

# 2018 STAR Meet Recap

## The End is Only the Beginning

*Every day is a new beginning ... take a deep breath and begin again.*

The Star meet ended the season for all our swimmers except the Junior Olympians. And I want to personally thank Head Coach Becky for giving me the privilege of keeping track of our swimmer's performances. When I joined the team she asked if I could take on the tedious, difficult and maybe even boring task of recording the swimmer stats. Boring? NO WAY! Numbers always tell a story. All one has to do is look. Every swim meet, every stat told a different story about our fabulous team. Every swim meet brought anticipation and joy to see which of our swimmers challenged themselves to achieve new personal bests; who accomplished the seemingly impossible; and who exceeded all expectations to become our Rising Stars.

### *Star Meet*

We had 33 red / white swimmers show up to swim 158 events for their last chance to get some new short course personal best times as they concluded the 2017-2018 season. OK, are you ready for the story?

It's the end of a long season ... kids are exhausted...parents are wore out...coaches are looking forward to a few weeks off... and everybody is eagerly anticipating a vacation before school starts and we begin our 2018-2019 season. Nevertheless, 30 or 91% of our swimmers achieved personal best times. 109 or 69% of the 158 events were personal bests. Our kids achieved 16 new WHITE times, 25 new RED times (6 were **FIRST TIME RED TIMES**), 9 new BLUE times (3 were **FIRST TIME BLUE TIMES**). And 17 of our swimmers were getting ready for JO.

These numbers are pretty darn good! In fact, these numbers have been consistent all season. Swimmers continuing to 'skip' white times, 'skip' white and red times, even 'skip' red, white, and blue times, and achieving a high percentage of personal best times ... is NOT the norm. At the beginning of the season we can attribute these numbers to a bit of rest and rejuvenation. But achieving these stats all season long goes way beyond R & R.

These numbers tell the story of the dedication and hard work of our amazing swimmers, the commitment of our amazing parents, and the excellence of our amazing coaching staff. It's called a **TEAM!** This past season our **TEAM** has elevated their meet performance and other teams are starting to take notice. Our **TEAM** placed 4<sup>th</sup> in total points at the Star meet and is moving up with the best in the Eastern Committee. **GO TEAM!**

### *Notable Swims*

**Celina Pan**, a committed swimmer from China who swims with us every summer qualified in 3 **JO events** (50 Free, 50 Breast, 100 Breast).

**Ayaan Chudasama** swam the 50 Back to a new short course **TEAM RECORD**. He picked up a **FIRST TIME RED TIME** for his 100 Free, and **NEW RED TIMES** for his 25 Breast, 25 Fly, 25 Free, 100 IM. All 8 events were personal best times! What's really cool ... **Lucas Chiang** set the team record for the Long Course 50 Back at the meet the week before. Now both boys, who have challenged each other all season long, both hold a 50 Back team record.

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**Kai Anolin** dropped a whopping -56.04 seconds in his 100 Fly to win **BEST SINGLE TIME DROP** as well as **BEST TOTAL TIME DROP** (-58.04). Just WOW! And his 200 IM was a **FIRST TIME BLUE TIME!**

**Kate Fassbinder** dropped an amazing -45.33 seconds, swam 8 events and got personal bests in every one. She got **NEW RED TIMES** for her 100 Breast, 100 Fly, 50 Fly and **NEW BLUE TIMES** for her 200 Free, 50 Back, and 100 Back.

## *New White, Red, and Blue Times*

**FIRST TIME RED TIME:** **Arwen Castillo** (200 Fly); **Lucas Chiang** (50 Back); **Ayaan Chudasama** (100 Free); **Sophia Pearson** (100 Breast); **Mayumi Pedroche** (100 Fly); **Nijal Suthar** (100 Breast).

**FIRST TIME BLUE TIME:** **Kai Anolin** (200 IM); **Nijal Suthar** (50 Free, 100 Free).

**NEW WHITE TIME:** **Manal Ahmed** (50 Back, 200 Free); **Dahlia Farahanchi** (100 Back); **Darian Farahanchi** (100 Back); **Isabella Ferrari** (100 Back); **Rachel Lee** (100 Breast, 100 Free, 50 Fly); **Samantha Lee** (100 Back); **Zakary Mokdad** (200 Free); **Sophia Pearson** (100 Fly); **Lyric Radke** (100 IM); **Damian Serna Arbow** (100 Back); **Eliana Shin** (100 IM, 200 Free); **Yimo Zou** (500 Free).

**NEW RED TIME:** **Jovee Andrade** (25 Breast); **Kai Anolin** (100 Fly); **Arwen Castillo** (100 Breast); **Lucas Chiang** (50 Free); **Ayaan Chudasama** (25 Breast, 25 Fly, 25 Free, 100 IM); **Kate Fassbinder** (100 Breast, 100 Fly, 50 Fly); **Joshuah Jauregui** (100 Breast, 100 Free, 200 Back); **Zixuan (Celina) Pan** (50 Fly); **Sophia Pearson** (100 Back, 50 Back); **Yimo Zou** (100 Free, 200 Breast).

**NEW BLUE TIME:** **Kate Fassbinder** (200 Free, 50 Back, and 100 Back); **Zixuan (Celina) Pan** (100 Free, 200 Free, **Mayumi Pedroche** (50 Back); **Nikki Tse** (100 IM).

## *Awards*

### *1<sup>st</sup> Place*

- **Kai Anolin** 11-12 100 Fly, 200 Free, 200 IM
- **Arwen Castillo** 13-14 100 Breast
- **Lucas Chiang** 5-8 100 Free, 100 IM, 50 Fly
- **Ayaan Chudasama** 5-8 100 IM, 50 Back, 50 Free
- **Kate Fassbinder** 7-10 100 Back, 200 Free, 50 Back
- **Joshuah Jauregui** 13-14 100 Breast, 100 Free
- **Fan-Yu Liang** 15 & Over 200 IM
- **Zixuan (Celina) Pan** 11-12 100 Breast, 100 Free, 100 IM, 50 Back, 50 Breast, 50 Free
- **Nijal Suthar** 15 & Over 100 Free, 50 Free
- **Yimo Zou** 13-14 500 Free

### *2<sup>nd</sup> Place*

- **Arwen Castillo** 13-14 200 Fly
- **Lucas Chiang** 5-8 25 Fly, 50 Back, 50 Free
- **Ayaan Chudasama** 5-8 100 Free, 25 Breast, 25 Fly, 50 Breast
- **Joshuah Jauregui** 13-14 100 Back
- **Fan-Yu Liang** 15 & Over 100 Fly

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- **Albert Ma** 15 & Over 200 Breast, 200 Free
- **Zixuan (Celina) Pan** 11-12 200 Free, 50 Fly
- **Sophia Pearson** 11-12 100 Back
- **Mayumi Pedroche** 7-10 100 Fly
- **XiaoRui Sun** 15 & Over 100 Back
- **Nijal Suthar** 15 & Over 100 Breast
- **Nikki Tse** 11-12 200 IM
- **Yimo Zou** 13-14 100 Free

### *3<sup>rd</sup> Place*

- **Jovee Andrade** 5-8 100 Free, 25 Breast
- **Kai Anolin** 11-12 50 Breast
- **Lucas Chiang** 5-8 50 Breast
- **Ayaan Chudasama** 5-8 25 Free
- **Kate Fassbinder** 7-10 100 Fly
- **Joshuah Jauregui** 13-14 200 Back, 50 Free, 500 Free
- **Fan-Yu Liang** 15 & Over 200 Back
- **Albert Ma** 15 & Over 100 Breast 200 IM
- **Edie Miller** 5-8 25 Breast
- **Mayumi Pedroche** 7-10 100 Free, 50 Back
- **Nikki Tse** 11-12 100 IM, 3
- **Yimo Zou** 13-14 200 Breast, 3

For places 4-6 see the Meet Results under the Athletes tab on our web site.

### *Points*

**Zixuan (Celina) Pan** 142, **Lucas Chiang** 90, **Nikki Tse** 86, **Ayaan Chudasama** 86, **Kate Fassbinder** 75, **Arwen Castillo** 70, **Joshuah Jauregui** 66, **Albert Ma** 51, **Kai Anolin** 50, **Mayumi Pedroche** 34, **Jovee Andrade** 33, **Fan-Yu Liang** 28, **Kayla Shin** 23, **Nijal Suthar** 22, **Yimo Zou** 21, **Lyric Radke** 14, **Elizabeth Ortiz** 12, **Sophia Pearson** 7, **Edie Miller** 6, **XiaoRui Sun** 6, **Reese Tiang** 5, **Damian Serna** 1, **Arbow** 1

### WRAP UP

*Every story has an ending, but in life, every ending is a new beginning.*

As the season ends, all the data is in and all stats have been updated. You can check out your swimmers performance for the season on our web page:

### *Under the Athletes tab*

Note: Swimmers have access to all this information, they do not need to log on. Have them become familiar with this data.

**Team Records:** The records for each gender, age group, event since the team began.

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**Time Standards:** Note: SCS time standards are under review and should be finalized around the end of September. USA Motivational time standards are good until 2020. All other time standards for the championship and other meets are defined by the host LSC or team and will be posted as soon as they are available.

**Top 10 Times / Performance:** The performance spreadsheets give a picture of each swimmer best times, meet performance, and season points. The top 10 times are the 10 best times for each event by gender / age group since the inception of the team.

**Season Best Times:** This is a compilation of EVERY best time for each swimmer during the season. Check the 2017-2018 for your swimmer to see where they ranked. These times are now in PDF format and you can download for your swimmers scrapbook.

**IMR/IMX Scores:** This table contains the final IMX and IMR times for the season.

**Meet Results 2017-2018:** All the gory details (stats) for each meet during the season.

**Gold / Platinum Agreements:** These are the goals agreed to by each swimmer.

**Technique Videos:** Recommended videos to help your swimmer visualize what the coaches are training them to do. Videos are added periodically so keep checking back.

**Articles and Other Good Stuff:** Check them out.

## *Under the Parents tab*

**Policies:** Team policies will be posted here as they become available.

**Swim Meet Info:** Everything the parents need to know about swim meets including a Swim Meet Parents Guide, SCS Swim Guide and Rules Book, Championship meet schedule, Eastern Geo-Committee meet schedule for the remainder of 2017-2018 and 2019. *Note: Attendance at all championship meets is mandatory for all swimmers who qualify. Please keep this in mind when scheduling vacations.*

**About USA Swimming:** How USA swimming is organized and where our team fits and how swim meets are organized.

**Definitions and Terms:** It's the 'lingo' of swimming.

**Timing Chair How-To:** A quick tutorial for timing chairs.

**For Your Information:** Articles of interest to parents (and swimmers)

There's a lot of information available so check it out. If there is something you are curious about and can't find it, let me know and I'll do the research.

GO SHARKS!

GMA Sherry