Today Was Fun: SCS Sr Q Challenge Meet Recap

Just play. Have fun. Enjoy the game. (Michael Jordan)

The original objective of the SCS Senior Q Challenge was for the Geo-Committees to compete against each other. But when that objective fell apart (See SCS Sr Q Qualifier Meet Recap), the meet turned out to be just another senior meet. There were swimmers and teams who were saying, "What's the point?"

Well, the point is, (1) it was an opportunity to swim a long course meet and get some long course practice, (2) it was an opportunity to get some personal bests and maybe reach those hard to get goals, and (3) it was an opportunity to have fun with your best friends.

Just imagine competing against an Olympic swimmer ... Freestyler, Calvyn Justice! And if you didn't see the USC Trojan Swim Club swimmers compete you missed some mind-blowing swims. What an opportunity to compete against some of the best swimmers in the country. What Fun!

OUR SWIMMERS

We had 14 swimmers swimming 77 events. Every one of our swimmers qualified for finals. Joshua Jenkins was called as an alternate but he'd gone home so 13 of our swimmers swam a total 35 final events. That's an astounding 45%. Well done:

- Jill Adams
- Kai Anolin
- Samantha Cummins
- Michael DiBello
- Garrett Dykier
- Brooke Etter
- Vincent Frausto
- Christopher Haygood
- Joshua Jenkins
- Ethan Lopez
- Luke Pedroche
- Victoria Villarreal
- Madeline Wheeler
- Yimo Zou

TEAM RECORDS

- Samantha Cummins (13-14 100 Fly, 200 Fly);
- Michael DiBello (13-14 100 Breast);

NEW TIMES

New Senior:

• *Michael DiBello* (Open 100 Breast);

New Far West

- Samantha Cummins (Open 50 Free);
- Luke Pedroche (Open 200 Free, 50 Free);
- Yimo Zou (Open 200 Breast);

First Time SumJO

• Jill Adams (Open 200 Back, 200 Breast);

New SumJO

- Jill Adams (Open 100 Breast);
- Kai Anolin (Open 200 IM);
- Samantha Cummins (Open 400 IM);
- *Ethan Lopez* (Open 100 Free, 200 Free);
- Victoria Villarreal (Open 100 Breast, 200 Breast);
- Yimo Zou (Open 100 Breast, 200 Breast)

First Time Blue Times

• Joshua Jenkins (Open 400 Free);

New Blue Times

- Kai Anolin (Open 100 Breast, 100 Fly);
- Vincent Frausto (Open 100 Breast, 100 Free);

New White Time

• Joshua Jenkins (Open 200 Breast)

TIME DROPS

BEST TOTAL TIME DROP goes to *Vincent Frausto* for dropping a cool (-16.23). **BEST SINGLE TIME DROP** goes to *Victoria Villarreal* Open 200 Breast (-8.75).

Congrats to all our time drops.

Victoria Villarreal (-15.71), Yimo Zou (-14.18), Kai Anolin (-12.57), Jill Adams (-11.15), Joshua Jenkins (-8.47), Michael DiBello (-7.12), Samantha Cummins (-6.67), Ethan Lopez (-6.05), Brooke Etter (-2.99), Luke Pedroche (-1.75), Madeline Wheeler (-0.66).

FINALS

This meet was a Prelims & Finals meet. They did not give awards. Originally the top 24 preliminary finishers would qualify for the finals. At the meet they changed the rules to allow the top 27 to swim finals. The top 1-9 finishers in prelims competed in the 'A' Finals, finishers 10-18 competed in the 'B' Finals, finishers 19-27 competed in the 'C' Finals.

There are always 2 alternates. Speaking of alternates ... I just have to share a really cute story.

At the Eastern Committee championship finals Kai Anolin got called to swim as an alternate on Saturday. But because he hadn't checked the finals seeding he wasn't prepared and missed the event. No missing on Sunday, again he was called as an alternate. This time he was ready and had a huge grin on his face as he approached the blocks. Well, the same thing happened at this Q meet. Kai was once again an alternate. As the announcer called for a no-show swimmer Kai looked like a sprinter waiting for the starting gun to go off. As soon as they called his name he literally sprinted to the starting blocks with a grin that went from ear to ear. I'm not sure who had the biggest grin ... Kai, his mom, or me!

<u>A Finals</u>

- Luke Pedroche (Open 200 Back [3]);
- Victoria Villarreal (Open 200 Back [6], 100 Back [8])

<u>B</u> Finals

- Jill Adams (Open 100 Breast [15], 200 Back [15]);
- Samantha Cummins (Open 200 Fly [10], 100 Fly [12], 400 IM [14], 100 Back [18]);
- *Michael DiBello* (Open 200 Back [13], 200 Breast [13], 200 IM [13], 100 Back [15], 100 Breast [18]);
- *Brooke Etter* (Open 200 Breast [11], 100 Breast [14]);
- Vincent Frausto (Open 200 Back [18]);
- *Christopher Haygood* (Open 50 Free [15]);
- *Ethan Lopez* (Open 200 Back [14]);
- Luke Pedroche (Open 100 Back [16]);
- Victoria Villarreal (Open 100 Breast [10], 200 Breast [10], 50 Free [13]);
- *Madeline Wheeler* (Open 200 Fly [13], 200 Breast [14]);
- Yimo Zou (Open 200 Breast [16])

C Finals

- Jill Adams (Open 200 Breast [19], 200 IM [19]);
- Kai Anolin (Open 200 IM [22]);
- Samantha Cummins (Open 50 Free [20]);
- Garrett Dykier (Open 100 Fly [22]);
- Brooke Etter (Open 200 IM [25]);
- Christopher Haygood (Open 100 Free [21], 200 Free [22]);
- Victoria Villarreal (Open 100 Free [20])

POINTS

Our individual swimmers earned a total 126 Points. *Victoria Villarreal* was TOTAL POINTS leader with 43 points.

Well done to our points earners.

- Victoria Villarreal (43);
- Samantha Cummins (17);
- Luke Pedroche (17);
- Michael DiBello (15);
- Brooke Etter (10);
- Madeline Wheeler (7);
- Jill Adams (6);
- Christopher Haygood (4);
- *Ethan Lopez* (3);
- *Kai Anolin* (1);
- Garrett Dykier (1);
- Vincent Frausto (1);
- Yimo Zou (1)

TOP 10 TIMES

New Top 10 Times

Congratulations to these swimmers who made the Top 10 Times in their events for the very first time.

- Jill Adams (Open 100 Breast, 100 Free, 200 Back, 200 Breast, 200 IM);
- Kai Anolin (Open 100 Fly, 100 Free, 200 Free, 200 IM);

- Samantha Cummins (Open 100 Back, 100 Free, 200 Fly, 400 IM);
- Vincent Frausto (Open 100 Breast);
- Joshua Jenkins (Open 200 Breast, 200 IM, 400 Free);
- Yimo Zou (Open 100 Breast, 100 Fly, 200 Breast).

<u>Top 10 Times</u>

Continuing to swim times in the Top 10 are:

- Samantha Cummins (Open 100 Fly, 50 Free);
- Michael DiBello (Open 100 Back, 100 Breast, 200 Back, 200 Breast, 200 Free, 200 IM);
- Garrett Dykier (Open 100 Back, 100 Breast, 100 Fly, 200 IM, 50 Free);
- Brooke Etter (Open 100 Breast, 200 Breast, 50 Free);
- Vincent Frausto (Open 100 Back, 200 Back, 200 IM);
- Christopher Haygood (Open 100 Fly, 100 Free, 200 Free, 50 Free);
- Ethan Lopez (Open 100 Back, 100 Fly, 100 Free, 200 Back, 200 Fly, 200 Free);
- Luke Pedroche (Open 100 Back, 100 Fly, 100 Free, 200 Back, 200 Free, 50 Free);
- Victoria Villarreal (Open 100 Back, 100 Breast, 100 Free, 200 Back, 200 Breast, 50 Free);
- Madeline Wheeler (Open 100 Fly, 100 Free, 200 Breast, 200 Fly, 200 Free)

USA MOTIVATIONAL TIMES

These are the USA Motivational times achieved by our swimmers at this meet.

AAA Times

- Samantha Cummins (Open 100 Fly, 50 Free);
- Michael DiBello (Open 100 Back, 100 Breast, 200 IM);
- Luke Pedroche (Open 100 Back, 200 Back);
- Victoria Villarreal (Open 100 Free, 50 Free)

AA Times

- Samantha Cummins (Open 100 Back, 100 Free, 200 Fly, 400 IM);
- Michael DiBello (Open 200 Back);
- Garrett Dykier (Open 100 Fly);
- Christopher Haygood (Open 100 Free, 200 Free, 50 Free);
- *Ethan Lopez* (Open 100 Free);
- *Luke Pedroche* (Open 100 Fly, 100 Free, 200 Free, 50 Free);
- Victoria Villarreal (Open 100 Back, 100 Back, 100 Breast, 200 Back, 200 Breast)

A Times

- Jill Adams (Open 100 Breast, 100 Free, 200 Back, 200 Breast, 200 IM);
- Kai Anolin (Open 100 Free, 200 IM, 50 Free);
- Michael DiBello (Open 200 Free);
- Garrett Dykier (Open 200 IM, 50 Free);
- Brooke Etter (Open 100 Breast, 100 Free, 200 Breast, 50 Free);
- Vincent Frausto (Open 200 IM);
- Christopher Haygood (Open 100 Fly);
- Ethan Lopez (Open 100 Back, 100 Fly, 200 Bac, 200 Free);
- Madeline Wheeler (Open 100 Fly, 100 Free, 200 Breast, 200 Fly, 200 Free);
- Yimo Zou (Open 100 Breast, 200 Breast)

BB Times

- Jill Adams (Open 100 Back);
- Kai Anolin (Open 100 Breast, 100 Fly, 200 Free);
- *Garrett Dykier* (Open 100 Back);
- Brooke Etter (Open 200 IM);
- Vincent Frausto (Open 100 Back, 100 Breast, 100 Free, 200 Back);
- Joshua Jenkins (Open 400 Free);
- Ethan Lopez (Open 200 Fly);
- *Madeline Wheeler* (Open 100 Back);
- *Yimo Zou* (Open 100 Free, 50 Free)

B Times

- *Garrett Dykier* (Open 100 Breast);
- Joshua Jenkins (Open 200 IM);
- Yimo Zou (Open 100 Fly)

WRAP UP

Today was good. Today was fun. Tomorrow is another one. (Dr. Seuss)

Our elite swimmers showed up, swam some amazing races, and held their own against much older swimmers. But most of all, they had fun. Yes, they had 2 good days!

We also have to acknowledge our parents who get their kids ready, transport, setup, time, tear down, and cheer like the dickens. We hope they had fun. The teamwork on our team is exceptional and I am soooo proud to be part of this team! Just call me a Shark!

Before I wrap up the wrap up I'd like to share a conversation I had with another parent who was concerned because their swimmer wasn't dropping time. And if they did drop it was only fractions of a second.

Swimmers will eventually get to the place where they have reached a 'plateau'. Every once in a while the sun, the stars, the moon, and the heavens are in alignment and they have an exceptional swim. Acknowledge the exceptional swims but don't expect a repeat right away. It takes time, growth, and a lot of hard work to reach new 'plateaus'. Here's what I tell Michael, "If you can swim within 1 to 1 ¹/₂ seconds (+ or -) of your personal best don't stress. You are right where you are supposed to be. And if you have a bad swim, well everybody has those, learn from them. Most important of all is to love what you do and HAVE FUN".

GO SHARKS

GMA Sherry