

2019 November YST BRW Meet

YST BRW Meet – Relays

This is why relays are so important, because you can find more in yourself for someone else than what you can ever find for yourself. (Ian Thorpe)

Relays. ... Let's talk about relays! Swimming is pretty much an individual sport ... that is, until it comes to relays! There is nothing more exciting than the anticipation, the noise, the screaming, the hollering, the cheering, and the high 5'ing that comes along with the relays. Four (4) swimmers coming together for "the team" ... each one swimming a personal best for "the team".

So, here's a few things to know about relays.

1. For the "normal" meets the coaches can pre-assign relay teams ... BUT ... these teams may change "on deck". Coaches put the 'final' teams together within the first couple of hours of each session based on the swimmers who are present. Then they enter and PAY for them.
2. If a swimmer, who is assigned to a relay, leaves the meet BEFORE the relay the other 3 swimmers who are anxiously anticipating the relay CANNOT swim. The account of the swimmer who left can be charged for the relay entry fee.

RULE: NEVER leave the meet without first checking with the coach to see if your swimmer has been assigned to a relay!

3. One swimmer on each relay team will be handed a relay document by the coach that shows the swimmers, the order they are to swim, and their heat and lane assignment. ALL relay swimmers need to find their team one event BEFORE the relays are to begin and be ready to go.
4. For championship meets, (WAG, JAG, JO, Far Western) relays **MUST BE QUALIFIED** and are pre-entered! Coaches will contact championship relay swimmers and alternates for their commitment to participate. Failure to show up means the relay, or relays, may not be able to compete! Not only can the account be fined and required to pay the entry fee, "the team" loses the opportunity to put other teams on notice ... "we are the SHARKS and we rock".
5. Four (4) times a season the Eastern Committee hosts its own "championship" meets. Teams compete for bragging rights as the "best team in the committee". Points are awarded based on place. Relays count DOUBLE points. Last season our team WON ALL 4 EASTERN COMMITTEE CHAMPIONSHIPS. In several cases the relays made the difference!

NOTABLE SWIMS

Madison Falls, Bronze Elite, has been quietly accumulating red times but she exploded into the spotlight at this meet achieving 100% personal bests, dropping -29.21 seconds, placing in the top 6 **AWARDS** in 7 out of 8 events, placing **3rd in POINTS** with 124, getting a **FIRST TIME RED TIME** for her 100 Breast and getting 2 more **RED TIMES** for her 100 Free and 100 IM. She is one to watch. (No pressure).

Dahlia Farahanchi, Silver, is also quietly accumulating red times, placing in the top 6 **AWARDS** in 5 of her events, picking up 2 more **RED TIMES** for her 50 Back and 50 Fly plus swimming to a **BLUE TIME** for her 50 Breast. She also placed 16th in **POINTS** with 92.

Nohely Lopez, Titanium, broke 5 out of 6 TEAM RECORDS! See below. She was on fire! (and that's hard to do in water).

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TEAM RECORDS

Individual Team Records

- *Ayaan Chudasama* (7-10 100 Back, 100 Breast, 50 Breast);
- *Garrett Dykier* (Open 1650 Free);
- *Christopher Haygood* (Open 1000 Free);
- *Nathan Lee* (Open 200 Breast);
- *Nohely Lopez* (15 & Over 100 Breast, 200 Free, 200 IM, 200 Back, 200 Breast, 500 Free);
- *Teagan O'Dell* (13-14 200 Free, 1650 Free, 200 Breast, 500 Free);
- *Luke Pedroche* (Open 1650 Free)

Relay Team Records

- Girls 13-14 200 Medley: *Victoria Villarreal, Teagan O'Dell, Samantha Cummins, Jesie Castaneda*
- Boys Open 400 Free: *Garrett Dykier (15); Michael DiBello (14), Luke Pedroche (14); Beaver Haygood (17)*

NEW TIMES

We had 69 swimmers competing in 351 events. 12 Titanium; 12 Platinum, 18 Gold, 15 Silver, 6 Bronze Elite, 6 Bronze. Just look at all these new times

First Time WAG Times:

- *Samantha Cummins* (Open 1650 Free);
- *Michael DiBello* (Open 1650 Free);
- *Garrett Dykier* (Open 1650 Free);
- *Christopher Haygood* (Open 1000 Free);
- *Joshuah Jauregui* (Open 1650 Free);
- *Luke Pedroche* (Open 1650 Free);
- *Victoria Villarreal* (Open 1650 Free)

New WAG Times

Jill Adams (13-14 100 Back), *Kai Anolin* (13-14 200 IM, 500 Free); *Jesie Castaneda* (13-14 100 Back); *Samantha Cummins* (13-14 100 Breast, 500 Free); *Michael DiBello* (Open 500 Free); *Brooke Etter* (13-14 50 Free); *Joshuah Jauregui* (Open 200 Breast, 500 Free); *Ethan Lopez* (13-14 200 IM); *Victoria Villarreal* (Open 500 Free); *Madeline Wheeler* (13-14 200 IM).

First Time Blue Times:

- *Jill Adams* (Open 200 Fly);
- *Alan DiBello* (Open 200 Back);
- *Brooke Etter* (Open 200 Back);
- *Christopher Haygood* (Open 500 Free)

New Blue Times

Jill Adams (Open 500 Free); *Alan DiBello* (11-12 200 IM); *Dahlia Farahanchi* (7-10 50 Breast); *Makayla Hatzfeld* (Open 500 Free); *Samantha Lee* (11-12 100 Back, 50 Free); *Jennifer Liang* (11-12 200 IM, 50 Fly); *Jacqueline Shen* (Open 500 Free); *Norton Yang* (13-14 200 IM, 50 Free).

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First Time Red Times

- *Madison Falls* (7-10 100 Breast);
- *Christopher Haygood* (Open 200 Breast);
- *Cristian Ruvalcaba* (Open 400 IM);
- *Eros Santana* (11-12 50 Back)

New Red Times

Gabriel Allen (15 & Over 100 Back); *Sean Chen* (11-12 50 Back); *Madison Falls* (7-10 100 Free, 100 IM); *Dahlia Farahanchi* (7-10 50 Back, 50 Fly); *Sofia Salas* (Open 200 Breast); *Damian Serna Arbow* (7-10 200 IM); *Taj Seton* (11-12 100 Back); *Eliana Shin* (11-12 200 Free); *Reagan Tatgenhorst* (7-10 100 Free, 50 Breast); *Taylor Tatgenhorst* (11-12 100 IM); *Jacob Trujillo* (13-14 200 Free); *Wangqiao (James) Xu* (13-14 200 IM); *Kevin Yang* (15 & Over 100 Free, 200 IM)

New White Times

Sean Chen (11-12 100 Breast); *Chiio Li* (13-14 100 Breast); *Austin McDermott* (11-12 100 Breast, 100 Free, 50 Back, 50 Fly); *Eros Santana* (11-12 100 Breast, 100 IM, 50 Breast, 50 Fly, 50 Free); *Emma Strand* (7-10 100 Free); *Kevin Yang* (Open 500 Free); *Mason Zhu* (7-10 200 Free).

First Time SprJO

- *Luke Pedroche* (Open 1650 Free);
- *Victoria Villarreal* (Open 1650 Free).

New SprJO

- *Kai Anolin* (Open 200 Fly);
- *Michael DiBello* (Open 500 Free);
- *Luke Pedroche* (Open 400 IM);
- *Victoria Villarreal* (13-14 100 Breast);

New Far West Times

- *Victoria Villarreal* (Open 200 Breast);

New Senior Times

- *Samantha Cummins* (13-14 200 IM);
- *Victoria Villarreal* (13-14 100 Breast).

TIME DROPS

	# Group Swimmers	# Attending Meet	% of Group Attend	# Dropping Time	% of Group Dropping Time	Total Time Drops - Meet	Avg Drop Per Grp/ Swimmer	% of Drops by Group
Titanium	12	12	100%	10	83%	-85.18	-7.10	14%
Platinum	18	12	67%	12	100%	-121.42	-10.12	20%
Gold	33	18	55%	18	100%	-155.07	-8.62	26%
Silver	35	15	43%	13	87%	-145.01	-9.67	24%
Bronze Elite	23	6	26%	6	100%	-56.54	-9.42	9%
Bronze	51	6	12%	5	83%	-35.15	-5.86	6%
	172	69		64		-598.37		

BEST TOTAL TIME DROP goes to *Damian Serna Arbow* with an amazing (-43.7).

BEST SINGLE TIME DROP goes to *Michael DiBello* (500 Free -30.12).

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Congratulations to these time drops:

Kai Anolin (-32.45); *Michael DiBello* (-30.12); *Madison Falls* (-29.21); *Wangqiao (James) Xu* (-29.11); *Jacqueline Shen* (-25.61); *Chloe Hong* (-23.46); *Nohely Lopez* (-23.43); *Kevin Yang* (-21); *Joshuah Jauregui* (-15.57); *Mason Zhu* (-14.77); *Aidan Martin* (-14.74); *Nicole Zhang* (-13.23); *Darian Farahanchi* (-12.97); *Jacob Trujillo* (-12.83); *Dahlia Farahanchi* (-12.75); *Jill Adams* (-12.31); *Mandy Huang* (-11.55); *Taylor Tatgenhorst* (-11.5); *Victoria Villarreal* (-11.3); *Sophia Pearson* (-11.28); *Alan DiBello* (-10.78); *Noel Barbero* (-10.5); *Kevin Zheng* (-9.73); *Reagan Tatgenhorst* (-8.43); *Makayla Hatzfeld* (-8.16); *Kieran Martin* (-7.99); *Samantha Lee* (-7.63); *Norton Yang* (-7.58); *Luke Pedroche* (-7.48); *Andrew Tuason* (-7.43); *Eros Santana* (-7.04); *Yik Ning (Neal) Xu* (-6.91); *Ethan So* (-6.25); *Sofia Salas* (-5.93); *Samantha Cummins* (-5.58); *Colin Martin* (-4.78); *Ayaan Chudasama* (-4.63); *Joshua Jenkins* (-4.25); *Lukas Avellaneda* (-4.02); *Diana Dira* (-3.99); *Jennifer Liang* (-3.92); *Emma Strand* (-3.91); *Madeline Wheeler* (-3.69); *Knox Strand* (-3.52); *Cristian Ruvalcaba* (-3.17); *Eliana Shin* (-3.14); *Ethan Lopez* (-3.01); *Kate Fassbinder* (-2.88); *Sean Chen* (-2.73); *Kate Alvarez* (-2.64); *Gabriel Allen* (-2.61); *Mayumi Pedroche* (-2.12); *Brooke Etter* (-1.87); *Taj Seton* (-1.7); *Garrett Dykier* (-1.55); *Nathan Lee* (-1.04); *Jesie Castaneda* (-0.9); *Vincent Frausto* (-0.76); *Preston Hu* (-0.57); *Dominic Lee* (-0.35); *Yimo Zou* (-0.22); *Nailyn Lopez* (-0.09).

AWARDS

Our swimmers brought home **194** awards. **36** 1st place, **38** 2nd place, **33** 3rd place, **35** 4th place, **28** 5th place, and **24** 6th place. Congrats to our award winners.

1ST Place

- *Kai Anolin* (Open 200 Fly);
- *Sean Chen* (11-12 50 Back);
- *Ayaan Chudasama* (7-10 100 Back);
- *Samantha Cummins* (13-14 100 Back, 50 Free);
- *Alan DiBello* (11-12 200 IM, 50 Fly);
- *Michael DiBello* (13-14 100 Back, 100 Breast, 200 Breast);
- *Garrett Dykier* (15 & Over 200 Free, 1650 Free);
- *Madison Falls* (7-10 100 IM);
- *Chloe Hong* (7-10 100 Free, 200 Free);
- *Dominic Lee* (11-12 50 Free);
- *Nathan Lee* (15 & Over 100 Breast);
- *Jennifer Liang* (11-12 50 Fly);
- *Ethan Lopez* (13-14 100 Fly);
- *Nohely Lopez* (15 & Over 200 IM, 200 Back);
- *Teagan O'Dell* (13-14 100 Free, 200 Free, 1650 Free, 200 Breast);
- *Sophia Pearson* (11-12 50 Free);
- *Damian Serna Arbow* (7-10 200 IM, 500 Free);
- *Jun Yi (Andrew) Sun* (5-8 100 IM);
- *Reagan Tatgenhorst* (7-10 50 Breast);
- *Taylor Tatgenhorst* (11-12 100 IM);
- *Victoria Villarreal* (13-14 100 Breast, 200 IM);
- *Yik Ning (Neal) Xu* (7-10 50 Breast);
- *Norton Yang* (13-14 50 Free);
- *Nicole Zhang* (5-8 50 Back).

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2nd Place

- *Gabriel Allen* (15 & Over 100 Free);
- *Jesie Castaneda* (13-14 100 Back);
- *Samantha Cummins* (13-14 200 IM);
- *Alan DiBello* (11-12 100 IM, 50 Breast);
- *Garrett Dykier* (15 & Over 100 Breast);
- *Madison Falls* (7-10 100 Back);
- *Dahlia Farahanchi* (7-10 50 Back, 50 Breast, 50 Fly);
- *Chloe Hong* (7-10 50 Fly);
- *Nathan Lee* (15 & Over 100 Back, 200 Breast);
- *Samantha Lee* (11-12 100 Back);
- *Jennifer Liang* (11-12 100 IM, 200 IM);
- *Ethan Lopez* (Open 200 Fly);
- *Nohely Lopez* (15 & Over 100 Back, 200 Free);
- *Teagan O'Dell* (Open 500 Free);
- *Luke Pedroche* (13-14 200 Free, 1650 Free);
- *Mayumi Pedroche* (11-12 50 Fly);
- *Sofia Salas* (13-14 200 Free, 200 IM);
- *Eros Santana* (11-12 100 Free, 50 Back);
- *Damian Serna Arbow* (7-10 200 Free);
- *Jun Yi (Andrew) Sun* (5-8 50 Fly);
- *Reagan Tatgenhorst* (7-10 50 Back);
- *Victoria Villarreal* (13-14 200 Free, 1650 Free, 200 Breast);
- *Yik Ning (Neal) Xu* (7-10 100 Back, 100 IM, 50 Back);
- *Kevin Yang* (15 & Over 100 Free);
- *Kevin Zheng* (11-12 100 Breast).

3rd Place

- *Jill Adams* (Open 200 Fly);
- *Gabriel Allen* (15 & Over 200 Free);
- *Jesie Castaneda* (13-14 100 Fly);
- *Ayaan Chudasama* (7-10 50 Back);
- *Michael DiBello* (13-14 100 Free);
- *Brooke Etter* (13-14 50 Free);
- *Madison Falls* (7-10 100 Breast, 100 Free);
- *Christopher Haygood* (Open 1000 Free);
- *Chloe Hong* (7-10 50 Back);
- *Mandy Huang* (15 & Over 100 Breast);
- *Joshuah Jauregui* (Open 1650 Free);
- *Dominic Lee* (11-12 50 Breast);
- *Nathan Lee* (15 & Over 200 IM);
- *Jennifer Liang* (11-12 100 Back);
- *Ethan Lopez* (13-14 100 Back, 200 IM);
- *Nohely Lopez* (15 & Over 100 Breast);
- *Aidan Martin* (Open 200 Fly);
- *Colin Martin* (11-12 50 Breast);
- *Kieran Martin* (7-10 100 IM, 200 Free);

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- *Cristian Ruvalcaba* (13-14 100 Breast);
- *Eros Santana* (11-12 50 Breast, 50 Fly);
- *Taj Seton* (11-12 100 IM);
- *Jun Yi (Andrew) Sun* (5-8 100 Free);
- *Taylor Tatgenhorst* (11-12 100 Fly);
- *Jacob Trujillo* (13-14 200 Free);
- *Yik Ning (Neal) Xu* (7-10 50 Fly, 50 Free);
- *Kevin Yang* (15 & Over 100 Fly, 200 IM).

4th Place

- *Gabriel Allen* (15 & Over 100 Back, 100 Fly);
- *Kai Anolin* (13-14 200 IM);
- *Lukas Avellaneda* (11-12 100 Breast);
- *Ayaan Chudasama* (7-10 50 Breast);
- *Samantha Cummins* (13-14 100 Breast, 200 Free, 1650 Free);
- *Michael DiBello* (Open 1650 Free);
- *Garrett Dykier* (Open 200 Breast);
- *Madison Falls* (7-10 50 Breast, 50 Free);
- *Dahlia Farahanchi* (7-10 100 IM);
- *Kate Fassbinder* (11-12 100 Breast);
- *Christopher Haygood* (Open 500 Free);
- *Chloe Hong* (7-10 100 IM);
- *Nailyn Lopez* (15 & Over 50 Free, 200 Fly);
- *Kieran Martin* (7-10 50 Free);
- *Luke Pedroche* (13-14 100 Free, 400 IM);
- *Taj Seton* (11-12 100 Back);
- *Jun Yi (Andrew) Sun* (5-8 50 Back);
- *Reagan Tatgenhorst* (7-10 100 Back, 100 Free, 100 IM, 50 Free);
- *Taylor Tatgenhorst* (11-12 50 Breast);
- *Victoria Villarreal* (13-14 100 Fly);
- *Yik Ning (Neal) Xu* (7-10 100 Free);
- *Norton Yang* (13-14 100 Free, 200 Free, 200 IM);
- *Mason Zhu* (7-10 200 Free);
- *Yimo Zou* (15 & Over 100 Breast);

5th Place

- *Gabriel Allen* (15 & Over 100 Breast);
- *Jovee Andrade* (7-10 50 Back);
- *Kai Anolin* (13-14 200 Free);
- *Lukas Avellaneda* (11-12 100 Free);
- *Ayaan Chudasama* (7-10 100 IM, 50 Free);
- *Kate Fassbinder* (11-12 200 Free);
- *Vincent Frausto* (13-14 50 Free);
- *Chloe Hong* (7-10 50 Free);
- *Samantha Lee* (11-12 200 IM);
- *Nailyn Lopez* (15 & Over 100 Breast, 100 Fly);
- *Aidan Martin* (13-14 100 Free);
- *Kieran Martin* (7-10 50 Breast);

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- *Luke Pedroche* (13-14 50 Free);
- *Eros Santana* (11-12 100 Back, 100 IM);
- *Damian Serna Arbow* (7-10 100 IM);
- *Jacqueline Shen* (Open 400 IM);
- *Eliana Shin* (11-12 200 Free);
- *Knox Strand* (5-8 25 Free);
- *Madeline Wheeler* (13-14 100 Breast, 200 IM, 200 Back, 200 Breast);
- *Wangqiao (James) Xu* (13-14 100 Back, 200 IM);
- *Yimo Zou* (Open 200 Breast);

6th Place

- *Jill Adams* (13-14 100 Back);
- *Jesie Castaneda* (Open 1000 Free);
- *Alan DiBello* (11-12 50 Back);
- *Michael DiBello* (Open 500 Free);
- *Madison Falls* (7-10 50 Back);
- *Darian Farahanchi* (11-12 50 Breast);
- *Kate Fassbinder* (11-12 100 Back, 50 Back);
- *Makayla Hatzfeld* (13-14 50 Free);
- *Chloe Hong* (7-10 100 Breast, 50 Breast);
- *Mandy Huang* (15 & Over 50 Free);
- *Joshuah Jauregui* (13-14 100 Back);
- *Joshua Jenkins* (13-14 100 Fly);
- *Nohely Lopez* (Open 200 Breast);
- *Sofia Salas* (Open 200 Back);
- *Damian Serna Arbow* (7-10 100 Free, 50 Fly);
- *Ethan So* (7-10 100 Breast);
- *Reagan Tatgenhorst* (7-10 100 Breast);
- *Taylor Tatgenhorst* (11-12 50 Fly, 50 Free);
- *Victoria Villarreal* (Open 500 Free);
- *Wangqiao (James) Xu* (13-14 200 Free);

POINTS

We had a total of 4,049 points! That's really astounding! **TOP POINTS** goes to *Yik Ning (Neal) Xu* with 130. Followed by:

Chloe Hong (128); *Madison Falls* (124); *Reagan Tatgenhorst* (121); *Victoria Villarreal* (119); *Eros Santana* (117); *Samantha Cummins* (114); *Damian Serna Arbow* (113); *Alan DiBello* (109); *Nohely Lopez* (108); *Ayaan Chudasama* (105); *Michael DiBello* (104); *Taylor Tatgenhorst* (103); *Jennifer Liang* (97); *Teagan O'Dell* (97); *Dahlia Farahanchi* (92); *Luke Pedroche* (89); *Nathan Lee* (87); *Kieran Martin* (84); *Gabriel Allen* (82); *Madeline Wheeler* (80); *Nailyn Lopez* (76); *Norton Yang* (76); *Wangqiao (James) Xu* (73); *Garrett Dykier* (72); *Kate Fassbinder* (71); *Ethan Lopez* (69); *Jun Yi (Andrew) Sun* (68); *Joshuah Jauregui* (65); *Kai Anolin* (61); *Aidan Martin* (55); *Cristian Ruvalcaba* (52); *Sean Chen* (50); *Kate Alvarez* (49); *Makayla Hatzfeld* (49); *Samantha Lee* (49); *Sofia Salas* (49); *Kevin Yang* (49); *Jesie Castaneda* (46); *Jill Adams* (45); *Christopher Haygood* (45); *Joshua Jenkins* (41); *Mayumi Pedroche* (40); *Jacob Trujillo* (39); *Lukas Avellaneda* (36); *Dominic Lee* (36); *Jacqueline Shen* (36); *Taj Seton* (35); *Eliana Shin* (35); *Yimo Zou* (33); *Sophia Pearson* (32); *Nicole Zhang* (31); *Brooke Etter* (29); *Vincent Frausto* (29); *Mandy Huang* (29); *Mason Zhu* (26); *Diana Dira*

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(23); *Darian Farahanchi* (22); *Colin Martin* (21); *Jovee Andrade* (20); *Knox Strand* (19); *Chiio Li* (18); *Kevin Zheng* (17); *Ethan So* (14); *Preston Hu* (12); *Andrew Tuason* (3); *Austin McDermott* (1);

TOP 10 TIMES

Since the team was founded we have been keeping track of the **ALL TIME TOP 10 TIMES**. It is truly impressive to see how many of our swimmers are dominating and moving up the charts. The Top 10 Time records can be found on the web under Stats.

New Top 10 Times

Congratulations to these swimmers who made the **Top 10 Times** in their events for the very first time.

- *Jill Adams* (Open 500 Free);
- *Kai Anolin* (Open 500 Free);
- *Samantha Cummins* (13-14 100 Breast, 1650 Free, 500 Free);
- *Alan DiBello* (11-12 100 Back, 200 Back);
- *Michael DiBello* (Open 1650 Free, 500 Free);
- *Garrett Dykier* (Open 1650 Free);
- *Brooke Etter* (13-14 50 Free);
- *Christopher Haygood* (Open 1000 Free, 500 Free);
- *Chloe Hong* (7-10 50 Fly, 50 Free);
- *Joshuah Jauregui* (Open 1650 Free);
- *Nohely Lopez* (Open 500 Free);
- *Teagan O'Dell* (13-14 200 Free, 1650 Free, 200 Breast, 500 Free);
- *Luke Pedroche* (Open 1650 Free);
- *Jacqueline Shen* (13-14 200 IM, 500 Free);
- *Victoria Villarreal* (Open 1650 Free);
- *Yik Ning (Neal) Xu* (7-10 100 Back, 50 Breast).

Top 10 Times

Continuing to swim times in the **Top 10** are:

- *Jill Adams* (13-14 100 Back);
- *Kai Anolin* (13-14 200 Free, 200 IM, 50 Back, 200 Breast, 200 Fly);
- *Jesie Castaneda* (13-14 100 Back, 100 Fly, 1000 Free);
- *Ayaan Chudasama* (7-10 100 Free, 100 IM, 50 Back, 50 Breast, 50 Fly, 50 Free);
- *Samantha Cummins* (13-14 100 Back, 200 Free, 200 IM, 50 Free);
- *Michael DiBello* (13-14 100 Back, 100 Breast, 100 Free, 200 Breast);
- *Garrett Dykier* (15 & Over 100 Breast, 200 Free, 200 Breast);
- *Brooke Etter* (13-14 200 Free);
- *Vincent Frausto* (Open 200 Breast);
- *Christopher Haygood* (15 & Over 100 Back, 200 IM);
- *Chloe Hong* (7-10 100 Breast, 100 IM, 50 Back);
- *Joshuah Jauregui* (Open 200 Breast, 400 IM, 500 Free);
- *Nathan Lee* (15 & Over 100 Back, 100 Breast, 200 IM);
- *Ethan Lopez* (13-14 100 Back, 100 Fly, 200 IM, 200 Fly);
- *Nailyn Lopez* (15 & Over 100 Breast, 100 Fly, 100 Free, 200 Free, 50 Free);
- *Nohely Lopez* (15 & Over 100 Back, 100 Breast, 200 Free, 200 IM, 200 Back, 200 Breast);
- *Sophia Pearson* (Open 1000 Free, 200 Back, 400 IM);
- *Luke Pedroche* (13-14 100 Free, 200 Free, 50 Free, 400 IM, 500 Free);

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- *Damian Serna Arbow* (7-10 200 IM, 500 Free);
- *Jacqueline Shen* (Open 400 IM);
- *Jun Yi (Andrew) Sun* (5-8 100 Free, 100 IM, 50 Back, 50 Fly);
- *Victoria Villarreal* (13-14 100 Breast, 100 Fly, 200 Free, 200 IM, 50 Back, 200 Breast, 500 Free);
- *Madeline Wheeler* (13-14 100 Breast, 200 IM, 1000 Free, 200 Breast);
- *Yimo Zou* (15 & Over 100 Breast, 200 Breast).

USA MOTIVATIONAL TIMES

Check out the web page under Time Standards for more information on these times.

AAA Times

- *Michael DiBello* (13-14 100 Breast, 200 Breast);
- *Teagan O'Dell* (13-14 100 Free, 200 Free, 1650 Free, 200 Breast, 500 Free).

AA Times

- *Samantha Cummins* (13-14 200 IM, 50 Free, 500 Free);
- *Michael DiBello* (13-14 100 Back, 100 Free, 500 Free);
- *Garrett Dykier* (15 & Over 200 Free);
- *Luke Pedroche* (13-14 100 Free, 200 Free, 1650 Free, 400 IM, 500 Free);
- *Victoria Villarreal* (13-14 100 Breast, 200 Free, 200 IM, 200 Breast, 500 Free).

A Times

- *Kai Anolin* (13-14 200 Free, 200 IM, 500 Free);
- *Jesie Castaneda* (13-14 100 Back, 100 Fly, 1000 Free);
- *Samantha Cummins* (13-14 100 Back, 200 Free, 1650 Free);
- *Garrett Dykier* (Open 1650 Free);
- *Brooke Etter* (13-14 50 Free);
- *Makayla Hatzfeld* (13-14 100 Free, 50 Free);
- *Christopher Haygood* (Open 500 Free);
- *Chloe Hong* (7-10 50 Back);
- *Joshuah Jauregui* (Open 1650 Free, 400 IM, 500 Free);
- *Nathan Lee* (15 & Over 100 Breast, 200 IM, 50 Free, 200 Breast);
- *Ethan Lopez* (13-14 100 Fly, 200 IM);
- *Nailyn Lopez* (15 & Over 100 Free, 50 Free);
- *Nohely Lopez* (15 & Over 100 Back, 200 Free, 200 IM, 200 Back, 500 Free);
- *Luke Pedroche* (13-14 50 Free);
- *Jacqueline Shen* (Open 400 IM, 500 Free);
- *Victoria Villarreal* (13-14 100 Fly, 1650 Free);
- *Madeline Wheeler* (13-14 200 IM, 1000 Free, 200 Breast).

BB Times

Jill Adams (13-14 100 Back, 100 Breast, 50 Free, 500 Free); *Gabriel Allen* (15 & Over 100 Free, 50 Free); *Kate Alvarez* (11-12 100 Breast, 100 Free, 50 Back, 50 Breast); *Kai Anolin* (Open 200 Breast, 200 Fly); *Samantha Cummins* (13-14 100 Breast); *Alan DiBello* (11-12 50 Back); *Michael DiBello* (Open 1650 Free); *Garrett Dykier* (15 & Over 100 Breast, 50 Free, 200 Breast); *Brooke Etter* (13-14 200 Free, 200 IM); *Madison Falls* (7-10 100 Breast, 100 IM, 50 Breast); *Dahlia Farahanchi* (7-10 100 Breast, 100 Free, 100 IM, 50 Breast, 50 Fly, 50 Free); *Kate Fassbinder* (11-12 100 Free, 200 Free, 50 Free); *Vincent*

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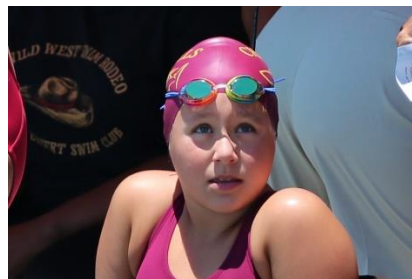
Frausto (13-14 200 Free, 200 Breast); **Makayla Hatzfeld** (13-14 100 Back, 200 Free, 200 Back, 500 Free); **Christopher Haygood** (15 & Over 200 IM, 1000 Free); **Chloe Hong** (7-10 100 Breast, 100 Free, 100 IM, 200 Free, 50 Breast, 50 Fly, 50 Free); **Joshua Jauregui** (13-14 100 Back, 200 Free, 200 Breast); **Joshua Jenkins** (13-14 100 Back, 200 IM); **Nathan Lee** (15 & Over 100 Back, 100 Free); **Samantha Lee** (11-12 100 Back, 100 Breast, 200 IM, 50 Breast, 50 Free, 200 Breast); **Jennifer Liang** (11-12 100 Back, 100 Breast, 100 IM, 200 IM, 50 Breast, 50 Fly, 50 Free); **Ethan Lopez** (13-14 100 Back, 200 Fly); **Nailyn Lopez** (15 & Over 100 Breast, 200 Free); **Nohely Lopez** (15 & Over 100 Breast, 200 Breast); **Aidan Martin** (13-14 100 Free); **Sophia Pearson** (11-12 200 Free, 50 Free, 1000 Free, 200 Back, 400 IM); **Mayumi Pedroche** (11-12 100 Back); **Sofia Salas** (13-14 100 Back, 200 Free, 200 IM, 50 Free, 200 Back); **Damian Serna Arbow** (7-10 500 Free); **Jacqueline Shen** (13-14 100 Back, 100 Breast, 200 Free, 200 IM, 50 Free); **Taylor Tatgenhorst** (11-12 50 Free); **Madeline Wheeler** (13-14 100 Back, 100 Breast, 50 Free, 200 Back); **Yik Ning Xu** (7-10 50 Breast); **Kevin Yang** (15 & Over 100 Free); **Norton Yang** (13-14 100 Free, 50 Free); **Yimo Zou** (15 & Over 100 Breast, 50 Free, 200 Breast).

B Times

Jill Adams (Open 200 Fly); **Gabriel Allen** (15 & Over 200 Free); **Kate Alvarez** (11-12 100 IM, 50 Fly); **Jovee Andrade** (7-10 100 Free); **Ayaan Chudasama** (7-10 100 Back, 100 Breast, 100 Free, 100 IM, 50 Back, 50 Breast, 50 Free); **Alan DiBello** (11-12 100 Back, 100 IM, 200 IM, 50 Breast, 50 Fly, 200 Back); **Brooke Etter** (13-14 100 Back, 200 Back); **Madison Falls** (7-10 100 Back, 100 Free, 50 Back, 50 Fly, 50 Free); **Dahlia Farahanchi** (7-10 50 Back); **Kate Fassbinder** (11-12 100 Back, 100 Breast, 50 Back); **Vincent Frausto** (13-14 50 Free); **Makayla Hatzfeld** (13-14 100 Breast); **Christopher Haygood** (15 & Over 100 Back); **Joshua Jenkins** (13-14 100 Breast, 100 Fly, 200 Breast); **Dominic Lee** (11-12 50 Breast); **Nailyn Lopez** (15 & Over 100 Fly, 500 Free); **Aidan Martin** (13-14 100 Back, 200 Free, 200 IM, 50 Free, 400 IM); **Kieran Martin** (7-10 100 Free, 200 Free, 50 Back); **Mayumi Pedroche** (11-12 100 Breast, 50 Fly); **Cristian Ruvalcaba** (13-14 100 Free, 200 IM, 50 Free, 400 IM); **Damian Serna Arbow** (7-10 100 Free, 100 IM, 200 Free, 200 IM, 50 Back, 50 Fly, 50 Free); **Eliana Shin** (11-12 200 Free); **Ethan So** (7-10 100 Breast); **Reagan Tatgenhorst** (7-10 100 Back, 100 Breast, 100 Free, 100 IM, 50 Back, 50 Breast, 50 Fly, 50 Free); **Taylor Tatgenhorst** (11-12 100 Fly, 100 Free, 100 IM, 50 Breast, 50 Fly); **Jacob Trujillo** (13-14 200 Free, 50 Free); **Wangqiao Xu** (13-14 200 IM, 50 Free, 200 Breast); **Yik Ning Xu** (7-10 100 Back, 100 Breast, 100 Free, 100 IM, 50 Back, 50 Fly, 50 Free); **Kevin Yang** (15 & Over 100 Fly, 200 IM); **Norton Yang** (13-14 100 Breast, 200 Free, 200 IM, **Kevin Zheng** (11-12 100 Breast, Free).

WRAP UP

*I love the relays. Track (Swimming) is such an individual sport it's fun to do something together.
(Allyson Felix)*



Just when you think you are done Coach puts you in the last relay.

I love relays so I try to sign up for the timing chair during the relays. The excitement of those kids rooting for their teammates and being privileged to watch each swimmer going above and beyond what they thought possible makes me feel young again! The joy in those faces when they achieve their best fills my heart with happy.

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PARENTS! Imagine the disappointment of 3 swimmers when they can't compete because one of their teammates left early. PLEASE ALWAYS check with the coach before leaving.

“GO SHARKS”

GMA Sherry