



2025 SGAC October Meet Recap

SWIMMERS OF THE MEET

Marlin – Avery Cheng

Avery hit the ground running at her first novice meet. She swam in 4 events and had 4 legal strokes, including her 100 I.M.

Beach 1 — Addie & Ophelia Mattison

Both Addie & Ophelia showed up ready to race on Sunday at Southgate! They BOTH raced the 100 Backstroke for the first time and BOTH picked up a new B cut! The girls checked in with Coach Heaven before and after each race, and had very specific plans for what they were going to focus on for each race. Specifically, in the 100 IM, both Ophelia and Addie gave Coach Heaven one thing they were going to work on for ALL four strokes! The girls made sure to do their proper movement prep (and reminded Coach Greg and Coach Heaven if they were missing any movements), proper warm-up and warm-down before checking in, and executed their swim meet to perfection! Way to go Addie and Ophelia!

Beach 2 — Brandon Yin

Brandon has been an athlete with some really impressive swims, he has grown a lot in the past two months and we can't wait to see where his hard work and determination will take him next.

Beach 4 — Addie Shamban

Addie had a fantastic meet. Addie picked up 1 new 13-14 B cut and 2 new 13-14 BB cuts, after just turning 13 a couple months ago. After going a best time and earning a BB cut in her 50 FR, Addie and I talked about how she would have to start her 100 FR off at a similar pace to pick up the 100 FR BB cut, and she was eagerly up for the challenge. She succeeded, earning her second BB cut for the day in the 100 FR! Addie is a positive teammate and loves challenging her fellow Beach 4 swimmers at practice, always leading her lane and stepping up for any challenges. Her attendance since joining Beach 4 is a whopping 96%, and her hard work is paying off! We are happy to have Addie in Beach 4! Congratulations Addie!

SWIMMERS OF THE MEET

Level 2 – Tanner Didinger

Level 2's swimmer of the meet is Tanner! He competed in his first ever swim meet and did a terrific job! He was one of the youngest swimmers at the meet and got 2nd or 3rd place in all his events.

Level 3 – TJ Didinger

TJ had a phenomenal meet at South Gate! It was his first meet (other than BCA's intrasquad) and he won FOUR events! Congrats TJ!

Bronze — Mason Cho

Mason competed in his first short course meet! He's been working really hard at practice, working on making all of his turns and dives legal and it showed!

Silver — Estelle Henderson

Silver's swimmer of the meet is Estelle! She had four phenomenal 100s! Her 100 IM time was significantly faster than when she swam it at the BCA intrasquad meet a little over a month ago. She also swam the 100 back and breaststroke for the first time and did really well.

Gold — Maximus Golovko

Maximus is Gold's swimmer of the meet! He tried two new SCY events (100 back and 100 breaststroke) and placed in the top 10 for all his events!

Jr. Varsity — Atlas Ivins

Atlas had a cracking meet! Swimming all but one best times (including an 8 second drop in the 100 fly) and winning 3 different events. Atlas has been showing some big improvements at practice and it really came out last weekend in the big pool. Congratulations Atlas and good luck for the season to come.

SWIMMERS OF THE MEET

Senior 1 — Enzo Stuppa

Enzo is back and he is back to drop time, make new times, improve on all his strokes, and make sure everyone knows what he's got to give to swimming. He had a smile on his face during the whole swim meet and even though he was a heat winner twice and got 2 new B-Times. He was still smiling after all his events and to the fact that he tried his best. We can't win them all, but he did try his best and I am so proud of him. I am very happy and excited to watch him swim in the upcoming meets.

Senior 2 — Anthony Zheng

Anthony recorded 3 PBs & all BB times. He finished Top 5 in all events, including a 1st place in the 100 BR! And he topped off the day with a Big 7 seconds drop in the 100 BR.

100% PERSONAL BEST TIMES

Julie Ayala, Shayan Bhakta, Zachary Brisbin,
Ollie Cano, Avery Cheng, Edison Cheng, Mason Cho, Lucy Chu,
Tanner Didinger, Taylor Didinger, Taylor Ehrmann, Yohann Elgozali,
Aaron Godoy, Estelle Henderson, Luke Jackson, Kai Karakas,
Veer Kidambi, Zoe Krojansky, Joie Lee, Emma Lenaghan, Addison Lydon,
Madeleine Moynan, Mirabelle Nakasone, Van Parker,
Ella Rances, Alyssa Roche, Kylie Roche,
Alyssa Sarian, Addie Shamban, Finley Slayman, Enzo Stuppa,
Hiromu Tanaka, Soleil Wicks, Brandon Yin

ALL-BUT-1 PERSONAL BESTS TIMES

Emily Chong, Lola Cohen, Kallen Hashimoto-Jones, Atlas Ivins,
Jiya Kidambi, Mia Kuwabara, Ophelia Landreth, Adeline Mattison,
Rikuto Nakajima, Aryana Patnekar, Lilia Priester, Ksenilia Rasskazova, Zoey Robinson,
Landon Schleicher, Rena Shieh, Runa Shieh, Cara Traylen, Anthony Zheng

TOP 10

TOTAL TIME DROPPED

(in seconds)

1. Edison Cheng (-36.75)
2. Yohann Elgozali (-35.60)
3. Taylor Ehrmann (-32.83)
4. Cara Traylen (-32.19)
5. Atlas Ivins (-27.81)
6. Veer Kidambi (-27.65)
7. Estelle Henderson (-22.37)
8. Joie Lee (-18.39)
9. Zoey Robinson (-17.49)
10. Landon Schleicher (-17.13)

EVENT WINNERS

Taylor Didinger ~ 25 Back, 25 BR, 25 Fly & 25 Free
Max Goldstein ~ 200 Free
Atlas Ivins ~ 100 Fly, 100 Free & 100 IM
Jiya Kidambi ~ 50 & 100 Free
Emma Lenaghan ~ 25 Back & 25 Free
Laine Pennington ~ 100 Back, 100 IM, 50 Back
Anthony Zheng ~ 100 BR