 400 Free
Bella Brito ~ 200 BR & 50 Free
Jake Everitt ~ 100 & 200 Fly
Kayla Sun ~ 50 Free
Sam Wang ~ 100 Free & 200 IM

2nd Place

Gabi Brito ~ 200 BR
Kaelia Hughes ~ 100 BR & 200 IM
Amia Kisiler ~ 200 Back
Peyton Kuo ~ 50 & 100 Free
Adriel Sun ~ 100 & 200 BR
Andi Taylor ~ 100 Free
Max Wang ~ 100 Free, 200 IM, 400 Free
Sam Wang ~ 50 Free

3rd Place

Anderson Bennett ~ 200 BR
Olivia Chi ~ 200 Back
Penny Chiu ~ 50 Free
Kaelia Hughes ~ 200 BR & 200 Free
Amia Kisiler ~ 100 Back & 200 IM
Adriel Sun ~ 200 IM
Max Wang ~ 200 Back