MESA -Last Ditch WAG

Nothing makes a person more productive than the last minute"

I'm still trying to catch up. Here's the Mesa meet recap. Just before a championship meet it's pretty common to have a "last ditch" meet. Mesa was the last chance for our Blue / Red swimmers to get those Winter Age Group (WAG) qualifying times. For the age group swimmers, WAG and Spring JO cuts are the most difficult to get in So Calif Swimming.

38 of our swimmers went all out swimming 147 events in an effort of get those cuts. Getting 16 NEW WAG cuts were:

- *Alexis Chion* (15 & Over 100 Back);
- Samantha Cummins (11-12 50 Breast);
- *Alan DiBello* (5-10 50 Free);
- *Michael DiBello* (13-14 200 IM, 50 Free);
- Garrett Dykier (13-14 100 Breast);
- Vincent Frausto (11-12 200 Free, 50 Fly);
- *Nathan Lee* (15 & Over 100 Back);
- *Ethan Lopez* (11-12 200 Free, 100 Fly);
- Teagan O'Dell (Open 1000 Free);
- *Luke Pedroche* (13-14 50 Free);
- *Mayumi Pedroche* (5-10 200 Free);
- Victoria Villarreal (13-14 200 IM, 200 Breast)

NEW TIMES

These swimmers swam their hearts out and elevated their times to the next level.

New Spring JO Cuts

Ethan Lopez (11-12 100 Free)

New Blue Times

Nikki Tse (11-12 500 Free – FIRST TIME BLUE TIME); Ella Ibay (11-12 50 Breast, 50 Free); Joshuah Jauregui (13-14 200 Back); Sophia Pearson (11-12 50 Back); Mayumi Pedroche (5-10 100 IM); Rachel Yoon (15 & Over 100 Free).

New Red Times

Samantha Lee (11-12 50 Back, 50 Free); Kevin Zheng (5-10 50 Back); Sophia Pearson (11-12 500 Free);

TEAM RECORDS

- Alexis Chion (15 & Over 100 Back);
- Ayaan Chudasama (5-10 100 Back);
- Garrett Dykier (13-14 100 Breast);
- *Nathan Lee* (Open 200 Breast);
- *Teagan O'Dell* (11-12 100 Free, 50 Free, 1000 Free);

TIME DROPS

BEST TOTAL TIME DROP goes to *Sophia Pearson* (-68.18) which included BEST SINGLE TIME DROP of (-31.06) for her 11-12 500 Free.

Vincent Frausto (-28.54); Victoria Villarreal (-13.44); Luke Pedroche (-11.66); Ella Ibay (-11.1); Mayumi Pedroche (-10.9); Joshuah Jauregui (-10.81); Kevin Zheng (-10.14); Ethan Lopez (-8.81); Garrett Dykier (-8.47); Yimo Zou (-6.95); Lucy Landherr (-6.91); Samantha Olivar (-4.8); Madeline Wheeler (-4.54); Rachel Yoon (-3.89); Jovee Andrade (-3.44); Nathan Lee (-3.27); Alan DiBello (-3.15); Joshua Jenkins (-2.92); Lucas Chiang (-2.85); Michael DiBello (-2.35); Samantha Lee (-2.35); Jill Adams (-2.04); Teagan O'Dell (-1.88); Jun Yi/Andrew Sun (-1.55); Nikki Tse (-1.55); Alexis Chion (-1.54); Kate Fassbinder (-1.41); Fan-Yu/Elaine Liang (-1.31); Samantha Cummins (-1.07); Brooke Etter (-1.02); Kai Anolin (-0.84); Makayla Hatzfeld (-0.3); Ayaan Chudasama (-0.28); Arwen Castillo (-0.25).

AWARDS & POINTS

Our 38 swimmers, competing in 147 events, brought home 83 awards. 14 1st place, 19 2nd place, 20 3rd place, 10 4th place, 10 5th place, and 10 6th place. Very well done!

1st place

- Ayaan Chudasama (5-10 50 Breast);
- Garrett Dykier (13-14 100 Breast);
- *Brooke Etter* (11-12 100 Breast);
- Vincent Frausto (11-12 200 Back);
- Joshuah Jauregui (13-14 200 Back);
- Samantha Lee (11-12 50 Back, 50 Free);
- *Fan-Yu/Elaine Liang* (15 & Over 100 Free);
- *Teagan O'Dell* (11-12 100 Free, 50 Free, 1000 Free);
- Mayumi Pedroche (5-10 100 IM);
- Sofia Salas (13-14 100 Breast);
- Victoria Villarreal (13-14 200 IM)

2nd place

- *Kai Anolin* (11-12 50 Back);
- *Lucas Chiang* (5-10 50 Breast);
- Samantha Cummins (11-12 100 IM, 50 Breast);
- Alan DiBello (5-10 200 Free);
- *Michael DiBello* (13-14 200 Back);
- Brooke Etter (11-12 50 Fly);
- Vincent Frausto (11-12 50 Fly);
- Makayla Hatzfeld (11-12 500 Free);
- *Ella Ibay* (11-12 50 Free);
- Nathan Lee (15 & Over 100 Back, 200 Breast);
- *Ethan Lopez* (11-12 100 Free, 200 Free);
- Sophia Pearson (11-12 50 Back);
- *Mayumi Pedroche* (5-10 200 Free);
- *Nikki Tse* (11-12 100 Back);
- *Rachel Yoon* (15 & Over 200 Free);
- *Kevin Zheng* (5-10 100 Free)
- 3rd Place
 - Arwen Castillo (13-14 100 Fly, 200 Fly);
 - Alexis Chion (15 & Over 100 Back);
 - Ayaan Chudasama (5-10 50 Back, 50 Fly, 50 Free);
 - Alan DiBello (5-10 50 Breast);

- *Michael DiBello* (13-14 200 IM);
- *Kate Fassbinder* (5-10 50 Free);
- *Ella Ibay* (11-12 100 Free, 50 Breast);
- Joshuah Jauregui (13-14 100 Free);
- Joshua Jenkins (13-14 100 Fly);
- *Lucy Landherr* (11-12 100 Back);
- *Ethan Lopez* (11-12 100 Fly);
- Samantha Olivar (13-14 100 Back);
- Sophia Pearson (11-12 100 Breast, 400 IM);
- *Luke Pedroche* (13-14 100 Fly);
- Mayumi Pedroche (5-10 50 Fly)

4TH Place

- Jill Adams (11-12 50 Back);
- Lucas Chiang (5-10 50 Back);
- Alan DiBello (5-10 100 IM, 50 Free);
- *Ella Ibay* (11-12 100 IM);
- *Lucy Landherr* (11-12 100 Free);
- Nathan Lee (15 & Over 100 Breast);
- Sophia Pearson (11-12 100 Free);
- *Nikki Tse* (11-12 500 Free);
- Victoria Villarreal (Open 200 Breast)

5th Place

- *Kai Anolin* (11-12 100 IM);
- *Michael DiBello* (13-14 50 Free);
- *Brooke Etter* (11-12 50 Back);
- Vincent Frausto (11-12 100 Free, 200 Free);
- *Lucy Landherr* (11-12 100 IM);
- Sophia Pearson (11-12 100 IM, 200 IM, 500 Free);
- Yimo Zou (13-14 100 Breast)

6th Place

- Joshuah Jauregui (13-14 100 Back);
- *Ethan Lopez* (11-12 50 Breast);
- Sophia Pearson (11-12 50 Breast);
- Mayumi Pedroche (5-10 100 Free);
- *Kayla Shin* (15 & Over 100 Breast);
- Nikki Tse (11-12 50 Fly);
- Victoria Villarreal (13 & Over 500 Free, 100 Free);
- Madeline Wheeler (13-14 100 Back, 200 Breast)

POINTS

Points were not awarded at this meet.

WAG QUALIFIERS

Congratulations to our individual WAG qualifiers:

Jill Adams, Kai Anolin, Jesie Castaneda, Alexis Chion, Samantha Cummins, Alan DiBello, Michael DiBello, Garrett Dykier, Brooke Etter, Kate Fassbinder, Vincent Frausto, Lucy Landherr, Nathan Lee,

Ethan Lopez, Teagan O'Dell, Rachel Oler, Luke Pedroche, Mayumi Pedroche, Makaila Valenzona, Victoria Villarreal, Madeline Wheeler.

And congratulations to our WAG Relay Qualifiers:

Arwen Castillo, Sean Chen, Marian Farag, Makayla Hatzfeld, Daniel Hsieh, Ella Ibay, Josh Jauregui, Joshua Jenkins, Noah Jung, Blair Landherr, Samantha Lee, Elaine Liang, Sam Olivar, Jayden Pak, Josh Pan, Sophia Pearson, Sofia Salas, Daman Serna Arbow, Zeke Serrano, Kayla Shin, Nigal Suthar, Nikki Tse, Kevin Yang, Norton Yang, Rachel Yoon, Kevin Zheng, Yimo Zou.

Several people have asked how we qualify championship relay teams. There are 2 different ways ... Hard Cuts and Soft Cuts. The qualifying times for these cuts are different. Hard Cuts are usually faster than the Soft Cuts.

<u>Hard Cuts</u>: are relay teams that compete in a swim meet and get a time equal to or better than the qualifying Hard Cut. The same 4 swimmers qualify.

Soft Cuts: are relay teams where the best times from 4 swimmers are added together to qualify using the Soft Cut time standard. At least one of the relay swimmers must have an individual cut.

There are a few more rules about how many soft cut relay teams can be entered along with hard cut relay teams.

WRAP UP

"Success is the sum of small efforts – repeated day in and day out." (Robert Collier)

Kind of sounds like training doesn't it? Small efforts in technique, endurance, strength during practice plus sheer determination add up to making those last minute championship cuts.

GO SHARKS

GMA Sherry