### **Our 10 & Unders Shine**



Oh what a beautiful day! The sun was shining along with 11 of our up and coming champions.

Every champion was once a contender who never gave up.

### **Rising Star**

Congratulations to *Ianna Lin*. With 3 new red times *Ianna* becomes the newest member of the *Sharks TRAVEL TEAM*. She swam the 200 free for the first time, got a RED TIME (blew right by the white time) and earned both a B and BB patch! She swam both the 50 fly and the 100 IM for new RED TIMES and BB patches!

Best of all, *Ianna* now has 6 red events and 1 blue event she can pick from to swim in the upcoming Eastern Championship and BR (Blue/Red) meets.

#### **Outstanding Swims**

Kudos to *Damian Serna Arbow*, who had the BEST TOTAL TIME DROP (-26.95) and BEST SINGLE TIME DROP (5-8 100 Free -10.35). He also scored 3 new red times (5-8 50 Free, 5-8 25 Free, and 5-8 100 Free). Looks like we have a good candidate for our 7-10 relays. And *Damian* is now eligible to swim those 3 events in the upcoming Eastern Championships and BR meets.

Kudos also to *Jovee Andrade* who also achieved 3 new red times (5-8 50 Free, 5-8 100 Free, 5-8 25 Back). *Jovee* has 4 red times that qualify her to swim in the upcoming Eastern Championships and BR meets and is only 1 red time away from joining the Travel Team.

# **New Blue Times**

Alan DiBello (7-10 50 breast).

# New Red Times (BR qualifiers)

Jovee Andrade (5-8 50 Free, 5-8 100 Free, 5-8 25 Back); Chen, Ruoxi (Isabella) (5-8 25 Back, 5-8 25 Breast [first time swim]); Ianna Lin (7-10 200 Free [also a first time swim], 7-10 50 Fly, 7-10 100 IM); Damian Serna Arbow (5-8 50 Free, 5-8 25 Free, and 5-8 100 Free).

## **New WHITE Times (first time swims):**

Edie Miller (5-8 25 Fly), Mayumi Pedroche (7-10 100 IM, 7-10 200 Free [also a B time]).

This was *Keira Lorenzana's* first swim meet and she did very well (7-10 50 Back, 7-10 50 Free). Go Keira!

### **Total Time Drops:**

Damian Serna Arbow (-26.95); Jovee Andrade (-17.50); Edie Miller (-12.26); Ianna Lin (-11.36); Ruoxi (Isabella) Chen (-11.05); Lucas Chiang (-6.73); Mayumi Pedroche (-5.98); Alan DiBello (-4.53).

Go to Meet Results / Time Drops for details

#### **Awards**

Our swimmers placed in 48% of our teams total events.  $1^{st}$  place awards -6%;  $2^{nd}$  place awards -10%;  $3^{rd}$  place awards -6%;  $4^{th}$  place awards -12%;  $5^{th}$  place awards -8%; and  $6^{th}$  place awards -6%.

Awesome job kids!

Note: Pulling up your swim suit in the 100 fly to prevent embarrassment is a DQ. Just ask Alan!

Go to Meet Results / Awards for details

### **Points**

Points were not awarded at this meet.

### Wrap Up

Great job kids. Your team is very proud of you. Good luck to all the Hillside swimmers. Every red or blue time qualifies to swim in the upcoming Eastern Committee Championship meet at Mesa and the CCAQ JO BR Qualifier so commit now and swim like a SHARK!

It's six in the morning and you walk on the pool deck for meet warmups. You think to yourself, "Why am I even here? ... Showing up for practice EVERY DAY for what! This crazy sport called swimming?" But then you realize you can't imagine your life without this crazy sport ... The hectic meet warmups ... The insane coaches ... The walk behind the blocks for your first race ... Those annoying thoughts racing through your head on the blocks ... The mini heart attack you get when the referee blows the long whistle ... Your parents cheering you on ... And the moment you look up at the board and see your new best time ... The moment when you realize all your hard work, all your intense training, all those early mornings / afternoons / late nights are now ...

# **WORTH IT!**

# YOU ARE A COMPETITIVE SWIMMER!

# **Special Acknowledgement**

The award for dedication to the team goes to *Michelle Andrade* (Jovee's mom), who woke up Saturday morning with a badly swollen and infected left eye. Michelle had signed up for both Sat and Sun AM Timing Supervisor jobs. But, did she let a little thing like a medical emergency stop her from fulfilling her obligation to the team? Absolutely NOT! *Michelle* showed up, rounded up every timer, checked their names off the list, looked for them to remind them, checked to make sure they were in their assigned chair. Then, when the last timer (GMA Sherry/me) was seated, she headed off to an emergency doctor's appointment. I am happy to let everyone know she is on antibiotics and doing fine. Thank you for your tenacity Michelle!

## **An Historical Race**

Milorad Cavic (from Serbia) lost the Olympic Gold in the 100 Meter Butterfly by 0.01 (that's one, one hundredth of a second) to Michael Phelps in the most exciting swim ever! If you would like to see that event, log onto our web page ... go to the 'Athletes' tab ... go to the 'Technique Videos' page and click on 'Michael Phelps Most Phenomenal Swim Ever'. And while you are looking around, check out the other information on both the 'Athletes' and 'Parents' tab. Keep checking every so often ... we'll be adding additional information periodically.

Go Sharks!

**GMA Sherry**