What is USA Swimming (USS)?

USA Swimming (www.usaswimming.org) is the national governing body for competitive swimming in the United States. It is charged with the overall organization and operation of the sport within the country in accordance with the Amateur Sports Act. Within the United States there are fifty-nine Local Swimming Committees (LSC). Each LSC is responsible for administering USS activities in a defined geographical area and has its own set of bylaws under which it operates. Our LSC is Southern California Swimming (SCS). SCS has divided Southern California into six sections and the Crown City