# **RST – Creating Masterpieces!**

Make each day your masterpiece (John Wooden).

Please pardon this news being so late. We've been working very hard on a project with important possibilities for the future of our team so getting the news out may take a little longer than usual. But we just have to feature our remarkable swimmers.

The 2018-2019 season got off to a great start in September at the Redlands meet (RST). We had the largest turnout of swimmers ever, 79, for a team participation of 48.5%. Sharks were everywhere and making a statement. Even our newest, first time swimmers showed we are becoming a team to be reckoned with.

## **OUTSTANDING SWIMS**

Every once in a while a swimmer seems to create masterpieces in the pool. At this meet there were several swimmers who just blew it away (and blew my mind).

*Luke Pedroche*, Platinum, who just aged up to 13-14, had 2 FIRST TIME swims and got WAG cuts in BOTH the 200 Back and 1,000 Free. For those who aren't familiar with time standards, aging up from 11-12 to 13-14 is a significant jump in times and finds many 13 year old swimmers in a state of shock when they see how much time they need to drop to get those championship cuts. Not only that, WAG (Winter Age Group championships) and Spring JO (Junior Olympics) are some of the toughest cuts to get. And Luke got 3 (include the 100 Back in his WAG count). Oh yeah, that 1,000 free was also a TEAM RECORD.

This was the first, ever in his life, competitive swim meet for *Jayden Pak*, Silver, and he got 2 FIRST TIME EVER RED TIMES ... 100 Back and 50 Free. Supercalifragilisticexpialidocious!

**Regan Tatgenhorst**, Bronze Elite, swam in her very first competitive meet and picked up 2 FIRST TIME EVER RED TIMES ... 25 Back, 25 Free. In addition she was on the 8 & Under 100 Free Mixed Relay team that set a new TEAM RECORD and took 1<sup>st</sup> place. Now that's a way to start a season.

*Maddie Wheeler* swam perhaps the most difficult of all events, the 400 IM, for the FIRST TIME and got a WAG qualifying time. Not only that she placed 2<sup>nd</sup> behind a 16 year old! My brain just exploded!!! You go girl!

### FIRST TIME SWIMMERS

These first time ever swimmers are our future champions. We know they are dedicated and work hard. Well done to: *Katie Ramirez* (50 Free, 100 Free, 100 Back); *Valerio Salazar* (50 Free, 100 Free, 200 Free, 100 Back); *Aidan Martin* (50 Free, 100 Free, 50 Back); *Zekiah Serrano* (50 Free, 100 Free, 50 Fly); *Taylor Tatgenhorst* (50 Free, 100 Free, 50 Back); *Siya Agarwal* (25 Back, 25 Free); *Reese Chen* (50 Free, 100 Free); *Ryan ZH Chen* (50 Free, 100 Free, 50 Back); *Kieran Martin* (50 Free, 50 Back).

# **FIRST TIMES**

Swimming an event for the first time can be a challenge, even though a swimmer has done it hundreds of times in training. Somehow getting up on the block with a NT (no time) can be butterflies in the stomach. A thousand 'what if's', 'remember the coach said...', 'hope I don't lose count of the laps', and 'don't forgets' can go through the swimmer's mind between the time the referee says, "take your mark" and the

horn goes off. But once the swimmer is in the water the butterflies leave, the stroke becomes routine, and they are now competing ... because they've spent countless hours in the pool and that's what they've been trained to do.

So we acknowledge our swimmers who brave the butterflies to challenge themselves and create their own masterpieces. We also acknowledge our coaches who give them the paint and canvas to create with.

### **New White Times**

Completing an event for the first time earns the swimmer at least a white time. Time standards for our area are determined by our Local Swimming Committee (LSC), Southern California Swimming (SCS). The SCS Time Standards can be found on our web site under the Athletes Tab. These swimmers earned their very first white times in these events and are on their way:

Sean Chen (100 back, 100 IM); Ayaan Chudasama (50 fly); Aeden Crain (200 IM); Isabella Le (100 Back, 100 Breast, 100 IM); Daulton Lista (100 IM); Keira Lorenzana (100 Breast); Edie Miller (100 Free, 100 Back, 50 Breast, 50 Fly); Zakary Mokdad (100 Fly); Jayden Pak (100 Free); Jiashi/Josh Pan (50 Back, 50 Fly. 100 Breast, 100 IM); Sophia Pearson (200 Free, 200 Fly); Ethan So (100 Back); Jun Yi/Andrew Sun (25 Breast, 100 Free); Mittal Suthar (100 Fly, 200 Free, 200 IM); Preston Tsai (100 Free, 50 Fly); Yik Ning/Neil Xu (100 Back); Kevin Zheng (200 Free)

# **First Time Red Times**

As the swimmers drop time they will get a 'red' time. On rare occasions a swimmer will swim an event so fast the first time they blow right by the white time to move into the red time group. Red times can qualify a swimmer for the more advanced swim meets called Blue/Red (BR) meets. These swimmers did just that and can now compete these events at the next level:

Makayla Hatzfeld (200 back); XiaoRui/Sean Sun (200 IM); Nijal Suthar (100 Fly); Yimo Zou (100 Breast).

### **First Time Blue Times**

As swimmers work harder and get even faster they move into the Blue times group. These swimmers pulled off the amazing feat of getting a Blue time on their very first swim in their event:

Brooke Etter (200 Breast); Teagan O'Dell (200 Back); Victoria Villarreal (200 Back).

## **NEW TIMES**

By showing up at practice and working hard these swimmers are consistently improving their masterpieces.

Races are not won at a meet, they are won during practice.

## **New Red Times**

Yuta/Roy Ioriya (50 Fly, 100 Free); Joshuah Jauregui (50 Free); Joshua Jenkins (100 Back); Noah Jung (100 Breast, 100 Free); Sophia Pearson (50 Breast, 100 IM, 200 IM); Mayumi Pedroche (50 Fly); Sofia Salas (100 Back, 200 IM); Jun Yi/Andrew Sun (25 Back).

## **New Blue Times**

Jill Adams (100 IM, 200 IM, 500 Free); Kai Anolin (50 Breast, 100 IM); Arwen Castillo (400 IM); Makayla Hatzfeld (500 Free, 200 IM); Joshuah Jauregui (100 Back); Blair Landherr (200 Back); Nathan Lee (100 Breast, 100 Free, 50 Free, 200 IM); Ethan Lopez (50 Breast); XiaoRui/Sean Sun (100 Back); Nikki Tse (100 Breast, 200 IM).

### **New Senior Times**

Senior times are not determined by age. There is one time for each Women's SCY or LCM event and each SCY or LCM Men's event. These times are geared for the 15 and over swimmers, however, any swimmer who can make the cut can swim the Senior meets. Our new Senior qualifying events are:

Teagan O'Dell (200 Free, 500 Free, 200 Back, 200 IM).

### **CHAMPIONSHIP QUALIFIERS**

# New WAG Qualifiers

Kai Anolin (50 Free, 50 Back, 100 Back); Jesie Castaneda (200 Free. 500 Free); Samantha Cummins (50 Free, 500 Free, 200 IM); Alan DiBello (100 Breast, 200 IM); Brooke Etter (100 IM); Kate Fassbinder (50 Free); Lucy Landherr (50 Breast); Nathan Lee (100 Back); Ethan Lopez (50 Back, 100 Back); Rachel Oler (100 Breast); Victoria Villarreal (100 Back);

#### **New Spring JO Qualifiers**

Jesie Castaneda (500 Free); Samantha Cummins (100 Fly, 100 Free, 500 Free); Brooke Etter (100 Breast); Teagan O'Dell (100 Fly)

### **PERSONAL BESTS and DROPS:**

BEST SINGLE TIME DROP goes to Jesie Castaneda for her 11-12 500 Free (-48.16).

BEST TOTAL TIME DROP goes to Sam Cummins (-64.07).

**Travel Team:** We had 2 swimmers joining the Travel Team: **Jesie Castaneda** and **Sophia Pearson** 

**<u>Time Drops:</u>** Our team had a total time drop of -1,049.70.

A complete listing of all time drops can be viewed on the web under Athletes / Meet Results 2018-2019

### **TEAM RECORDS:**

Set goals that, when you set then, you think they're impossible. (Katy Ledecky)

- Alexis Chion: 15 & Over 100 Back
- Ayaan Chudasama: 8 & Under 25 Back
- *Alan DiBello*: 9-10 200 IM
- Michael DiBello: 13-14 200 Back, 100 Breast, 200 Breast
- Brooke Etter: 11-12 200 Breast
- Tristan Noel Flores: 8 & Under 50 Breast
- Teagan O'Dell: 11-12 50 Free, 200 Free, 500 Free, 200 Back, 50 Fly, 100 Fly, 200 IM
- *Rachel Oler:* 13-14 100 Breast, 200 Breast
- *Luke Pedroche*: 13-14 1000 Free

A printable list of all team records can be located on the web site under the 'Athletes' Tab / Team Records.

### **AWARDS & POINTS**

No points were awarded at this meet.

Our swimmers brought home an amazing 265 medals and ribbons. Wow! That's a lot of work for the coaches to sort out. Our kids swam a total of 384 events which means a whopping 69% of the swimmer events were in 1<sup>st</sup> thru 6<sup>th</sup> place. Total awards tally was: 66 1<sup>st</sup> place, 62 2<sup>nd</sup> place, 49 3<sup>rd</sup> place, 38 4<sup>th</sup> place, 33 5<sup>th</sup> place and 17 6<sup>th</sup> place.

That's way too many to list so check out the list of awards on the web page under Athletes / Meet Results.

#### **RELAYS**

Relays are fun and exciting events for both kids and the parents. When meets run late or weather gets bad very often relays get eliminated. But not at this meet. Our team competed in 14 relays.

#### Records

## TEAM RECORDS were set by

- Girls 15-18 200 Medley Relay Alexis Chion, Rachel Yoon, Nijal Suthar, Kayla Shin
- Mixed 8 & Under 100 Free Relay Ayaan Chudasama, Jovee Andrade, Reagan Tatgenhorst, Tristan Noel S Flores

# **Awards**

Our relays dominated the competition placing in 12 out of 14 relays.

# 1st Place

- Female 11-12 200 Free Relay Samantha Cummins, Brooke Etter, Lucy Landherr, Teagan
- Female 11-12 200 Medley Relay Teagan O'Dell, Sophia Pearson, Makayla Hatzfeld, Lucy Landherr
- Female 13-14 200 Medley Relay Victoria Villarreal, Rachel Oler, Madeline Wheeler, Arwen Castillo
- Female 15 & Over 200 Medley Relay Alexis Chion, Kayla Shin, Nijal Suthar, Rachel Yoon
- Male 11-12 200 Free Relay Kai Anolin, Isaac Jung, Yuta Ioriya, Ethan Lopez,
- Male 11-12 200 Medley Relay Kai Anolin, Vincent Frausto, Ethan Lopez, Jayden Pak
- Male 13-14 200 Medley Relay Nathan Lee, Michael DiBello, Luke Pedroche, Joshua Jenkins
- Mixed 5-8 100 Free Relay Reagan Tatgenhorst, Ayaan Chudasama, Jovee Andrade, Tristan Noel Flores

# 2<sup>nd</sup> Place

- Female 11-12 200 Free Relay Jill Adams, Sophia Pearson, Nikki Tse, Makayla Hatzfeld
- Female 11-12 200 Medley Relay Jill Adams, Brooke Etter, Samantha Cummins, Samantha
- Mixed 7-10 200 Free Relay Kate Fassbinder, Jiashi Pan, Mayumi Pedroche, Alan DiBello

 Mixed 7-10 200 Medley Relay - Mayumi Pedroche, Alan DiBello, - Kate Fassbinder, Damian Serna Arbow

# **WRAP UP**

The 2018-2019 swim season has begun in fine style as our swimmers begin their masterpieces. Just remember, no masterpiece was ever created the first time. Even Da Vinci didn't create masterpieces without a lot of commitment, challenges, and hard work.

So, let's celebrate our masterpieces as they work to progress throughout this season and bring their very best to each practice and each meet.

GO SHARKS

**GMA Sherry**