

2018 Hill RW SC Meet Recap

Herding Cats

A dream doesn't become a reality through magic. It takes sweat, determination, and hard work. – (Colin Powell)

40 of our persevering swimmers showed up for the one day Red/White (RW) short course (SC) meet at Hill determined to achieve their dreams (aka goals). 25 of these swimmers were 10 and under. If you can imagine what would be like to herd cats, that's what it seemed like with little ones running around, playing and having a good time in between swims. Watching these little ones filled my heart with joy for they are so cute, energetic, motivated, and the future of our team. And I can attest to the fact that our parents are the best cat wranglers in all of Southern California Swimming (SCS). Not one of these little swimmers missed a race! Parents ... AMAZING!

RISING STAR

Speaking about the future of our team. **Jiashi (Josh) Pan**, 8, is our newest **RISING STAR**. Josh has been swimming for less than 6 months and he competed in the 25 Free, 25 Back, 25 Breast, and 25 fly. Not only did he successfully finish each race but he did it with an 'impressive' panache (grand style). Check out these accomplishments!

- 25 Free – **First time RED TIME**, 3rd place
- 25 Back – New White Time
- 25 Breast – **First time RED TIME**, 4th place, **# 4 on the All Time Top 10 list**
- 25 Fly – **First time RED TIME**, 3rd place, **# 4 on the All Time Top 10 list**

Watch out other teams in SCS, here comes **Jiashi**, aka Aquaman!

Team Records

Tristan Noel Flores continues to dominate the 8 and Under 100 Free, setting the **TEAM RECORD** in great style.

New Blue Times

Vincent Frausto (50 Free, 100 Free); **Makayla Hatzfeld** (100 Free) add to their portfolio of blue times.

New Red Times

Earning cuts for the Blue/Red (BR) meets are:

Kai Anolin (50 Breast, 50 Fly); **Dahlia Farahanchi** (25 Free, 25 Breast); **Kate Fassbinder** (50 Fly); **Dane Hartz** (50 Free); **Lucy Landherr** (50 Fly); **Paul McNaughton** (100 Breast); **Jiashi (Josh) Pan** (25 Free, 25 Breast, 25 Fly); **Ethan So** (25 Breast, 25 Free);

New White Times

These first time event swimmers are on the way to those higher cuts:

Dahlia Farahanchi (25 Back); **Darian Farahanchi** (50 Back, 50 Breast, 50 Free); **Anoushka Gowda** (25 Free, 25 Back, 25 Breast, 25 Fly); **Preston Hu** (50 Fly); **Isabella Le** (50 Breast); **Rachel Lee** (25 Back, 25

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Free); *Keira Lorenzana* (50 Back, 50 Fly, 50 Free); *Jiashi (Josh) Pan* (25 Back); *Sophia Pearson* (100 IM); *Maya Reiland* (50 Fly); *Jun Yi (Andrew) Sun* (25 Fly); *Kevin Zheng* (50 Breast).

AWARDS

Our 40 swimmers swam a total of 136 events (in one day) and took home 89 (67%) awards! 1st place = 22 (25%); 2nd place = 16 (18%); 3rd place = 28 (31%); 4th place = 8 (9%); 5th place = 7 (8%); and 6th place = 8 (9%).

Red Awards

- 1st: *Kai Anolin* (50 Back); *Alan DiBello* (100 Free, 200 Free, 50 Fly); *Kate Fassbinder* (100 Free); *Vincent Frausto* (100 Free, 50 Fly); *Makayla Hatzfeld* (100 Free, 200 Free); *Nathan Lee* (500 Free, 100 Fly);
- 2nd: *Vincent Frausto* (50 Breast); *Lucy Landherr* (50 Breast); *Paul McNaughton* (50 Free); *Nikki Tse* (50 Fly);
- 3rd: *Kate Fassbinder* (200 Free); *Blair Landherr* (100 Free); *Lucy Landherr* (100 IM); *Paul McNaughton* (100 Free); *Mayumi Pedroche* (50 Back); *Nikki Tse* (50 Back, 50 Breast, 50 Free);
- 4th: *Kate Alvarez* (50 Breast); *Vincent Frausto* (50 Free); *Makayla Hatzfeld* (50 Back); *Blair Landherr* (200 IM)
- 5th: *Kai Anolin* (50 Free); *Makayla Hatzfeld* (100 IM); *Mayumi Pedroche* (200 Free)

White Awards

- 1st: *Kai Anolin* (50 Fly); *Lucas Chiang* (25 Free); *Ayaan Chudasama* (25 Back, 25 Breast); *Mayumi Pedroche* (100 IM); *Lytic Radke* (25 Back, 25 Breast);
- 2nd: *Kate Alvarez* (100 Free); *Lucas Chiang* (25 Breast, 25 Fly); *Dane Hartz* (50 Free); *Blair Landherr* (200 Free); *Paul McNaughton* (100 Breast); *Lytic Radke* (25 Free); *Ethan So* (25 Free).
- 3rd: *Jovee Andrade* (100 IM); *Lucas Chiang* (100 IM); *Ayaan Chudasama* (25 Fly, 25 Free); *Dahlia Farahanchi* (25 Free); *Tristan Noel Flores* (25 Breast); *Lucy Landherr* (50 Fly); *Jiashi Pan* (25 Fly, 25 Free); *Sophia Pearson* (50 Back); *Lytic Radke* (25 Fly); *Christian Urena* (50 Free)
- 4th: *Benson Chuang* (50 Back); *Tristan Noel Flores* (100 Free); *Jiashi Pan* (25 Breast); *Kevin Zheng* (50 Free)
- 5th: *Jovee Andrade* (50 Back); *Kate Fassbinder* (50 Back, 50 Fly); *Blair Landherr* (100 Back)
- 6th: *Jovee Andrade* (100 Free); *Dahlia Farahanchi* (25 Breast); *Tristan Noel Flores* (25 Fly); *Dane Hartz* (100 Free, 50 Fly); *Preston Hu* (50 Breast); *Mayumi Pedroche* (50 Fly); *Christian Urena* (100 Back)

Relays

- 1st Place: Female 11-12 200 Free Relay (*Soraya Corydon*; *Samantha Lee*; *Sophia Pearson*; *Nikki Tse*)
- 2nd Place: Mixed 11-12 200 Free Relay (*Kai Anolin*; *Vincent Frausto*; *Makayla Hatzfeld*; *Lucy Landherr*)
- 3rd Place: Mixed 5-8 100 Free Relay (*Ayaan Chudasama*; *Anoushka Gowda*; *Rachel Lee*; *Ethan So*)

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- 3rd Place: Mixed 7-10 200 Free Relay (*Alan DiBello; Kate Fassbinder; Mayumi Pedroche; Damian Serna Arbow*)

No points were awarded at this meet.

TIME DROPS

BEST TOTAL TIME DROP goes to *Sophia Pearson* (-33.79) along with the **BEST SINGLE TIME DROP** (100 Free -20.28).

Our swimmers had a total time drop of 213.50 minutes or 3 hours, 33.5 minutes. Pretty good for a one day meet.

Sophia Pearson (-33.79); *Colin Mulqueen* (-12.81); *Christian Urena* (-12.75); *Kate Alvarez* (-10.34); *Isabella Le* (-9.57); *Ayaan Chudasama* (-9.20); *Kai Anolin* (-8.95); *Soraya Corydon* (-7.88); *Keira Lorenzana* (-7.57); *Kevin Zheng* (-7.50); *Preston Hu* (-7.40); *Maya Reiland* (-6.96); *Damian Serna Arbow* (-6.89); *Mayumi Pedroche* (-6.08); *Ethan So* (-5.59); *Kate Fassbinder* (-5.55); *Lucas Chiang* (-5.32); *Blair Landherr* (-5.14); *Tristan Noel Flores* (-5.12); *Paul McNaughton* (-5.05); *Vincent Frausto* (-4.32); *Makayla Hatzfeld* (-4.03); *Dane Hartz* (-3.87); *Samantha Lee* (-3.57); *Daulton Lista* (-3.48); *Lucy Landherr* (-3.34); *Lyric Radke* (-3.19); *Nathan Lee* (-2.58); *Nikki Tse* (-1.53); *Jovee Andrade* (-1.34); *Alan DiBello* (-1.12); *Jun Yi (Andrew) Sun* (-1.12); *Edie Miller* (-0.55).

WRAP UP

Believe in yourself and the rest will fall into place. Have faith in you own abilities, work hard, and there is nothing you cannot accomplish. (Brad Henry)

Our swimmers have been working hard all season and their hard work is reflected in the statistics. These statistics, records, helpful articles, etc are available to everyone on our web page. Every swimmer with access to a cell phone, iPad, computer, etc can view a lot of interesting and valuable information. Parents, point your swimmers to the information ... and check it out yourself.

Go to www.chinohillsaquatics.com.

Under the Athletes tab there are:

- Shark of the Week
- Scholar Athletes
- Team Records
- Time Standards (includes links to: Far Westerns, USA Motivational, Western Zone, Seniors, Futures, etc.)
- Top Times / Travel Team (includes 'at a glance' performance for every swimmer on the team; Best times for this season for every swimmer; All Time Top 10 Best Times)
- IMR/IMX Scores
- Meet Results for each meet
- Technique Videos (we add to this as we find helpful videos)
- Stuff You Should Know (articles and other helpful articles for the swimmer + parents)

Under the Parents tab are:

- Swim Meet Info

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- Tech Suit Policy
- About USA Swimming (How USA Swimming is organized and the path to the Olympics chart)
- Definitions and Terms
- Timing Chair 'How-To': (Everything you ever needed to know about timing chair duty)
- Gold Group Vision
- For Your Information: (All kinds of valuable articles and information for swim parents.)

Everyone can also read the news articles and view scheduled meets.

Swimming Fact #1:

Non-Swimmer: "You're so lucky, you can never get hurt while swimming".

Swimmer: "Obviously you've never seen a meet warm-up".

GO SHARKS!

GMA Sherry