

Feb 2020 – MESA Last Ditch Meet Recap

Mesa Meet Recap: We Are Resilient

With the new day comes new strength and new thoughts. (Eleanor Roosevelt)

This meet recap is for the Feb MESA JO Last Ditch swim meet but I am using the ‘resilient’ theme because of the situation our team and all teams are dealing with. A new day will come and until then we will be strong.

Now for the meet. We have been to 2 meets at MESA within a month. Both times Saturday was sunny, warm and a beautiful day for competing. But both times Sunday was overcast, rainy, windy, and cold. Was this coincidence? Or planned? It didn’t matter, our cool kids and amazing parents were up to the challenge and went on like usual.

The objective of this meet was to give 14 and under swimmers a last chance to qualify events for the Spring Junior Olympics (SprJO). Swimmers 15 and over do not compete at the Spring JO, primarily because it is High School CIF season and most 15 and overs are focused on their high school meets.

NOTABLE SWIMS

Colin Martin, Bronze Elite: had quite a meet. He swam to **BEST TOTAL TIME DROP** with -48.37 and had 7 personal bests. Really impressive.

Madeline Wheeler, Titanium, also had 7 personal bests. She picked up a new **Spring JO** for the second hardest event, the 200 fly, and was **BLUE** for the other 6 events. She also was **TOP POINTS** (139). One of our most hard-working swimmers.

Norton Yang, Gold: The hardest event to swim is the 400 IM. Norton swam it for the first time and went **BLUE!** Well done.

Jun Yi (Andrew) Sun, Silver: Andrew is one of our up and coming swimmers. He is 8 and has consistently been dropping time. He is on the “watch” list.

TEAM RECORDS

- **Ayaan Chudasama** (7-10 100 Back, 200 IM);
- **Michael DiBello** (13-14 100 Fly)

NEW TIMES

We had 48 swimmers competing in 239 events. 2 Titanium, 10 Platinum, 9 Gold, 15 Silver, 4 Bronze Elite, 8 Bronze

New Far West

- **Michael DiBello** (13-14 200 Free)

New SprJO

- **Michael DiBello** (13-14 200 Free);
- **Ethan Lopez** (13-14 100 Fly);
- **Madeline Wheeler** (Open 200 Fly)

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First Time Blue Times:

- *Norton Yang* (Open 400 IM)

New Blue Times

- *Aeden Crain* (13-14 100 Free);
- *Vincent Frausto* (13-14 50 Free);
- *Ella Ibay* (13-14 200 IM);
- *Jennifer Liang* (11-12 100 Back, 100 IM)

First Time Red Times

- *Ella Ibay* (Open 200 Fly);
- *Eros Santana* (11-12 200 IM)

New Red Times

- *Aeden Crain* (Open 200 Back);
- *Keira Lorenzana* (11-12 50 Breast, 50 Free);
- *Kieran Martin* (7-10 100 Breast, 50 Free);
- *Zakary Mokdad* (11-12 200 Free);
- *Knox Strand* (5-8 25 Free);
- *Reagan Tatgenhorst* (7-10 50 Fly);
- *Aidan Martin* (Open 500 Free)

New White Times

- *Noel Barbero* (7-10 50 Fly);
- *Ryan Chen (Yeh)* (13-14 200 Free, 200 Back);
- *Logan Fu* (11-12 50 Free);
- *Deco Santana* (7-10 100 Free);
- *Nicholas Tovmasyan* (7-10 50 Free);
- *Norton Yang* (Open 200 Fly);
- *Mason Zhu* (7-10 100 Fly)

TIME DROPS

Our swimmers achieved pretty impressive time drops for a total of -398.97.

BEST TOTAL TIME DROP goes to *Colin Martin* who dropped a very respectable (-48.37);

BEST SINGLE TIME DROP goes to his brother *Aidan Martin* for dropping (-30.58) in his 500 free. Nothing like keeping it in the family.

Here are our other time drops.

Yusen (Vincent) Gao (-46.17); *Aidan Martin* (-36.75); *Nicholas Tovmasyan* (-23.18); *Aeden Crain* (-21.51); *Dominic Lee* (-19.58); *Rachel Lee* (-16.91); *Zakary Mokdad* (-14.99); *Deco Santana* (-14.9); *Madeline Wheeler* (-13.68); *Darian Farahanchi* (-13.06); *Joshuah Jauregui* (-10.67); *Keira Lorenzana* (-9.86); *Kieran Martin* (-9.67); *Sophia Pearson* (-8.25); *Reagan Tatgenhorst* (-7.6); *Ryan Chen (Yeh)* (-7.13); *Madison Falls* (-6.4); *Amy Dinh* (-6.36); *Eliana Shin* (-5.74); *Jennifer Liang* (-5.07); *Ayaan Chudasama* (-5.05); *Michael DiBello* (-4.53); *Nicole Zhang* (-4.42); *Vincent Frausto* (-3.84); *Chloe (Coco) Hong* (-3.8); *Kai Anolin* (-3.71); *Makayla Hatzfeld* (-2.93); *Jun Yi (Andrew) Sun* (-2.9); *Ethan Lopez* (-2.87); *Emma Strand* (-2.8); *Damian Serna Arbow* (-2.77); *Jovee Andrade* (-2.7); *Ella Ibay* (-

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2.57); *Knox Strand* (-2.12); *Jacqueline Shen* (-2.06); *Eros Santana* (-1.5); *Alan DiBello* (-1.19); *Preston Hu* (-0.78); *Mayumi Pedroche* (-0.34); *Norton Yang* (-0.22); *Dahlia Farahanchi* (-0.02)

AWARDS

Our swimmers brought home **114** awards. **31** (WOW!) 1st place, **19** 2nd place, **13** 3rd place, **15** 4th place, **18** 5th place, and **18** 6th place. Congrats to our award winners.

1ST Place

- *Ayaan Chudasama* (7-10 100 Free, 100 IM, 200 Free);
- *Aeden Crain* (13-14 100 Free);
- *Michael DiBello* (13-14 100 Breast, 100 Fly, 100 Free, 200 Free, 50 Free);
- *Vincent Frausto* (13-14 50 Free);
- *Ella Ibay* (13-14 200 IM);
- *Jennifer Liang* (11-12 100 Back);
- *Ethan Lopez* (13-14 200 IM, 200 Back);
- *Keira Lorenzana* (11-12 50 Free);
- *Aidan Martin* (Open 500 Free);
- *Eros Santana* (11-12 200 IM, 50 Breast);
- *Knox Strand* (5-8 25 Free);
- *Jun Yi (Andrew) Sun* (5-8 100 Free, 25 Fly, 50 Back, 50 Breast, 50 Fly);
- *Reagan Tatgenhorst* (7-10 50 Fly);
- *Madeline Wheeler* (13-14 100 Breast, 200 Free, 200 Breast, 200 Fly);
- *Norton Yang* (Open 200 Fly, 400 IM)

2nd Place

- *Jill Adams* (Open 200 Back);
- *Ayaan Chudasama* (7-10 100 Back, 200 IM);
- *Brooke Etter* (13-14 100 Breast);
- *Vincent Frausto* (Open 200 Back);
- *Makayla Hatzfeld* (13-14 100 Back);
- *Chloe (Coco) Hong* (11-12 100 Fly);
- *Jennifer Liang* (11-12 100 IM);
- *Ethan Lopez* (13-14 100 Fly);
- *Keira Lorenzana* (11-12 50 Breast, 100 Breast, 50 Breast);
- *Eros Santana* (11-12 50 Back, 50 Free);
- *Jun Yi (Andrew) Sun* (5-8 50 Free);
- *Reagan Tatgenhorst* (7-10 50 Back);
- *Madeline Wheeler* (13-14 100 Fly);
- *Norton Yang* (13-14 100 Back);
- *Mason Zhu* (7-10 100 Fly)

3rd Place

- *Chloe (Coco) Hong* (11-12 200 Free, 50 Fly);
- *Ella Ibay* (Open 200 Fly);
- *Joshuah Jauregui* (13-14 100 Fly, 200 Back);
- *Ethan Lopez* (13-14 100 Free, 200 Free);
- *Kieran Martin* (7-10 100 Back, 100 IM);
- *Zakary Mokdad* (11-12 200 Free);

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- *Eros Santana* (11-12 50 Fly);
- *Eliana Shin* (13-14 100 Back);
- *Madeline Wheeler* (13-14 200 IM)

4th Place

- *Jovee Andrade* (7-10 200 Free);
- *Kai Anolin* (13-14 100 Back);
- *Ryan Chen (Yeh)* (13-14 100 Breast);
- *Ayaan Chudasama* (7-10 50 Back);
- *Aeden Crain* (13-14 200 IM);
- *Alan DiBello* (11-12 100 Back, 50 Back);
- *Ella Ibay* (13-14 100 Back);
- *Jennifer Liang* (11-12 100 Free);
- *Sophia Pearson* (13-14 100 Back, 200 Fly);
- *Eros Santana* (11-12 100 IM);
- *Jacqueline Shen* (Open 200 Breast);
- *Reagan Tatgenhorst* (7-10 50 Breast);
- *Madeline Wheeler* (Open 200 Back)

5th Place

- *Kai Anolin* (13-14 100 Free); 50 Free);
- *Aeden Crain* (Open 200 Back);
- *Madison Falls* (11-12 100 Breast);
- *Dahlia Farahanchi* (7-10 200 Free);
- *Darian Farahanchi* (11-12 50 Breast);
- *Makayla Hatzfeld* (13-14 200 Free);
- *Preston Hu* (11-12 100 Breast);
- *Joshuah Jauregui* (13-14 200 IM);
- *Jennifer Liang* (11-12 50 Free);
- *Zakary Mokdad* (11-12 100 Back);
- *Sophia Pearson* (13-14 200 Free);
- *Damian Serna Arbow* (11-12 100 Fly);
- *Jacqueline Shen* (13-14 100 Back); 200 IM); 400 IM);
- *Eliana Shin* (13-14 50 Free);
- *Reagan Tatgenhorst* (7-10 100 Breast)

6th Place

- *Kai Anolin* (13-14 200 Free, 200 Back);
- *Ayaan Chudasama* (7-10 50 Free);
- *Aeden Crain* (13-14 100 Breast);
- *Alan DiBello* (11-12 100 Free, 50 Breast);
- *Michael DiBello* (Open 400 IM);
- *Brooke Etter* (13-14 50 Free);
- *Madison Falls* (11-12 100 Back);
- *Dahlia Farahanchi* (7-10 50 Breast);
- *Darian Farahanchi* (11-12 100 Breast);
- *Vincent Frausto* (13-14 200 IM);
- *Aidan Martin* (Open 200 Breast);

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- *Colin Martin* (11-12 50 Breast);
- *Sophia Pearson* (13-14 200 IM);
- *Damian Serna Arbow* (11-12 200 IM);
- *Reagan Tatgenhorst* (7-10 100 Free);
- *Nicole Zhang* (5-8 50 Free)

POINTS

High points go to *Madeline Wheeler* with (139).

Congrats to our other points:

Michael DiBello (125); *Ayaan Chudasama* (122); *Eros Santana* (117); *Jun Yi (Andrew) Sun* (117); *Reagan Tatgenhorst* (103); *Alan DiBello* (95); *Ethan Lopez* (89); *Vincent Frausto* (82); *Kieran Martin* (82); *Ella Ibay* (80); *Kai Anolin* (78); *Sophia Pearson* (75); *Jennifer Liang* (74); *Aeden Crain* (73); *Chloe (Coco) Hong* (70); *Madison Falls* (66); *Jacqueline Shen* (66); *Norton Yang* (60); *Joshuah Jauregui* (59); *Makayla Hatzfeld* (57); *Damian Serna Arbow* (55); *Dahlia Farahanchi* (49); *Jovee Andrade* (46); *Darian Farahanchi* (46); *Keira Lorenzana* (43); *Aidan Martin* (37); *Zakary Mokdad* (36); *Eliana Shin* (36); *Colin Martin* (31); *Brooke Etter* (30); *Mason Zhu* (30); *Jill Adams* (28); *Ryan Chen (Yeh)* (27); *Knox Strand* (27); *Taylor Tatgenhorst* (22); *Nicole Zhang* (22); *Preston Hu* (21); *Dominic Lee* (19); *Rachel Lee* (7); *Mayumi Pedroche* (6); *Yusen (Vincent) Gao* (4); *Amy Dinh* (2).

TOP 10 TIMES

Since the team was founded, we have been keeping track of the **ALL TIME TOP 10 TIMES**. It is truly impressive to see how many of our swimmers are dominating and moving up the charts. The Top 10 Time records can be found on the web under Stats.

New Top 10 Times

Congratulations to these swimmers who made the **Top 10 Times** in their events for the very first time.

- *Joshuah Jauregui*, Platinum (Open 200 Back - 2:15.83Y);
- *Norton Yang*, Gold (Open 400 IM - 5:07.97Y)

Top 10 Times

Continuing to swim times in the **Top 10** are:

- *Jill Adams*, Platinum (Open 200 Back - 2:20.43Y);
- *Kai Anolin*, Platinum (13-14 100 Free - 55.01Y, 200 Free - 1:59.70Y, 50 Free - 24.56Y, 200 Back - 2:18.21Y);
- *Ayaan Chudasama*, Silver (7-10 100 Back - 1:30.12Y), 00 Free - 1:20.91Y, 100 IM - 1:35.59Y, 200 Free - 2:54.73Y, 50 Back - 43.28Y, 50 Free - 37.21Y);
- *Michael DiBello*, Titanium (13-14 100 Breast - 1:02.70Y, 100 Fly - 55.31Y, 100 Free - 50.14Y, 200 Free - 1:53.07Y, 50 Free - 23.00Y, 200 Fly - 2:22.03Y, 400 IM - 4:37.17Y);
- *Brooke Etter*, Platinum (13-14 100 Breast - 1:13.71Y);
- *Vincent Frausto*, Platinum (13-14 100 Breast - 1:11.83Y, 200 Breast - 2:37.20Y);
- *Joshuah Jauregui*, Platinum (13-14 100 Breast - 1:12.56Y, 100 Fly - 1:00.67Y, 200 IM - 2:16.24Y);
- *Ethan Lopez*, Platinum (13-14 100 Fly - 59.04Y, 100 Free - 53.61Y, 200 Free - 1:55.74Y, 200 IM - 2:11.82Y, 50 Free - 24.81YL, 200 Back - 2:13.12Y);
- *Sophia Pearson*, Platinum (Open 200 Fly - 2:35.41Y);
- *Mayumi Pedroche*, Gold (Open 200 Back - 2:36.92Y);
- *Jacqueline Shen*, Platinum (Open 400 IM - 5:09.05Y);

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- **Jun Yi (Andrew) Sun**, Silver (5-8 100 Free - 1:24.56Y, 25 Fly - 21.67Y, 50 Back - 44.71Y, 50 Breast - 52.76Y, 50 Fly - 49.19Y, 50 Free - 39.50Y);
- **Madeline Wheeler**, Titanium (13-14 100 Breast - 1:13.26Y, 100 Fly - 1:03.97Y, 200 Free - 2:04.86Y, 200 IM - 2:19.65Y, 200 Back - 2:22.29Y, 200 Breast - 2:38.91Y, 200 Fly - 2:22.08Y)

USA MOTIVATIONAL TIMES

AAA Times

- **Michael DiBello** (13-14 100 Fly, 100 Breast, 100 Free, 50 Free);

AA Times

- **Kai Anolin** (13-14 50 Free);
- **Michael DiBello** (13-14 200 Free, 400 IM);
- **Ethan Lopez** (13-14 100 Free, 200 Free);
- **Madeline Wheeler** (13-14 200 IM, 200 Free)

A Times

- **Jill Adams** (Open 200 Back);
- **Kai Anolin** (13-14 100 Free, 200 Free);
- **Brooke Etter** (13-14 100 Breast, 50 Free);
- **Vincent Frausto** (Open 200 Back);
- **Makayla Hatzfeld** (13-14 50 Free);
- **Ella Ibay** (13-14 50 Free);
- **Joshuah Jauregui** (13-14 100 Fly, 200 IM, 50 Free);
- **Ethan Lopez** (13-14 100 Fly, 200 IM, 50 Free, 200 Back);
- **Jacqueline Shen** (Open 400 IM);
- **Madeline Wheeler** (13-14 100 Fly, 100 Breast, 50 Free, 200 Back, 200 Breast, 200 Fly)

BB Times

Jill Adams (13-14 100 Breast); **Jovee Andrade** (7-10 100 Free, 200 Free); **Kai Anolin** (13-14 100 Fly, 100 Back, 200 Back); **Aeden Crain** (13-14 100 Free); **Michael DiBello** (Open 200 Fly); **Dahlia Farahanchi** (7-10 100 IM, 200 Free, 50 Free, 50 Breast); **Vincent Frausto** (13-14 100 Back, 100 Breast, 200 IM, 50 Free, 200 Breast); **Makayla Hatzfeld** (13-14 100 Back, 100 Free, 200 IM, 200 Free); **Chloe Hong** (11-12 100 Free, 200 Free, 50 Free, 50 Back); **Ella Ibay** (13-14 100 Breast, 100 Free, 200 IM, 200 Free); **Joshuah Jauregui** (13-14 100 Breast, 100 Free, 200 Back); **Jennifer Liang** (11-12 100 IM, 100 Back, 100 Breast, 100 Free, 50 Free, 50 Back, 50 Breast); **Aidan Martin** (13-14 100 Free, 50 Free); **Sophia Pearson** (13-14 100 Back, 100 Breast, 200 IM, 200 Free, 200 Back, 200 Fly); **Mayumi Pedroche** (Open 200 Back); **Jacqueline Shen** (13-14 100 Back, 100 Breast, 200 IM, 50 Free, 200 Breast); **Reagan Tatgenhorst** (7-10 100 Free, 100 IM, 100 Back, 100 Breast, 50 Back, 50 Fly, 50 Breast); **Taylor Tatgenhorst** (11-12 200 Free, 50 Free); **Norton Yang** (13-14 50 Free, 200 Breast, 400 IM).

B Times

Jovee Andrade (7-10 50 Back, 50 Fly, 50 Free, 50 Breast); **Ayaan Chudasama** (7-10 100 Free, 100 IM, 100 Back, 200 Free, 200 IM, 50 Back, 50 Free); **Aeden Crain** (13-14 100 Breast, 200 IM, 200 Free); **Alan DiBello** (11-12 100 Back, 100 Breast, 100 Free, 200 IM, 50 Free, 50 Back, 50 Breast); **Chloe Hong** (11-12 100 Fly, 50 Fly, 50 Breast); **Preston Hu** (11-12 100 Breast); **Ella Ibay** (13-14 100 Back); **Jennifer Liang** (11-12 50 Fly); **Keira Lorenzana** (11-12 50 Free); **Aidan Martin** (13-14 200 Free, 200 Back, 500 Free); **Kieran Martin** (7-10 100 Free, 100 IM, 100 Back, 100 Breast, 50 Free, 50 Breast); **Zakary Mokdad** (11-12 50 Free); **Eros Santana** (11-12 200 IM, 50 Free); **Eliana Shin** (13-14 200 Free, 50 Free);

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Jun Yi (Andrew) Sun (5-8 100 Free, 50 Back, 50 Back); *Taylor Tatgenhorst* (11-12 100 IM, 50 Breast); *Norton Yang* (13-14 100 Breast).

OUR SPRJO TEAM

Due to the outbreak Spring JO's were cancelled and there are no plans to reschedule. We wish to acknowledge our JO swimmers for their hard work and dedication. These swimmers could enter a max of 9 events but could only swim 6. These are the events they entered.

- *Kai Anolin*: (13-14 200 Fly)
- *Michael DiBello*: (13-14 50 Free, 100 Free, 200 Free, 100 Back, 200 Back, 100 Breast, 200 Breast, 100 Fly, 200 IM)
- *Joshuah Jauregui*: (13-14 200 Fly)
- *Jessica Li*: (7-10 50 Breast, 100 Breast, 100 IM)
- *Ethan Lopez*: (13-14 200 Free, 100 Back, 200 Back, 100 Fly, 200 Fly)
- *Luke Pedroche*: (13-14 50 Free, 100 Free, 200 Free, 500 Free, 100 Back, 200 Back, 100 Fly, 200 IM, 400 IM)
- *Victoria Villarreal*: (13-14 100 Free, 100 Back, 200 IM)
- *Maddie Wheeler*: (13-14 1000 Free, 200 Fly).

OUR FAR WESTERN TEAM

The Far Western Championships to be held in Pleasanton, CA were also cancelled. Re-scheduling is unknown currently. Huge kudos to our Far Western Team. Max entries were 7. These are their entries.

- *Michael DiBello* (13-14 20 Free, 200 Free, 100 Back, 200 Back, 100 Breast, 200 Breast, 200 IM)
- *Beaver Haygood* (15-18 20 Free, 100 Free, 200 Free, 100 Fly)
- *Luke Pedroche* (13-14 50 Free, 100 Free, 200 Free, 100 Back, 200 Back, 100 Fly, 200 Fly)
- *Victoria Villarreal* (13-14 50 Free, 100 Free, 100 Back, 200 Back, 200 IM, 400 IM)

WRAP UP

Resilience is the capacity of a system, enterprise, or person to maintain its core purpose and integrity in the face of dramatically changing circumstances. (Andrew Zolli)

The core purpose of our team is to develop a strong aquatic community. We will do everything within our power to maintain this purpose in the face of the dramatically changing circumstances. We are a team of committed coaches, dedicated swimmers, and resilient parents. We will survive.

In the meantime, here is what I am doing for my "home grown" grandkids (Michael and Alan DiBello) to not only help them stay in shape but work on technique. (1) We do privates with Coach Howard multiple days a week, and (2) spend an hour each evening doing exercises and dryland routines. Their dryland is supervised by their dad and includes 20+ minutes on an elliptical machine, jump roping, and dryland routines developed by Dave Salo (USC and Olympics coach) and made available by Coach Scott.

Rest assured our coaches are working on ways to help our kids and maintain our integrity. We are **resilient** and will come through this even stronger. Let's keep the dialogue going.

GO SHARKS

GMA Sherry