

2018 HVDA LCM Meet Recap

Gorilla Wrestling

Accept the challenges so that you can feel the exhilaration of victory. (George Patton)

We had 30 swimmers accepting the challenge of the second LCM (Long Course Meters) meet of the season. And our swimmers rose to the challenge. Team records fell like leaves off a tree in fall and there were many new qualifying times.

OUTSTANDING SWIMS

Luke Pedroche, *Teagen O'Dell*, and *Ethan Lopez* all turned in amazing performances.

Luke had the **BEST TOTAL TIME DROP** of -61.97, set 3 **TEAM RECORDS**, and qualified for 4 more JAG events and 5 more Summer JO events.

Teagen had the **BEST SINGLE TIME DROP** of -25.28 (100 Fly), set 4 **TEAM RECORDS**, and qualified for 2 more JAG events and 2 more Summer JO events.

Ethan Lopez continues his quest towards those JO times with **FIRST TIME BLUE** swims in 3 events and a **FIRST TIME RED** swim in 1 event.

TEAM RECORDS

Joining the ranks of team record holders is *Nicholas Brock* who got his first **TEAM RECORD** in the 15 and Over 100 Breast.

Also joining the team record holders is *Arwen Castillo* for her role in the record breaking Mixed 400 Medley Relay.

Setting **TEAM RECORDS** are:

- *Samantha Cummins*, 11-12 Medley Relay
- *Michael DiBello*, Mixed 400 Medley Relay
- *Garret Dykier*, 400 IM, Mixed 400 Medley Relay
- *Vincent Frausto*, 200 Back
- *Teagan O'Dell*, 200 Breast, 200 IM, 11-12 Medley Relay
- *Rachel Oler*, Mixed 100 Medley Relay
- *Luke Pedroche*, 100 Free, 100 Back, 50 Back
- *Victoria Villarreal*, 11-12 Medley Relay
- *Madeline Wheeler*, 11-12 Medley Relay

TRAVEL TEAM

Welcome *Mayumi Pedroche* to the **TRAVEL TEAM**.

NEW JAG & JO CUTS

Nicholas Brock (JO 100 Breast); *Samantha Cummins* (JAG & JO 100 Fly); *Garrett Dykier* (JAG & JO 100 Fly, JAG & JO 50 Free, JO 200 Fly); *Teagan O'Dell* (JAG & JO 100 Fly, JAG & JO 200 IM); *Luke*

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Pedroche (JAG & JO 100 Back, JAG & JO 100 Free, JO 50 Back, JAG & JO 50 Fly, JAG & JO 50 Free); *Madeline Wheeler* (JAG 200 Free, JAG 400 Free)

TIME DROPS

Getting a white time for the first time means a swimmer now has a time to challenge them. As they get faster they move into Red times and when they get even faster they move into Blue times. When a swimmer can get a Red time for a First Time swim they are doing really well. When a swimmer gets a Blue time for a First Time swim it is incredible. We had a lot of swimmers getting First Time Red and First Time Blue times. Our team is really fast!

First Time Blue Times

These swimmers swam these events for the very first time and got **BLUE** times. Beyond amazing.

Samantha Cummins (200 Back); *Garrett Dykier* (400 IM); *Brooke Etter* (100 Back); *Ethan Lopez* (100 Back, 100 Free, 50 Fly); *Teagan O'Dell* (200 Back, 200 Breast).

New Blue Times

These swimmers improved the time of their events to **BLUE** times.

Kai Anolin (100 Back); *Nicolas Brock* (100 Back, 50 Free); *Samantha Cummins* (200 IM); *Garrett Dykier* (200 Breast); *Brooke Etter* (50 Fly); *Vincent Frausto* (50 Back); *XiaoRui Sun* (50 Free); *Victoria Villarreal* (200 Free); *Madeline Wheeler* (50 Fly).

First Time Red Times

These swimmers swam these events for the first time and got **RED** times. Great job!

Arwen Castillo (400 Free); *Kate Fassbinder* (100 Free); *Makayla Hatzfeld* (200 Free); *Ethan Lopez* (50 Breast); *Mayumi Pedroche* (50 Back, 100 Back, 200 Free); *Nikki Tse* (200 IM);

New Red Times

Arwen Castillo (50 Free, 100 Free, 200 Free, 200 IM); *Alan DiBello* (50 Free, 100 Free); *Paul McNaughton* (100 Breast); *Rachel Oler* (50 Free); *Luke Pedroche* (100 Breast, 50 Breast); *Nikki Tse* (50 Back, 50 Free, 100 Breast); *Rachel Yoon* (200 Free).

New White Times

These first time event swimmers are on the way:

Kate Fassbinder (100 Back, 50 Breast, 50 Fly); *Makayla Hatzfeld* (50 Breast); *Albert Ma* (100 Back); *Naiara Moses* (100 Fly, 100 Free, 200 IM); *Mayumi Pedroche* (50 Fly, 50 Free, 100 Free); *Zachary Woods* (100 Back)

AWARDS

We had 30 swimmers competing in 161 individual events and they placed in 47% (76) of those events.

1st place = 14 (18%); 2nd place = 16 (21%); 3rd place = 13 (17%); 4th place = 15 (20%); 5th place = 7 (9%); and 6th place = 11 (14%).

Blue Awards

- 1st: *Samantha Cummins* (100 Fly); *Teagan O'Dell* (100 Back, 200 IM); *Victoria Villarreal* (50 Free)

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- 2nd: *Alexis Chion* (200 Back); *Samantha Cummins* (50 Fly); *Garrett Dykier* (100 Free); *Brooke Etter* (100 Breast); *Teagan O'Dell* (200 Back, 50 Breast, 200 Breast); *Luke Pedroche* (50 Fly)
- 3rd: *Alexis Chion* (100 Back, 100 Breast); *Brooke Etter* (200 Breast); *Vincent Frausto* (200 Back); *Luke Pedroche* (100 Back); *Victoria Villarreal* (50 Back); *Madeline Wheeler* (200 Free)
- 4th: *Alan DiBello* (50 Back); *Luke Pedroche* (100 Free, 50 Back)
- 5th: *Brooke Etter* (50 Breast); *Makaila Valenzona* (100 Breast); *Victoria Villarreal* (100 Back, 100 Free)
- 6th: *Alan DiBello* (100 Back, 200 IM); *Michael DiBello* (200 Back); *Luke Pedroche* (100 Breast, 50 Free)

Red Awards

- 1st: *Nicholas Brock* (50 Free); *Alexis Chion* (100 Free); *Samantha Cummins* (200 IM); *Garrett Dykier* (100 Fly); *Luke Pedroche* (50 Fly); *Victoria Villarreal* (200 Free)
- 2nd: *Nicholas Brock* (100 Back); *Garrett Dykier* (200 Breast); *Madeline Wheeler* (50 Fly); *Rachel Yoon* (50 Free)
- 3rd: *Alexis Chion* (200 Free); *Vincent Frausto* (50 Back); *Albert Ma* (50 Free); *XiaoRui Sun* (100 Back)
- 4th: *Kai Anolin* (100 Back); *Alexis Chion* (200 IM); *Michael DiBello* (100 Free); *Brooke Etter* (50 Fly); *XiaoRui Sun* (200 Free); *Makaila Valenzona* (200 Breast)
- 6th: *Alan DiBello* (100 Breast); *Vincent Frausto* (50 Free)

White Awards

- 1st: *Nicholas Brock* (100 Breast); *Garrett Dykier* (200 Fly); *Rachel Yoon* (100 Breast, 200 Free)
- 2nd: *Arwen Castillo* (50 Free); *Ethan Lopez* (50 Fly); *Albert Ma* (100 Breast, 200 IM)
- 3rd: *Arwen Castillo* (100 Free); *Albert Ma* (100 Free)
- 4th: *Arwen Castillo* (200 IM); *Brooke Etter* (100 Back); *Ethan Lopez* (100 Free); *Albert Ma* (100 Back, 100 Breast); *Teagan O'Dell* (100 Fly)
- 5th: *Alan DiBello* (100 Free); *Garrett Dykier* (400 IM); *Paul McNaughton* (100 Breast)
- 6th: *Arwen Castillo* (200 Free); *Samantha Cummins* (200 back); *Rachel Oler* (50 Free); *Nikki Tse* (50 Back)

Relays

- 1st Place and **TEAM RECORD**: Girls 11-12 400 Medley Relay (*Madeline Wheeler, Teagan O'Dell, Samantha Cummins, Victoria Villarreal*)
- 1ST Place: Girls 13-14 400 Free Relay (*Samantha Ayesha Olivar, Makaila Valenzona, Rachel Oler, Arwen Castillo*)
- 1st Place and **TEAM RECORD**: Mixed 11-12 400 Medley Relay (*Michael DiBello, Rachel Oler, Arwen Castillo, Garrett Dykier*)

Points

Luke Pedroche, 114; *Alexis Chion*, 112; *Teagan O'Dell*, 106; *Garrett Dykier*, 102; *Samantha Cummins*, 101; *Albert Ma*, 96; *Victoria Villarreal*, 96; *Alan DiBello*, 87; *Brooke Etter*, 82; *Madeline Wheeler*, 77; *Arwen Castillo*, 67; *Nicholas Brock*, 57; *Rachel Yoon*, 57; *Vincent Frausto*, 56; *Makaila Valenzona*, 49; *Michael DiBello*, 43; *XiaoRui Sun*, 43; *Lopez, Ethan*, 42; *Jill Adams*, 32; *Rachel Oler*, 32; *Nikki Tse*, 31; *Paul McNaughton*, 27; *Kai Anolin*, 24; *Makayla Hatzfeld*, 19; *Zachary Woods*, 16; *Samantha Ayesha Olivar*, 12; *Kate Fassbinder*, 7; *Mayumi Pedroche*, 7; *Naiara Moses*, 2.

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TIME DROPS

Our swimmers had a total time drop of 421.6 minutes or 7 hours, 1.6 minutes. For a detailed listing of the time drops check out the 'Meet Performance' under the "Athletes tab / Meet Results".

LCM IMX(EXTREME) SCORES

IM Xtreme is a program that allows USA Swimming members to track their times against swimmers all across the nation! Just by swimming a specific program of events, you can see where you rank against your teammates, your region and yes, even across the USA!

NOT QUITE IMX READY? TRY THE IMREADY CHALLENGE!

IM Ready is the little brother of IM Xtreme, tailored toward our younger swimmers. Does 200 yards seem a little much? Then start getting "IM Ready" by swimming shorter distances, and keeping track of your improvements.

IMX – 9 year olds (Events: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM)

- *Alan DiBello* – 2065

IMX – 11 year olds (Events: 400 Free, 100 Back, 100 Breast, 100 Fly, 200 IM)

- *Teagan O'Dell* – 3614

IMX – 12 year olds (Events: 400 Free, 100 Back, 100 Breast, 100 Fly, 200 IM)

- *Madeline Wheeler* – 2411

IMX – 13 year olds (Events: 400 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM)

- *Michael DiBello* - 2488

IMX – 14 year olds (Events: 400 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM)

- *Garrett Dykier* - 2492

LCM IMR(READY) SCORES

IMR – 9 year olds (Events: 100 Free, 50 Back, 50 Breast, 50 Fly, 200 IM)

- *Alan DiBello* – 2200

IMR – 11 year olds (Events: 200 Free, 50 Back, 50 Breast, 50 Fly, 200 IM)

- *Teagan O'Dell* – 3755
- *Samantha Cummins* – 2802
- *Makayla Hatzfeld* - 1417

IMR – 12 year olds (Events: 200 Free, 50 Back, 50 Breast, 50 Fly, 200 IM)

- *Madeline Wheeler* – 2480
- *Vincent Frausto* – 1570
- *Ethan Lopez* - 1427

IMR – 13 year olds (Events: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM)

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- *Michael DiBello* – 2012
- *Rachel Oler* – 900
- *Paul McNaughton* – 673
- *Makalia Valenzona* - 641

IMR – 14 year olds (Events: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM)

- *Garrett Dykier* – 2337
- *Paul McNaughton* – 382

WRAP UP

“Success is a little like wrestling a gorilla. You don't quit when you're tired. You quit when the gorilla is tired.” (Robert Strauss)

It's easy to tell our kids don't quit until the gorilla is tired and, even then, they don't quit. I've been doing statistics for a couple of years and I've never seen so many First Time Red's and First Time Blue's. This attests to the level of commitment these kids (and their parents) have, and the determination these swimmers take to practice every day. It also attests to the quality of our coaches who prepare our swimmers to compete.

Did you know ... we have fifty-three (53) 13 and over swimmers but only 15 competed ... Only one (1) 7-10 boy competed ... Only two (2) 7-10 girls competed ... No 8 or under swimmers competed ... There are no more long course meets where White or NT (no time) swimmers can get times this season ... There are only 2 more short course meets where only R/W swimmers can get some times before the season is over, July 31. Based on the statistics I see, I'm sure we have a lot of hidden talent on this team. Can't wait until next season!

Q: Why did the elephants get kicked out of the swimming pool?

A: They kept dropping their trunks.

GO SHARKS!

GMA Sherry