



2025 Legends of Coaching Meet Recap

SWIMMERS OF THE MEET

Beach 5 ~ Aria Kim

Aria put a bow on her BCA racing career (for now) with two outstanding swims in La Mirada last weekend. She improved her 50 Free by more than half a second, leaping up 88 places from her 155th seed to finish 67th. She also improved her 100 Back by over a second to finish 89th (up from 140th). An excellent volleyball player as well, she will be putting her aquatic pursuits on hold to pursue her on-court passion. What a way to finish your time with BCA, Aria! We will miss you!

Senior 4 ~ Zoey Lewis

It's always an excellent weekend when the distance swimmer executes a perfectly planned race and records huge time drops and new Qualifying Times. All weekend Zoey turned in one strong performance after another. She kicked off her meet with a dominant prelim swim in her 500, easily qualifying her for Finals where she dropped even more time and finished 24th! But not to be stopped, she then showed up the final day to showcase her sheer grit, resulting in an outstanding final split in her 200 Back and then a spectacular 1650! In the 1650, she smashed the Sectional QT by dropping over 28 seconds and recorded a Personal Best (PB) in the 1000 split! Most exciting of all is how this weekend inspired and motivated Zoey for even more great things! Well-Done Zoey!

High Performance, North Site ~ Sora Koike

Sora raced tough all weekend and dominated the walls with her impressive freestyle turns. Sora demonstrated considerable patience and determination to battle back from injury and surgery this year. She has made the most of her opportunity to train healthy and shown consistency and grit. On Saturday, she faced a tough double with the 100 fly and 200 free back-to-back. Sora rose to the challenge and came away with best times in both events. She also showed her stripes as a team player and enjoyed her first ever BCA relay that night. We look forward to Sora's contribution to BCA's Junior Nationals team next month in Austin.

High Performance, South Site ~ Daniel Kim

Daniel has had to work through a series of illnesses this fall, but that hasn't stopped him from putting in some really good work both in the pool and in the weight room, and that work paid off in a big way with a huge performance at the Legends of Coaching meet!

Over the course of the weekend, Daniel went a perfect 4-for-4 with lifetime best swims, highlighted by some monster drops in his signature Breaststroke events. In the 100, Daniel dropped nearly 2 seconds to break through the 58 and 57-second barriers with a finals time of 56.59, and in the 200 on Sunday night he blasted a 2:02.25 to shave nearly 4 seconds off his previous LTB and come within 7-tenths of his first Junior National cut. Atta boy, Daniel!

Podium Finishers

Gold

Miles Blackson-Dunbar ~ 100 Back & 100 Free
Gabi Brito ~ 50 Free & 100 Free
Gabby Rose ~ 100 BR & 200 BR

Silver

Eryn Arnold ~ 200 Fly
Miles Blackson-Dunbar ~ 50 Free
Gabi Brito ~ 200 IM
Nolan Weijland ~ 200 BR & 400 IM

Bronze

Sora Koike ~ 200 Free

100%

PERSONAL BEST TIMES

Mantas Abeciunas, Luca Boots, Evan Brutscher,
Jake Everitt, Sasha Kan, Aria Kim, Daniel Kim,
Noah Kisiler, Kate Lanzdorf,
Alejandro Safa, Nolan Weijland

ALL-BUT-1

PERSONAL BESTS TIMES

Anny Ambrosio, Gabi Brito, Isaac Chang,
Olivia Jacobson, Avalon Kim, Sora Koike,
Peyton Kuo, Jack Rodenkirch,
Andi Taylor, Danny Zimmerman

TOP 10

TOTAL TIME DROPPED

(in seconds)

1. Zoey Lewis (-60.33)
2. Alejandro Safa (-35.01)
3. Luca Boots (-22.53)
4. Noah Kisiler (-9.55)
5. Sasha Kan (-6.12)
6. Olivia Jacobson (-6.08)
7. Amia Kisiler (-4.76)
8. Eryn Arnold (-4.11)
9. Daniel Kim (-4.08)
10. Nolan Weijland (-3.96)