

## It's About Time!

That's what the 2017 CA TYR Jessie Rees Turkey Classic meet was all about ... red **times** and blue **times**. Swimmers needed at least a red **time** to compete.

Thirteen (13) of our finest, die hard, fanatical swimmers, accompanied by their stalwart parents, took **time** out of their busy schedules to make it to back-to-back meets. *Joshua Audiss, Alexis Chion, Samantha Cummins, Alan DiBello, Michael DiBello, Vincent Frausto, Benjamin Jordan, Teagan O'Dell, Elizabeth Ortiz, Kayla Shin, Makaila Valenzona, Victoria Villarreal, and Madeline Wheeler* all swam for those hard to get WAG and Spring JO **times**.

### Swim of the Meet

*President Kennedy once said, "We choose to go to the moon ... not because they are easy, but because they are hard, because that goal will serve to organize and measure the best of our energies and skills, because that challenge is one we are willing to accept, one we are unwilling to postpone, and one we intend to win."*

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*Maddie Wheeler* chose to swim the mile, not because it was easy, but because it was hard, because that goal would challenge the best of her energies and skills, and because that challenge was one she was willing to accept. She completed the mile (1,650 yards or 66 laps) with a **time** of 21:38.23, and set a team record. And also achieved a USA Swimming 'BB' patch **time**! AWESOME! You go girl!

### Speaking Of Time

How many **times** have you heard your coach say, "if you make this little technical correction you will drop hundredths of a second!" To which you snicker and think, "that's not much **time**. What good will that do?" Well, ask *Alan DiBello* who just missed a 50 back Spring JO cut by .01, or one one-hundredths of a second! His comment, "next **time**".

### Personal Bests and New Time Cuts

These swimmers achieved new Personal Best **times**: *Samantha Cummins* (11-12 200 Free -7.85 and 11-12 50 Back -0.90); *Alan DiBello* (7-10 100 Back -0.68, 7-10 200 Free -5.20, and 7-10 50 Back -0.28 [**a new WAG time**]); *Michael DiBello* (11-12 50 Free -0.52 [**a new JO time**]); *Vincent Frausto* (11-12 100 Free -1.26, 11-12 200 IM -3.33 [**a new blue time**], 11-12 50 Back -8.63 [**a new blue time**]); *Benjamin Jordan*, (13-14 100 Free -1.86), *Teagan O'Dell*, (11-12 100 Breast -0.27); *Elizabeth Ortiz*, (13-14 50 Free -0.02); *Kayla Shin* (15 & Over 200 Breast -5.11 [**a new blue time**]); and *Makaila Valenzona* (11-12 100 Breast -0.18, 11-12 100 IM -0.86, and 11-12 200 IM -3.43).

### Team Records

**Time** after **time** these swimmers choose to shoot for the moon. New team record **times** were set by:

- ✓ *Josh Audiss* (15-18 200 Back with a **time** of 2:14.96);
- ✓ *Michael DiBello* (11-12 200 IM with a **time** of 2:21.68, 100 Back with a **time** of 1:06.81, and 100 Breast with a **time** of 1:13.70),
- ✓ *Teagan O'Dell* (11-12 50 Breast with a **time** of 35.82, and 100 Breast with a **time** of 1:17.68), and
- ✓ *Madeline Wheeler* (11-12 1650 Free with a **time** of 21:38.23).

### Awards and Points.

Our swimmers took home 23 medals and ribbons: 3 1<sup>st</sup> place, 7 2<sup>nd</sup> place, 3 3<sup>rd</sup> place, 6 4<sup>th</sup> place, 3 5<sup>th</sup> place, and 1 6<sup>th</sup> place. Click on Awards link to see a list of winners.

This meet also awarded points. **Michael DiBello** took top points with 26 points, **Vincent Frausto** was 2<sup>nd</sup> with 11 points, **Teagan O'Dell** was 3<sup>rd</sup> with 10 points, followed by **Makaila Valenzona** with 9 points, **Kayla Shin** with 9 points, **Benjamin Jordan** with 8 points, **Alan DiBello** with 7 points, **Samantha Cummins** with 5 points, **Alexis Chion** with 5 points, and **Joshua Audiss** with 3 points.

### IMX Challenge

*What seems impossible today will one day be your warm up. Your only limit is you.*

This meet featured a High Point IMX challenge.

*A high points IMX award will be made to the overall IMX female and male high point scorers in the following age groups: 5-9, 10, 11, 12*

*In order to receive an IMX score, a swimmer must legally swim each IMX event for his/her age level.*

*5-9 year olds; 10-year olds: 200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly*

*11-year olds; 12-year olds: 200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly*

**Michael DiBello** was positioned to win high points for 12 year olds but, as of this writing, we don't know the result.

### What is IMX and IMR?

Well, it's not a great big movie screen. It's even better!

**IMX** is USA Swimming's motivational program that allows swimmers across the nation to compare themselves to the thousands of other athletes of the same age. All you have to do is swim a combination of predetermined events, at least one time per season per age, and USA Swimming will automatically give you your ranking!

Each event has an assigned point value based on sex, age, and **time**. The faster you go, the higher the point value. The IMX(treme) events are:

- 9 & Under; 10-year olds: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
- 11-year olds; 12-year olds: 400 Free (LC) or 500 Free (SC), 100 Back, 100 Breast, 100 Fly, 200 IM
- 13, 14, 15, 16, 17, & 18-year olds: 400 Free (LC) or 500 Free (SC), 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM

Not quite IMX ready? Does 200 yards seem a bit much? Try the IMR(eady) challenge. **IMR** is the little brother of IM Xtreme, tailored toward the younger swimmers. IMR events are:

- 9 & Under; 10-year olds: 100 Free, 50 Back, 50 Breast, 50 Fly, 100 IM (SC) or 200 IM (LC)
- 11-year olds; 12-year olds: 200 Free, 50 Back, 50 Breast, 50 Fly, 100 IM (SC) or 200 IM (LC)
- 13, 14, 15, 16, 17, & 18-year olds: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM

### Here's your IMX, IMR Challenge

Every swimmer who meets the challenge and receives an IMX and/or IMR score by the end of the season will receive a USA Swimming IMX/IMR certificate and a special recognition award from your team. In order to get the score you must swim each event in your age group at least one time.

2017 CA TYR Jessie Rees Turkey Classic

*Shoot for the moon. Even if you miss, you'll land among the stars.* [Norman Vincent Peale](#)