



Royal April LCM Meet Recap

SWIMMERS OF THE MEET

Marlins~ Caroline Mason

Caroline attended not only her first swim meet but also her first LCM meet. She showed a lot of bravery despite being very nervous and we are very proud of her for rising to the challenge.

Beach 1 ~ Nika Vujovic

Nika is one of the newest members of the competitive team, but that didn't stop her from giving a veteran-like performance on Sunday in Torrance. In her first LCM action in a BCS cap, she raced four events in the 5-8 age group, winning the 50 Breast, placing 3rd in the 100 Free and placing 4th in both the 50 Back and 50 Fly. She is a brave competitor and loves the water, smiling all along the way. But don't let the infinite grin deceive you: she is a tough young lady. Way to go, Nika!

Beach 2 ~ Brynn Danner

Brynn has been having a blast at swim meets. She has dropped in every event in the past two meets. We are proud of her hard work and the positive attitude she has been bringing to swimming.

Beach 3 ~ Isabella Antunes

The amount of improvement that I have seen from Isabella since our last long course season is absolutely astounding. She dropped massive amounts of time in all four events that she swam last weekend, blowing her personal bests out of the water! She dropped over 20 seconds in the 200 IM, demonstrating an overall improvement in all four strokes. In addition, she dropped 19.85 seconds in the 100 Back and 14.40 seconds in the 100 Fly! I saw major improvements in her turns and breakouts, as well as her stroke technique in general. Isabella also dropped a whopping 5.85 seconds in the 50 Breast, demonstrating major advancements! Your hard work in practice is paying off Isabella. Keep up the great work!

Beach 4 ~ David Arnold

David had a great meet, going 4/4 best times with a whopping 6+ second drop in his 50 breaststroke. David checked in with me before every single race, chose one thing to focus on for each race and he successfully did each of them. Specifically, for his 100 freestyle, he followed the breathing pattern we decided on, and ended with an incredible no-breath finish from the flags in! David works very hard at practice and we are excited to have him in Beach 4!

Beach 5 ~ Ryson Tomongin

Ryson was the lone Beach 5 athlete racing in Torrance last Sunday, where he blazed to three personal bests in four individual races. His biggest improvement came in the 100 Back (-26.08!) and he also dropped 15.25 seconds in the 100 Breast. He came up with a big win in the 100 Fly with a very strong performance of 1:13.97, cutting nearly 3 seconds from his previous best in that event. Great racing, Ryson!

Senior 1/Intro to Senior ~ Cameron Tsan

Cameron had a great meet and showed everyone what he is able to do. He got 4 new times, which were all BB & B Times for a 12 year old. Lets keep this focus and speed going into age 13.

Senior 2 ~ Bailey Stubbs

Bailey had incredible 100 Back performance dropping 14.5 seconds!

100% LIFETIME BESTS

Philippa Anderson, Isabella Antunes, Juju Antunes, David Arnold, Kiran Arora, Chase Balentine, Shayan Bhakta, Cataleya Bustamante, Anna Campbell, Ollie Cano, Ella Chen, Edison Cheng, Andy Crouch, Isabelle Dallas, Jordan Dallas, Brynn Danner, McKenna Danner, Sudheer Doss, Yohann Elgozali, Gus Froemke, Willow Gibson, Max Goldstein, Kallen Hashimoto-Jones, Owen Hott, Olivia Ionescu Macri, Luke Jackson, Makena Kam, Jalen Kao, Nico Ledezma, Joie Lee, Valentina Lucic, Sienna Marran, Natalie Martinez, Caroline Mason, Nora Maynard, Fiona McCartney, Mackenzie McElroy, Paul McGrath, Hudson Menke, Danilo Minic, Daniel Nakasone, Wyatt Neitz, Aryanna Patnekar, Maya Perez, Ella Rances, Violet Rosenstein, Zoe Robinson, Anya Saracino, Talia Saracino, Alyssa Sarian, Ria Shah, Mayank Shenoy, Lucy Song, Jack Stimpson, Bailey Stubbs, Hiromu Tanaka, Toren Tomongin, Waylynn Villegas, Keni Visistsri, Nika Vujovic, Anthony Wang, Harper Ward, Eva Whitaker, Harlow Yerke, Anthony Zheng

ALL-BUT-1 LIFETIME BESTS

Georgia Anderson, Tara Biggs, Ethan Chen, Fiona Cooley, Sean Everitt, Mykah Gibson, Asher Greenspon, Aimee Lemus, Keira Lyman, Addie Mattison, Mirabelle Nakasone, Pia Patel, Capri Pierce, Ryson Tomongin, Cara Traylen, Amari Tullo, and Kenya Tullo, Soleil Wicks

TOP 10 TOTAL TIME DROPPED

(in seconds)

Isabella Antunes (-60.83)
Keni Visistsri (-46.69)
Ryson Tomongin (-44.30)
Paul McGrath (-42.92)
Jack Stimpson (-41.70)
Kallen Hashimoto-Jones (-33.85)
Anna Campbell (-32.34)
Jalen Kao (-30.12)
Capri Pierce (-25.56)
Maxwell Goldstein (-23.14)

EVENT WINNERS

Georgia Anderson

50 Back & 50 Fly

Tara Biggs

100 BR

Fiona Cooley

50 BR

Sean Everitt

100 Fly

Olivia Macri-Ionescu

50 Back

Jalen Kao

100 Back

Kellen Kao

100 Free

Aimee Lemus

100 Free

Wyatt Neitz

100 Free & 200 IM

Ryson Tomingin

100 Fly

Nika Vujovic

50 BR