



2024 AAPI Lunar Festival Meet Recap

SWIMMERS OF THE MEET

Beach 3—Mateo Trombley

Mateo has been demonstrating tremendous focus in practice which is translating to faster swims across the board! He implemented the stroke corrections given to him perfectly this past weekend, achieving significant drops in both the 100 Free and 100 Fly. And talk about going above and beyond; Trombley took it upon himself to time trial the 200 Fly, swimming it for the first time and splitting it rather impressively! We are so proud of you Mateo! Keep up the great work!

Beach 5—Alejandro Safa

Alejandro raced like a man possessed last weekend in Mission Viejo. He broke the elusive 5 minute barrier in the 500 Free (dropping over 9 seconds) for the first time and nearly broke the 17 minute barrier in the 1650 Free (dropping over 30 seconds). These are two very notable achievements in our sport! He was victorious in two events in the 14 year old Boys age group: 1650 Free and 50 Back. His biggest relative improvement came in the 50 Fly, with a drop of nearly 3 seconds to go 27.59 and claim 3rd place. We had a feeling it would be a good weekend for Mr. Safa after he spent the week lighting it up at practice. Congratulations, Alejandro!

Senior 4—Heather O'Brien

Heather has been working super hard overcoming some injuries and was finally able to snag her first Sectional cut in the 100 Free. However she didn't just barely grab it she demolished the cut. She was also very close to snagging a time in the 200/500 Free as well. Her work in other strokes also paid off with a solid time drop in the 200 IM and 100 Fly.

Way to go, Heather!

High Performance—Delaney Herr

Delaney is one of BCS's hardest working athletes both in the pool and in the weight room, and her hard work paid off in a big way at the Lunar meet. She went a perfect 4-for-4 lifetime bests over her two days of racing and walked away with back-to-back event wins on Saturday night. Recently Delaney has really been focused on improving some of her weaker events, mainly longer distances and off strokes, and that focus led to monster 5+ second time drops in both the 200 Butterfly and 200 Breaststroke. She also got to show off her signature speed with a blazing 25.3 50 Backstroke!

Let's go, D!

100%

LIFETIME BESTS

Jake Everitt, Meagan Gordon, Delaney Herr, Hana Imai, Heather O'Brien, Alejandro Safa

ALL-BUT-1

LIFETIME BESTS

Anderson Bennett, Brooke Patel, Ben Schlehuber, Marcus Syring, Mateo Trombley, Josh Truong

TOP 10 TOTAL TIME DROPPED

(in seconds)

Alejandro Safa-47.91

Anderson Bennett-19.84

Tyson Imai-16.61

Penny Chiu-15.41

Marcus Syring-15.25

Delaney Herr-13.23

Jake Everitt-10.07

Mateo Trombley-9.98

Hana Imai-9.42

Brooke Patel-8.06

BCS EVENT WINNERS

Kotaro Bell

50 Backstroke

Bella Brito

100 Backstroke, 100 Freestyle, 200 IM

Isaac Chang

1000 Freestyle

Penny Chiu

50 Butterfly

Mikki D'Adamo

1650 Freestyle

Sarah Diethelm

100 Backstroke, 50 Freestyle

Jake Everitt

1000 Freestyle, 50 Freestyle

Meagan Gordon

200 IM

Delaney Herr

200 Butterfly, 50 Backstroke

Tyson Imai

50 Breaststroke

Zoey Lewis

1650 Freestyle

Alejandro Safa

1650 Freestyle, 50 Backstroke

Kayla Sun

200 IM, 50 Backstroke

Alex Thornton

100 Breaststroke