

Attendance Policies

Practice

To be successful in swimming a commitment from both the parents and the athlete must be made. It is expected that you attend every practice and that it be on time. All coaches are requiring an on time start to practice. This means if dry land starts at 4:30 pm then we are starting the first exercise at exactly 4:30 pm. Walking on to the deck at 5:00 pm is unacceptable. It is unfair for both the coaches and other teammates when someone walks in late.

We understand that many of you have lives outside swimming and that, occasionally, something can come up that is out of your control. All we ask is that you communicate with the coaches. A verbal explanation or email explaining the absence or tardy will be enough.

Meet

To have a successful meet a swimmer must have enough time to check in and warm up before their race. Emails will be sent out 2 – 3 days prior to the first day of competition. These emails will contain meet information such as arrival times for families. Please be on time.

Contact coachscott@rosemeadrapids.org if you have questions.