

A New Season

It's a new season, fresh start, fresh energy, new opportunities. Get your mind right, be thankful, be positive, and start your season right!

The PDSC "C" (beginner) meet was the first competitive meet of the new season. The USA Swimming season runs from September 1 through August 31. Age Group swimming typically ends in July with Long Course (50 meter LCM) championship meets. Many teams take a team vacation in August and come back with fresh energy for a fresh start and new opportunities. Summer lesson swimmers join the team and get their mind into a competitive mindset.

FIRST TIME SWIMS

Our swimmers continue to work hard on technique. Here we acknowledge the swimmers who accepted the challenge of swimming an event for the very first time.

New C Times

Attaining personal excellence and getting their first C times are:

- **Arden Chen** - Bronze Elite (7-10 50 Back, 50 Fly, 50 Free);
- **Nathan Lee** - Silver (7-10 50 Free);
- **Kimi Liu** - Bronze (7-10 100 Free, 50 Free);
- **Alina Lopez** - Platinum (15-18 100 Fly);
- **James Ian Styles** - Bronze (5-8 50 Free);
- **Apollo Valdriz** - Bronze (5-8 25 Breast, 25 Free);
- **Jolie Yin** - Gold (11-12 50 Fly)

First Time B Times

Taking personal excellence to the next level these swimmers reached B times the first time swimming these events.

- **Apollo Valdriz** - Bronze (5-8 25 Back);
- **Aiden Lee** - Platinum (13-14 100 Back, 100 Fly);
- **Nathan Lee** - Silver (7-10 100 Free, 50 Fly)

First Time BB Times

Talk about personal excellence! Getting a BB time for a first time swim. Amazing.

- **Aiden Lee** - Platinum (13-14 100 Free);
- **Nathan Lee** - Silver (7-10 50 Back)

NEW TIMES

More typical are the swimmers exhibiting personal excellence by moving up the time standards from C to B, or to BB, or to A, or to WAG / Age Group Champs (Spring and Summer formerly JO). These swimmers demonstrate their hard work pays off.

New B Times

- **Jessica Seabert** - Bronze (7-10 100 Free);
- **Jolie Yin** - Gold (11-12 100 Free);

TIME DROPS

BEST TOTAL TIME DROP was earned by *Jessica Seabert* with a total (-44.69). **BEST SINGLE TIME DROP** was earned by *Jessica Seabert* for dropping (-16.79) for her 5-8 25 Breast.

Getting those harder to get time drops are: *Jessica Seabert* - Bronze (-44.69); *Sebastian Shibata* - Bronze (-22.48); *Skyler Shibata* - Gold (-8.58); *Donavan Sy* - Bronze (-3.57); *Alina Lopez* - Platinum (-2.65); *Jolie Yin* - Gold (-1.95); *Austin Zhang* - Bronze (-1.65); *James Ian Styles* - Bronze (-1.6); *Serenity Shibata* - Silver (-0.04).

AWARDS & POINTS

Our 14 swimmers brought home 19 awards. 2 1st place, 6 2nd place, 1 3rd place, 3 4th place, 5 5th place, 2 6th place. These are our 1st thru 6th place winners.

1st place

- *Aiden Lee* - Platinum (13-14 100 Free);
- *Apollo Valdriz* - Bronze (5-8 25 Back)

2nd place

- *Aiden Lee* - Platinum (13-14 100 Back);
- *Nathan Lee* - Silver (7-10 50 Back, 50 Fly);
- *Alina Lopez* - Platinum (15-18 100 Breast);
- *James Ian Styles* - Bronze (5-8 25 Back);
- *Jolie Yin* - Gold (11-12 100 Free)

3rd Place

- *Apollo Valdriz* - Bronze (5-8 25 Free);

4th Place

- *Alina Lopez* - Platinum (15-18 100 Fly, 100 Free);
- *Sebastian Shibata* - Bronze (5-8 25 Breast)

5th Place

- *Aiden Lee* - Platinum (13-14 100 Fly);
- *Nathan Lee* - Silver (7-10 100 Free);
- *Skyler Shibata* - Gold (13-14 100 Breast);
- *Donavan Sy* - Bronze (5-8 25 Back);
- *Apollo Valdriz* - Bronze (5-8 25 Breast)

6th Place

- *Arden Chen* - Bronze Elite (7-10 50 Back);
- *Jessica Seabert* - Bronze (7-10 100 Free)

POINTS

Taking **TOP POINTS** at this meet were *Nathan Lee* / SILVER and *Alina Lopez* / Platinum both with 59 points.

Sept 2023 PDSC “C” Meet Recap

Congratulations to all our point getters.

Nathan Lee - Silver (59); **Alina Lopez** - Platinum (59); **Aiden Lee** - Platinum (51); **Apollo Valdriz** - Bronze (50); **Skyler Shibata** - Gold (36); **James Ian Styles** - Bronze (34); **Donavan Sy** - Bronze (33); **Θολιε Ψiv** - Gold (29); **Arden Chen** - Bronze Elite (27); **Sebastian Shibata** - Bronze (15); **Jessica Seabert** - Bronze (13); **Serenity Shibata** - Silver (12)

TOP 10 BEST TIMES

New Top 10

Placing their event in the **ALL TIME TOP 10 PERSONAL BEST TIMES** for the first time are:

- **Sebastian Shibata** - Bronze (7-10 50 Back);

Top 10

Updating their personal bests in the **ALL TIME TOP 10 PERSONAL BEST TIMES** are:

- NA

RELAYS

Placed 2nd: Male 5-8 100 Free Relay: **James Styles, Donavan Sy, Austin Zhang, Sebastian Shibata**

WRAP UP

New Season, New Start, New Mindset

September thru December feature many short course yards (25 yards SCY) beginner meets with opportunities to get times for the more advanced meets and the WAG (Winter Age Group) Invite Championship level meet in December and the SprAG Championship meet in March.

March thru July is “long course meter” season with Long Course Meter (LCM – 50 meter) meets. Age group swim meets typically end in July with the LCM championships. August usually concludes with National level senior meets and every 4 years, the Olympics.

Teams typically use the month of August to take team vacations and complete registration for the coming season. (Note: this is to comply with USA Swimming policies and acknowledge team policies.)

Let’s begin this *new season* with a *new start* and a *new mindset*!

GO SHARKS