

April 29th - May 5th

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
ES INTRO to PC	ES 3:30-4:00p	ES 3:30-4:00p	ES 3:30-4:00p	ES 3:30-4:00p		R 3:30-4:00p	
ES WAHOO	ES 3:15-4:00p	ES 3:15-4:00p		ES 3:15-4:00p			
ES DOLPHIN	ES 3:00-4:00p	ES 3:00-4:00p		ES 3:00-4:00p			
WAHOO "A"	R 6:00-6:45p		ES 6:00-6:45p			R 3:15-4:00p	
WAHOO "B"	R 6:00-6:45p		ES 6:00-6:45p			R 3:15-4:00p	
WAHOO "C"	R 6:00-6:45p		ES 6:00-6:45p			R 3:15-4:00p	
DOLPHIN "A"	R 6:00-7:00p	ES 6:00-7:00p			R 7:10-8:10p		
DOLPHIN "B"			ES 7:00-8:00p		ES 6:00-7:00p	R 4:00-5:00p	
MARLIN "A"				R 5:45-6:45p	ES 6:00-7:00p	T 9:00-10:00a	
MARLIN "B"	ES 7:00-8:00p			ES 7:00-8:00p	ES 7:00-8:00p		
BEACH 1		ES 5:30-7:00p	ES 7:00-8:00p	ES 5:30-7:00p		T 8:30-10:00a	T 7:45-9:00a
BEACH 2	R 5:00-6:00p	ES 7:00-8:00p	ES 5:30-7:00p		R 5:45-7:10p	T 8:30-10:00a	
BEACH 3	R 4:45-6:00p	R 4:40-6:00p	ES 6:45-8:00p		ES 5:30-8:00p	R 1:20-3:15p	
BEACH 4	ES 5:30-7:00p	R 5:45-6:45p			ES 6:00-8:00p	R 1:30-3:30p	T 9:00-11:00a
BEACH 5		ES 6:45-8:00p	ES 5:15-8:00p	ES 6:45-8:00p	R 5:30-8:10p	T 9:45a-12:00p	T 9:00-11:00a
INTRO TO SENIOR			R 6:00-7:00p		ES 7:00-8:00p	R 4:00-5:00p	
SENIOR 1	ES 5:30-7:00p			ES 5:30-7:00p	ES 6:00-7:00p	R 1:30-3:15p	T 8:00-10:00a
SENIOR 2	ES 6:45-8:00p	R 5:30-7:00a Gym 4:30-5:30p	Gym 5:30-6:30p R 7:00-8:00p	R 5:30-7:00a		R 3:30-5:00p	T 7:00-9:00a
SENIOR 3	Gym 4:45-5:45p R 6:00-7:00p		R 5:45-8:00p	R 5:30-7:00a Gym 4:30-5:30p	ES 7:00-8:00p	T 10:00a-12:00p	T 7:00-9:00a
SENIOR 4	Gym 3:45-4:45p R 5:00-7:00p	ES 5:45-8:00p	Gym 4:30-5:30p R 6:00-8:00p	R 4:45-6:45p	R 6:00-8:10p		T 8:00-11:00a
HIGH PERFORMANCE	ES 5:30-8:00p	R 4:30-6:45p	R 5:15-8:00p	R 4:30-6:45p	R 5:30-8:10p		T 8:00-11:00a

T = TORRANCE UNIFIED AQUATIC CENTER

ES = CITY OF EL SEGUNDO WISEBURN UNIFIED SCHOOL DISTRICT AQUATICS CENTER

R = REDONDO UNION HIGH SCHOOL AQUATIC CENTER