Champions are Made

Champions are made from something they have deep inside of them-a desire, a dream, a vison. (Mahatma Gandhi)

Feb. 14-16, 2020 was the BR Eastern Committee Championship meet. 22 teams competed for points to claim the title of Eastern Committee SCY Champions. Our 52 swimmers looked deep inside to find the champions within and won 2nd place against much larger teams.

This meet was held over 3 days. Saturday was sunny and perfect. Sunday, however, was another story. Cold and rainy. The morning featured 13 and over swimmers competing in preliminaries for a place in the finals. Our 12 and unders swam timed finals in the afternoon. Finals were held in the evening.

NOTABLE SWIMS

Jessica Li: Found the champion within. She swam the max 6 events, achieved 100% personal bests for a total -20.40 time drops while picking up 3 NEW SPRING JO cuts and 3 NEW BLUE times. This girl's on fire!

Eros Santana: Is a champion in the making. He had a very good meet, dropping -13.99 seconds and picking up 3 NEW RED times and 1 NEW BLUE time. Eros is one to watch!

Garrett Dykier: There are times when one can tell a swimmer finds that something deep inside of them, that something that inspires them. Such was the 15 & Over 200 Free Finals. Garrett swam the race of his life to win the GOLD and a **SECTIONAL** cut ... out touching the competition by several seconds. That was one exciting race and a joy to watch!

Michael DiBello: Had a dream, a vision, a personal challenge ... to place first in all 6 preliminaries and first in all 6 finals. He swam his heart out and achieved his dream. I'm super proud of you kid!

TEAM RECORDS

- Ayaan Chudasama (5-8 100 IM, 50 Free, 100 Free, 50 Back);
- *Michael DiBello* (13-14 100 Breast);
- *Garrett Dykier* (15 & Over 200 Free);
- Nathan Lee (15 & Over 100 Breast);
- *Nohely Lopez* (15 & Over 50 Free);

NEW TIMES

We had 52 swimmers competing in 346 events. Here are the swimmers who achieved new time cuts.

New Sectional Time

• Garrett Dykier (200 Free)

New Senior Times

- Samantha Cummins (200 Free, 200 Back, 100 Free);
- *Michael DiBello* (100 Fly);
- *Nailyn Lopez* (50 Free)

New Far West Times

- Samantha Cummins (13-14 200 Back);
- Nathan Lee (15 & Over 100 Breast)

New SprJO Times

- *Brooke Etter* (13-14 200 Breast);
- Jessica Li (7-10 100 Breast, 100 IM, 50 Breast);
- *Ethan Lopez* (13-14 200 Free)

New Blue Times

- *Jill Adams* (13-14 100 Free);
- *Kate Fassbinder* (11-12 100 Back);
- *Chloe Hong* (11-12 100 Free, 100 IM);
- *Jessica Li* (7-10 100 Free, 50 Free, 50 Back);
- *Jennifer Liang* (11-12 50 Back);
- **Zakary Mokdad** (11-12 50 Free);
- *Eros Santana* (11-12 100 Back);
- Jun Yi (Andrew) Sun (5-8 100 Free)

New Red Times

- **Zakary Mokdad** (11-12 100 IM, 50 Fly);
- *Eros Santana* (11-12 100 Free, 50 Free, 100 IM);
- *Sam Tang* (5-8 100 Free);
- *Lily Torres* (11-12 500 Free);
- *Jacob Trujillo* (13-14 100 Back, 100 Free);
- Wangqiao (James) Xu (13-14 100 Back)

New White Times

• Julia Velasquez (15 & Over 200 Breast)

TIME DROPS

Our swimmers achieved 164 time drops for a total of -313.67.

Lily Torres dropped -21 seconds flat in her 500 Free. Added to her other time drops she had the **BEST TOTAL TIME DROP** (-29.04).

Sam Tang swam an amazing 5-8 100 Free for the **BEST SINGLE TIME DROP** (-25.64).

Congratulations to our other total time drops:

Sam Tang (-26.41, Ethan Lopez (-21.07, Jessica Li (-20.4, Eros Santana (-13.99, Zakary Mokdad (-13.35, Samantha Cummins (-13.14, Chloe Hong (-12.94, Jill Adams (-11.98, Reagan Tatgenhorst (-10.02, Jun Yi (Andrew) Sun (-9.98, Tristan Noel Flores (-9.78, Jacob Trujillo (-9.27, Taylor Tatgenhorst (-8.55, Wangqiao (James) Xu (-7.49, Sophia Pearson (-6.72, Damian Serna Arbow (-6.28, Ella Ibay (-6.2, Vincent Frausto (-5.98, Garrett Dykier (-5.94, Jovee Andrade (-5.88, Julia Velasquez (-5.61, Jennifer Liang (-5.45, Samantha Lee (-5.44, Ayaan Chudasama (-3.73, Kate Fassbinder (-3.52, Jayden Pak (-3.43, Cristian Ruvalcaba (-3.26, Samantha Olivar (-3.16, Kai Anolin (-2.8, Madeline Wheeler (-2.64, Nailyn Lopez (-2.57, Nathan Lee (-2.51, Dahlia Farahanchi (-2.4, Kate Alvarez (-2.32, Joshuah Jauregui (-2.24, Yimo Zou (-1.59, Jacqueline Shen (-1.33, Kevin Yang (-1, Ryan Chen (Lin) (-0.78, Michael DiBello (-0.71, Brooke Etter (-0.7, Lopez, Nohely (-0.63, Victoria Villarreal (-0.44, Sofia Salas (-0.42, Aidan Martin (-0.28, Gabriel Allen (-0.27, Alan DiBello (-0.03).

INDIVIDUAL AWARDS

Medals were awarded for the top 8 places. Our swimmers brought home 90 medals **17** Gold; **15** Silver; **13** Bronze; **9** 4th Place; **6** 5th Place; **12** 7th Place; and **8** 8th Place.

Congrats to our award winners.

GOLD Medals

- Samantha Cummins (13-14 100 Breast, 100 Free);
- Michael DiBello (13-14 100 Back, 100 Breast, 100 Fly, 200 Back, 200 Breast, 200 IM);
- *Garrett Dykier* (15 & Over 200 Free);
- *Christopher Haygood* (15 & Over 100 Free, 50 Free);
- *Nohely Lopez* (15 & Over 50 Free);
- *Victoria Villarreal* (13-14 100 Back, 200 Back, 200 IM, 50 Free)
- *Madeline Wheeler* (13-14 400 IM)

SILVER Medals

- Ayaan Chudasama (5-8 50 Back);
- Samantha Cummins (13-14 200 Back);
- *Brooke Etter* (13-14 200 Breast);
- Vincent Frausto (13-14 200 Back);
- *Christopher Haygood* (15 & Over 100 Fly);
- Joshuah Jauregui (13-14 100 Fly);
- *Jessica Li* (7-10 100 Breast, 100 IM, 50 Breast);
- *Ethan Lopez* (13-14 200 Free, 500 Free);
- *Nohely Lopez* (15 & Over 100 Back, 100 Free);
- Damian Serna Arbow (7-10 500 Free);
- *Victoria Villarreal* (13-14 100 Free);

BRONZE Medals

- *Kai Anolin* (13-14 200 Back);
- Ayaan Chudasama (5-8 100 Free, 50 Breast, 50 Free);
- Samantha Cummins (13-14 200 Breast, 200 Free, 50 Free);
- Vincent Frausto (13-14 100 Back);
- Joshuah Jauregui (13-14 200 Fly);
- *Nathan Lee* (15 & Over 200 IM);
- *Ethan Lopez* (13-14 200 IM, 50 Free);
- *Madeline Wheeler* (13-14 100 Breast);

4th Place Medals

- *Jill Adams* (13-14 100 Breast, 200 Back);
- Ayaan Chudasama (5-8 100 IM);
- *Garrett Dykier* (15 & Over 100 Back);
- Tristan Noel Flores (7-10 100 Back);
- Joshuah Jauregui (13-14 100 Back);
- *Ethan Lopez* (13-14 100 Free);
- *Victoria Villarreal* (13-14 200 Free);
- *Madeline Wheeler* (13-14 200 Fly);

5th Place Medals

- *Jill Adams* (13-14 100 Back);
- *Kai Anolin* (13-14 100 Back);
- *Tristan Noel Flores* (7-10 100 Breast, 50 Breast);
- *Nailyn Lopez* (15 & Over 50 Free);
- Damian Serna Arbow (7-10 200 IM);

6th Place Medals

- Ayaan Chudasama (5-8 50 Fly);
- *Vincent Frausto* (13-14 200 Breast, 200 IM);
- *Christopher Haygood* (15 & Over 200 Fly, 200 Free);
- Joshuah Jauregui (13-14 500 Free);
- *Nathan Lee* (15 & Over 100 Back, 200 Breast);
- *Ethan Lopez* (13-14 100 Fly);
- Jacqueline Shen (13-14 100 Breast);
- *Lily Torres* (11-12 500 Free);
- Madeline Wheeler (13-14 100 Fly);

7th Place Medals

- *Kai Anolin* (13-14 100 Free, 50 Free);
- *Garrett Dykier* (15 & Over 500 Free);
- *Nohely Lopez* (15 & Over 200 Free);
- *Sophia Pearson* (13-14 200 Fly);
- *Damian Serna Arbow* (7-10 100 Fly, 200 Free);
- Jun Yi (Andrew) Sun (5-8 100 Free, 50 Breast, 50 Free)

8th Place

- *Jill Adams* (13-14 50 Free);
- *Tristan Noel Flores* (7-10 100 IM, 200 Free);
- *Nathan Lee* (15 & Over 100 Breast);
- *Jessica Li* (7-10 50 Free);
- Jun Yi (Andrew) Sun (5-8 50 Back, 50 Fly);
- *Madeline Wheeler* (13-14 100 Back)

RELAY AWARDS

Our 13-14 relay teams totally dominated!

Gold Medals

- Female 11-12 200 MR (A Team): Kate Alvarez, Jennifer Liang, Taylor Tatgenhorst, Kate Fassbinder
- Female 13-14 200 Free Relay (B Team): Madeline Wheeler, Jill Adams, Jacqueline Shen, Victoria Villarreal
- Female 13-14 200 MR (A Team): Victoria Villarreal, Brooke Etter, Samantha Cummins, Makayla Hatzfeld
- Male 13-14 200 Free Relay (A Team): Ethan Lopez, Vincent Frausto, Joshuah Jauregui, Michael DiBello
- Male 13-14 200 MR (A Team): Ethan Lopez, Michael DiBello, Joshuah Jauregui, Kai Anolin

Silver Medals

- Female 7-10 200 MR (A Team): Jovee Andrade, Xuanyu Li, Dahlia Farahanchi, Reagan Tatgenhorst
- Male 7-10 200 Free Relay (A Team): Damian Serna Arbow, Tristan Noel Flores, Jun Yi Sun, Ayaan Chudasama
- Male 7-10 200 MR (A Team): Tristan Noel Flores, Ayaan Chudasama, Jun Yi Sun, Damian Serna Arbow
- Female 11-12 200 Free Relay (A Team): Kate Alvarez, Chloe Hong, Taylor Tatgenhorst, Kate Fassbinder
- Female 13-14 200 Free Relay (A Team): Brooke Etter, Makayla Hatzfeld, Ella Ibay, Samantha Cummins
- Male 13-14 200 MR (B Team): Jayden Pak, Noah Jung, Vincent Frausto, Aidan Martin
- Female 15 & Over 200 MR (A Team): Nohely Lopez, Nailyn Lopez, Samantha Olivar, Julia Margaret Velasquez

Bronze Medals

- Male 13-14 200 Free Relay (B Team): Noah Jung, Cristian Ruvalcaba, Aidan Martin, Kai Anolin
- Female 15 & Over 200 Free Relay (A Team): Julia Margaret Velasquez, Nohely Lopez, Samantha Olivar, Nailyn Lopez
- Male 15 & Over 200 Free Relay (A Team): Christopher Haygood, Nathan Lee, Gabriel Allen, Garrett Dykier

4th Place

 Male 15 & Over 200 MR (A Team): Garrett Dykier, Nathan Lee, Gabriel Allen, Christopher Haygood

POINTS

Relay Team Points

Our relay teams earned a total of 564 points:

- Gold Medals = 200 Points
- Silver Medals = 238 Points
- Bronze Medals = 96 Points
- 4th Place = 30 Points

Individual Points

Our individual swimmers earned a total of 1,523 Points.

Michael DiBello was points leader with 120 points.

Well done to all our swimmers who earned us a lot of points:

Victoria Villarreal (111); Samantha Cummins (105); Ethan Lopez (94); Ayaan Chudasama (93); Christopher Haygood (92); Jessica Li (75); Madeline Wheeler (75); Nohely Lopez (73); Tristan Noel Flores (65); Joshuah Jauregui (61); Vincent Frausto (59); Jun Yi (Andrew) Sun (58); Damian Serna Arbow (57); Jill Adams (55); Kai Anolin (54); Nathan Lee (53); Garrett Dykier (46); Dahlia Farahanchi (24); Reagan Tatgenhorst (20); Brooke Etter (17); Alan DiBello (15); Nailyn Lopez (14); Jacqueline Shen (13); Lily Torres (13); Sophia Pearson (12); Jovee Andrade (10); Sam Tang (10); Taylor Tatgenhorst (9); Makayla Hatzfeld (5); Chloe Hong (5); Joshua Jenkins (4); Zakary Mokdad (3); Jennifer Liang (2); Gabriel Allen (1).

TOP 10 TIMES

Since the team was founded we have been keeping track of the ALL TIME TOP 10 TIMES. It is truly impressive to see how many of our swimmers are dominating and moving up the charts. The Top 10 Time records can be found on the web under Stats.

New Top 10 Times

Congratulations to these swimmers who made the Top 10 Times in their events for the very first time.

- *Jill Adams* (13-14 50 Free);
- *Garrett Dykier* (15 & Over 50 Back);
- *Sophia Pearson* (13-14 200 Fly);
- *Sam Tang* (5-8 100 Free);

Top 10 Times

Continuing to swim times in the Top 10 are:

- *Jill Adams* (13-14 100 Back, 100 Breast, 200 Back);
- *Gabriel Allen* (15 & Over 100 Free);
- Kai Anolin (13-14 100 Breast, 100 Fly, 100 Free, 200 Back, 50 Free);
- Ayaan Chudasama (5-8 100 Free, 100 IM, 50 Back, 50 Breast, 50 Fly, 50 Free);
- Samantha Cummins (13-14 100 Breast, 100 Free, 200 Back, 200 Breast, 200 Free, 50 Free);
- *Alan DiBello* (11-12 100 Back);
- *Michael DiBello* (13-14 100 Back, 100 Breast, 100 Fly, 200 Back, 200 Breast, 200 IM);
- Garrett Dykier (15 & Over 100 Back, 100 Breast, 200 Back, 200 Breast, 200 Free, 500 Free);
- *Brooke Etter* (13-14 200 Breast);
- Tristan Noel Flores (7-10 100 Back, 100 Breast);
- *Vincent Frausto* (13-14 100 Back, 100 Fly, 200 Back, 200 Breast, 200 IM);
- *Christopher Haygood* (15 & Over 100 Fly, 200 Fly, 200 Free, 50 Free, 500 Free);
- Joshuah Jauregui (13-14 100 Back, 100 Fly, 200 Fly, 500 Free, 500 Free);
- *Nathan Lee* (15 & Over 100 Back, 100 Breast, 100 Fly, 200 Breast, 200 IM, 50 Free);
- *Jessica Li* (7-10 100 Breast, 100 IM, 50 Breast);
- Ethan Lopez (13-14 100 Fly, 100 Free, 200 Free, 200 IM, 50 Back, 50 Free, 500 Free);
- *Nailyn Lopez* (15 & Over 100 Back, 100 Free, 200 Free, 50 Free);
- Nohely Lopez (15 & Over 100 Back, 100 Free, 200 Back, 200 Free, 50 Back, 50 Free, 500 Free);
- *Samantha Olivar* (15 & Over 100 Back, 100 Fly, 200 Back);
- *Jayden Pak* (13-14 50 Back);
- *Damian Serna Arbow* (7-10 100 Fly, 200 IM, 500 Free):
- Jun Yi (Andrew) Sun (5-8 100 Free, 50 Back, 50 Breast, 50 Fly, 50 Free);
- Victoria Villarreal (13-14 100 Back, 100 Free, 200 Back, 200 Free, 200 IM, 50 Back, 50 Free);
- *Madeline Wheeler* (13-14 100 Breast, 100 Fly, 200 Fly, 400 IM);
- *Yimo Zou* (15 & Over 100 Breast)

USA MOTIVATIONAL TIMES

Every 4 years, USA Swimming (*USAS*) establishes time standards for swimmers of every age group that range from B to AAAA to give swimmers benchmarks for goal setting and to track improvement. That is, these time standards are intended to motivate swimmers in each age group to work their way up from a B standard to a BB standard and then to an A standard, an AAA standard and finally to an AAAA standard. USA Swimming has a set of time standards that apply to all USA Swimmers across the nation.

And did you know, patches are available for each level and stroke to acknowledge the swimmer's achievement? For more info contact GMA Sherry.

These are the time standards achieved by our swimmers at this meet.

AAA Times

- *Michael DiBello* (13-14 100 Breast, 100 Fly, 200 Breast);
- *Garrett Dykier* (15 & Over 200 Free);
- *Victoria Villarreal* (13-14 100 Free, 50 Free)

AA Times

- Samantha Cummins (13-14 100 Free, 200 Back, 200 Free, 50 Free);
- *Michael DiBello* (13-14 100 Back, 200 Back, 200 IM);
- *Brooke Etter* (13-14 200 Breast, 200 Breast);
- *Christopher Haygood* (15 & Over 100 Free, 50 Free);
- *Jessica Li* (7-10 100 Breast, 50 Breast);
- *Ethan Lopez* (13-14 200 Free, 50 Free);
- *Nailyn Lopez* (15 & Over 50 Free);
- *Nohely Lopez* (15 & Over 100 Free, 50 Free);
- Victoria Villarreal (13-14 100 Back, 200 Back, 200 Free, 200 IM)

A Times

- *Jill Adams* (13-14 100 Breast, 200 Back, 50 Free);
- *Kai Anolin* (13-14 100 Free, 200 Back, 50 Free);
- Samantha Cummins (13-14 100 Breast, 200 Breast);
- *Garrett Dykier* (15 & Over 100 Back, 500 Free);
- *Brooke Etter* (13-14 50 Free);
- *Vincent Frausto* (13-14 200 Back);
- *Christopher Haygood* (15 & Over 100 Fly, 200 Free);
- *Ella Ibay* (13-14 50 Free);
- *Joshuah Jauregui* (13-14 100 Fly, 200 Fly);
- *Nathan Lee* (15 & Over 100 Breast, 200 Breast, 200 IM, 50 Free);
- *Jessica Li* (7-10 100 IM);
- *Ethan Lopez* (13-14 100 Free, 200 IM, 500 Free);
- *Nohely Lopez* (15 & Over 100 Back, 200 Free);
- *Taylor Tatgenhorst* (11-12 200 Free);
- *Madeline Wheeler* (13-14 100 Breast, 100 Fly, 400 IM)

BB Times

Jill Adams (13-14 100 Back, 100 Free); Gabriel Allen (15 & Over 100 Free, 50 Free); Kate Alvarez (11-12 100 Back, 100 Free, 50 Back, 50 Free); Jovee Andrade (7-10 100 Back, 100 Free, 100 IM, 200 Free, 50 Back, 50 Free); Kai Anolin (13-14 100 Back, 100 Breast, 100 Fly); Ayaan Chudasama (5-8 100 Free, 50 Back, 50 Free); Alan DiBello (11-12 100 Back, 50 Back); Garrett Dykier (15 & Over 100 Breast, 200 Back, 200 Breast); Brooke Etter (13-14 100 Free, 200 Free, 200 IM); Dahlia Farahanchi (7-10 100 Free, 100 IM, 200 Free, 50 Breast, 50 Fly, 50 Free); Kate Fassbinder (11-12 100 Back, 100 Free, 50 Free); Tristan Noel Flores (7-10 100 Back, 100 Breast, 100 IM, 50 Back); Vincent Frausto (13-14 100 Back, 100 Breast, 100 Fly, 200 Breast, 200 IM); Makayla Hatzfeld (13-14 100 Back, 100 Free, 200 Back, 200 Free, 50 Free, 500 Free); Christopher Haygood (15 & Over 200 Fly, 500 Free); Chloe Hong (11-12 100 Back, 100 Free, 100 IM, 50 Free); Marisa Huang (13-14 50 Free); Ella Ibay (13-14 100 Breast, 100

Free, 200 Breast, 200 Free, 200 IM); Joshuah Jauregui (13-14 100 Back, 200 Free, 500 Free); Joshua Jenkins (15 & Over 50 Free, 500 Free); Noah Jung (13-14 200 Free, 50 Free); Nathan Lee (15 & Over 100 Back, 100 Fly); Samantha Lee (13-14 100 Free); Jessica Li (7-10 100 Free, 50 Back, 50 Free); Jennifer Liang (11-12 100 Breast, 200 IM, 50 Breast, 50 Fly, 50 Free); Ethan Lopez (13-14 100 Fly); Nailyn Lopez (15 & Over 100 Back, 100 Free); Aidan Martin (13-14 100 Free, 50 Free); Samantha Olivar (15 & Over 100 Free, 50 Free); Sophia Pearson (13-14 100 Back, 100 Fly, 200 Back, 200 Breast, 200 Fly, 200 Fly, 200 IM); Sofia Salas (13-14 100 Back, 200 Back, 200 Free, 50 Free); Damian Serna Arbow (7-10 100 Fly, 200 Free, 500 Free); Jacqueline Shen (13-14 100 Back, 100 Breast, 100 Breast, 100 Fly, 100 Free, 200 IM, 50 Free); Reagan Tatgenhorst (7-10 100 Back, 100 Breast, 100 Free, 100 IM); Taylor Tatgenhorst (11-12 200 IM, 50 Free); Madeline Wheeler (13-14 100 Back, 200 Fly, 50 Free); Kevin Yang (15 & Over 100 Free); Yimo Zou (15 & Over 100 Breast, 200 IM, 50 Free).

B Times

Gabriel Allen (15 & Over 200 IM); Kate Alvarez (11-12 100 Breast, 50 Breast); Ryan Chen (13-14 50 Free); Ayaan Chudasama (5-8 100 IM, 50 Breast); Alan DiBello (11-12 100 Breast, 100 Free, 50 Breast, 50 Free); Kate Fassbinder (11-12 50 Back, 50 Fly); Tristan Noel Flores (7-10 200 Free, 50 Breast); Chloe Hong (11-12 50 Breast); Marisa Huang (13-14 100 Breast, 200 IM); Noah Jung (13-14 100 Breast, 100 Free, 200 Breast, 200 IM); Samantha Lee (13-14 100 Back, 100 Breast, 200 Breast, 200 IM, 50 Free); Jennifer Liang (11-12 50 Back); Nailyn Lopez (15 & Over 200 Free); Nohely Lopez (15 & Over 200 Back); Aidan Martin (13-14 100 Back, 200 Back, 200 Free, 200 IM); Zakary Mokdad (11-12 100 Free, 100 IM, 50 Fly, 50 Free); Samantha Olivar (15 & Over 100 Back, 100 Fly, 200 Back, 200 IM); Jayden Pak (13-14 100 Breast); Cristian Ruvalcaba (13-14 100 Free, 200 Free); Sofia Salas (13-14 100 Fly, 200 IM); Eros Santana (11-12 100 Back, 100 Free, 50 Back, 50 Free); Damian Serna Arbow (7-10 100 Free, 200 IM, 50 Free); Jun Yi Sun (5-8 100 Free, 50 Back); Reagan Tatgenhorst (7-10 50 Back, 50 Breast); Taylor Tatgenhorst (11-12 100 Free, 50 Back, 50 Fly); Lily Torres (11-12 200 Free, 50 Free); Wangqiao Xu (13-14 100 Fly, 200 Breast, 200 IM, 50 Free); Kevin Yang (15 & Over 100 Fly, 200 Free)

WRAP UP

Champions do not become champions when they win the event, but in the hours, weeks, months and years they spend preparing for it. The victorious performance itself is merely the demonstration of their championship character"

We are definitely a team of champions. Our kids show up to practice day after day and put all their energies into doing their best. To all our swimmers who competed in the CHAMPIONSHIP meet and to all our future CHAMPIONS I say ... Job Well Done!

GO SHARKS

GMA Sherry