

Our Secret Weapon – Confidence .. OTTR Meet Recap

“When you have confidence, you can do anything.” (Sloane Stevens)

Confidence is directly linked to growth mindset, resilience, and motivation--all keys to a happy and successful life. Children who believe in themselves recover more easily from setbacks and failure and they're more willing to take on challenges.

On October 20-22 our swimmers brought an abundance of confidence and belief in themselves as they took on the challenges of the OTTR A/BB/B meet. This meet was a Min B meet meaning the swimmer had to have at least a B time to qualify for an event. These meets are for the faster, more advanced swimmers. Competition was fierce and our kids were motivated.

Our 14 swimmers brought home 65 awards, dropped a total of -293.12 seconds, earned 1,198 total points, and had 29 All Time Top 10 swims.

OUTSTANDING SWIMS

Talk about believing in oneself. **Jonathan Ko** entered 9 (?) events and dropped time in 8 of them for **BEST TOTAL TIME DROP** (-65.03). He also set 2 new **TEAM RECORDS**, picked up 2 new **A times** and 2 new **AA times**, earned 6 **1st place** and 3 **3rd place** awards for **TOP TOTAL POINTS** (168); and placed 8 events in the **ALL TIME TOP 10**.

Now let's talk about his **100 Breast!** **Jonathan** swam an astounding **AAAA** time. “Quad A” times are the fastest USA Motivational times and very few swimmers in the country achieve them. His 100 Breast is ranked **3rd in SCS** and **8th in the country!** It also qualified him for WAG, SprAG Champs, JAG, SumAG Champs, and SCS Elite! **Jonathan** brought an abundance of Confidence to the meet and blew our minds!

SHOUT OUTS

Chino Hills brought a team to the meet that believed in themselves and was truly motivated. There were a lot of outstanding swims. Almost every swimmer picked up new BB times, new A times, new AA times, new WAG cuts. We'd like to give a shout out to: **Jovee Andrade** (who aged up on Sunday and still qualified championship cuts for WAG, JAG, and SumAG champs); **Noel Barbero** (1 new B time and 4 new BB times); **Bobby Han** (4 new WAG times, 4 new BB times, and a new A time); **Aiden Lee** (3 new BB times, a new A time, a new WAG time, 2 new JAG times, 2 new SumAG times); **Dominic Valdriz** (1 new BB time, 3 new A times, 2 new AA times, 2 new WAG times).

TEAM RECORDS:

Our swimmers repeatedly demonstrate the highest level of personal performance as team records continue to be broken. The latest records to fall are:

- **Jonathan Ko** - Platinum (7-10 100 IM);
- **Jonathan Ko** - Platinum (7-10 100 Breast)

FIRST TIME SWIMS

Our swimmers continue to work hard on technique. Here we acknowledge the swimmers who accepted the challenge of swimming an event for the very first time.

New C Times

Attaining personal excellence and getting their first C times are (she entered with a non-conforming time):

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- *Jolie Yin* - Gold (11-12 200 Free)

First Time B Times

Taking personal excellence to the next level these swimmers reached B times the first time swimming these events. (Another non-conforming entry time).

- *Nathan Lee* - Silver (7-10 100 Back);

First Time BB Times

Talk about personal excellence! Getting a BB time for a first time swim. Amazing.

- *Aiden Lee* - Platinum (13-14 200 Back);
- *Dominic Valdriz* - Gold (7-10 100 Fly);
- *Alice Zhu* - Gold (7-10 500 Free)

First Time A Times

Above and beyond amazing! Getting an A time for a first-time swim. Wow!

- *Aiden Lee* - Platinum (13-14 200 Free)

First Time AA Times

Incredible!

- *Dominic Valdriz* - Gold (7-10 200 IM)

NEW TIMES

More typical are the swimmers exhibiting personal excellence by moving up the time standards from C to B, or to BB, or to A, or to WAG / Age Group Champs (Spring and Summer formerly JO). These swimmers demonstrate their hard work pays off.

New B Times

- *Noel Barbero* - Platinum (13-14 500 Free);

New BB Times

- *Noel Barbero* - Platinum (13-14 100 Free, 200 IM, 50 Free);
- *Bobby Han* - Gold (11-12 200 Free, 100 Breast, 200 IM, 50 Free);
- *Aiden Lee* - Platinum (13-14 100 Breast, 100 Back)

New A Times

- *Bobby Han* - Gold (11-12 100 Fly);
- *Jonathan Ko* - Platinum (7-10 100 Fly, 50 Back);
- *Dominic Valdriz* - Gold (7-10 100 Breast, 100 Free, 100 IM);
- *Elaine Zhang* - Gold (7-10 500 Free)

New AA Times

- *Jovee Andrade* - Platinum (11-12 200 Back);
- *Jonathan Ko* - Platinum (7-10 500 Free, 100 IM);

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- *Charlotte Ngan* - Gold (7-10 100 Breast);
- *Dominic Valdriz* - Gold (7-10 50 Back);
- *Elaine Zhang* - Gold (7-10 100 IM)

New AAAATimes

- *Jonathan Ko* - Platinum (7-10 100 Breast)

CHAMPIONSHIP QUALIFIERS

New WAG

- *Jovee Andrade* - Platinum (11-12 200 Back);
- *Bobby Han* - Gold (11-12 100 Fly, 100 Breast, 200 IM, 50 Free);
- *Aiden Lee* - Platinum (13-14 200 Back);
- *Dominic Valdriz* - Gold (7-10 200 IM, 100 Fly)

New SprAG

- *Jonathan Ko* - Platinum (7-10 100 Breast);

New JAG

- *Jovee Andrade* - Platinum (11-12 200 Back);
- *Jonathan Ko* - Platinum (7-10 100 Breast);
- *Aiden Lee* - Platinum (13-14 200 Back, 100 Back)

New SumAG

- *Jovee Andrade* - Platinum (11-12 200 Back);
- *Jonathan Ko* - Platinum (7-10 100 Breast);
- *Aiden Lee* - Platinum (13-14 200 Back, 100 Back)

New SCS AG Elite

- *Jonathan Ko* - Platinum (7-10 100 Breast);

TIME DROPS

BEST TOTAL TIME DROP was earned by *Jonathan Ko* - Platinum with a total (-65.03). **BEST SINGLE TIME DROP** was earned by *Elaine Zhang* - Gold for dropping (-53.63) for her 500 Free.

Getting those harder to get time drops are:

Jonathan Ko - Platinum (-65.03); *Elaine Zhang* - Gold (-57.54); *Noel Barbero* - Platinum (-50.91); *Bobby Han* - Gold (-32.79); *Jovee Andrade* - Platinum (-17.72); *Dominic Valdriz* - Gold (-17.4); *Charlotte Ngan* - Gold (-16.46); *Aiden Lee* - Platinum (-10.91); *Everlyse Sutanto* - Silver (-9.17); *Nathan Lee* - Silver (-8.65); *Alice Zhu* - Gold (-5.72); *Sebastian Shibata* - Bronze (-0.82)

AWARDS & POINTS

Our 14 swimmers brought home 65 awards. 18 1st place, 18 2nd place, 11 3rd place, 9 4th place, 6 5th place, 3 6th place. These are our 1st thru 6th place winners.

1st place

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- **Jovee Andrade** - Platinum (11-12 200 Back, 50 Back);
- **Bobby Han** - Gold (11-12 100 Fly, 50 Free);
- **Jonathan Ko** - Platinum (7-10 100 Back, 100 Breast, 100 Fly, 100 IM, 50 Back, 50 Breast);
- **Aiden Lee** - Platinum (13-14 100 Breast, 200 Free);
- **Sebastian Shibata** - Bronze (5-8 100 IM);
- **Dominic Valdriz** - Gold (7-10 100 Breast, 100 Fly, 100 IM, 200 IM);
- **Elaine Zhang** - Gold (7-10 100 IM)

2nd place

- **Jovee Andrade** - Platinum (11-12 500 Free);
- **Noel Barbero** - Platinum (13-14 100 Free, 200 IM);
- **Bobby Han** - Gold (11-12 100 Breast, 50 Breast);
- **Aiden Lee** - Platinum (13-14 100 Back, 100 Free);
- **Charlotte Ngan** - Gold (7-10 100 Back, 100 Breast, 100 IM);
- **Dominic Valdriz** - Gold (7-10 100 Free, 50 Breast);
- **Elaine Zhang** - Gold (7-10 100 Free, 50 Back, 50 Breast, 50 Fly, 50 Free, 500 Free)

3rd Place

- **Bobby Han** - Gold (11-12 200 Free, 200 IM);
- **Jonathan Ko** - Platinum (7-10 100 Free, 50 Fly, 500 Free);
- **Aiden Lee** - Platinum (13-14 200 Back);
- **Charlotte Ngan** - Gold (7-10 50 Breast);
- **Dominic Valdriz** - Gold (7-10 50 Back);
- **Elaine Zhang** - Gold (7-10 100 Breast);
- **Alice Zhu** - Gold (7-10 100 Fly, 200 Free)

4th Place

- **Jovee Andrade** - Platinum (11-12 100 Free);
- **Noel Barbero** - Platinum (13-14 100 Breast, 500 Free);
- **Nathan Lee** - Silver (7-10 50 Free);
- **Charlotte Ngan** - Gold (7-10 100 Fly);
- **Sebastian Shibata** - Bronze (5-8 25 Back, 25 Free);
- **Alice Zhu** - Gold (7-10 100 IM, 500 Free)

5th Place

- **Jovee Andrade** - Platinum (11-12 100 Breast);
- **Aiden Lee** - Platinum (13-14 200 IM, 50 Free);
- **Nathan Lee** - Silver (7-10 100 Back);
- **Alice Zhu** - Gold (7-10 100 Free, 50 Fly)

6th Place

- *Nathan Lee* - Silver (7-10 100 Free);
- *Charlotte Ngan* - Gold (7-10 50 Fly);
- *Alice Zhu* - Gold (7-10 50 Back)

POINTS

Taking **TOP POINTS** at this meet was *Jonathan Ko* with 168 points followed closely by *Elaine Zhang* with 144 points.

Congratulations to all our point getters.

Jonathan Ko - Platinum (168); *Elaine Zhang* - Gold (144); *Dominic Valdriz* - Gold (132); *Aiden Lee* - Platinum (120); *Charlotte Ngan* - Gold (119); *Alice Zhu* - Gold (109); *Bobby Han* - Gold (108); *Jovee Andrade* - Platinum (87); *Noel Barbero* - Platinum (78); *Nathan Lee* - Silver (57); *Sebastian Shibata* - Bronze (50); *Everlyse Sutanto* - Silver (11); *Jolie Yin* - Gold (8); *Skylar Shibata* - Gold (7)

TOP 10 BEST TIMES

New Top 10

Placing their event in the **ALL TIME TOP 10 PERSONAL BEST TIMES** for the first time are:

- *Jovee Andrade* - Platinum (11-12 100 Free, 500 Free);
- *Bobby Han* - Gold (11-12 100 Breast, 100 Fly);
- *Dominic Valdriz* - Gold (7-10 100 Breast, 100 Fly, 200 IM);
- *Alice Zhu* - Gold (7-10 500 Free)

Top 10

Updating their personal bests in the **ALL TIME TOP 10 PERSONAL BEST TIMES** are:

- *Jovee Andrade* - Platinum (11-12 200 Back);
- *Noel Barbero* - Platinum (13-14 100 Breast);
- *Jonathan Ko* - Platinum (7-10 100 Back, 100 Breast, 100 Fly, 100 Free, 100 IM, 50 Back, 50 Fly, 500 Free);
- *Charlotte Ngan* - Gold (7-10 100 Breast, 50 Breast);
- *Dominic Valdriz* - Gold (7-10 100 Free, 100 IM, 50 Back, 50 Breast, 50 Free);
- *Elaine Zhang* - Gold (7-10 100 Breast, 100 IM, 50 Breast, 500 Free)

RELAYS

Female 7-10 200 Free Relay – Placed 1st; *Alice Zhu, Charlotte Ngan, Elaine Zhang, Everlyse Sutanto*

Male 7-10 200 Free Relay – Placed 2nd; *Dominic Valdriz, Nathan Lee, Sebastian Shibata, Jonathan Ko*

WRAP UP

“The way to develop self-confidence is to do the thing you fear and get a record of successful experiences behind you.” (William Jennings Bryan)

We want to acknowledge those swimmers who do very well in training but lack self-confidence when they come to swim meets. Know that we believe in you, so believe in yourself. Do your best for yourself and not for others, then you will find the mindset, resilience, and motivation to be the Best you can be. We're watching you and we'll always have your back.

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GO SHARKS

GMA Sherry