

To Dream the Impossible Dream

Always remember to fall asleep with a dream and wake up with a purpose.

The March SCY Spring Age Group (SprAG) championships is one of the fastest age group meets in Southern California Swimming (SCS). This meet is a single site championship and is limited to 14 and under swimmers because the majority of 15 and over swimmers are swimming high school CIF.

From September thru March, swimmers dream of making those very fast cuts and work hard with purpose. **Charlotte Ngan** and **Jonathan Ko** made those dreams come true by each qualifying their 50 Breast and 100 Breast events Well done. Here's their results.

Charlotte Ngan – Gold

- 7-10 100 Breast: Team Record; “A” Finals – 5th place; Top 10
- 7-10 50 Breast: New AAA Time: “A” Finals – 5th place; Top 10
- Best Total Points: 36
- Best Total Drops: -4.98

Jonathan Ko - Platinum

- 11-12 50 Breast: New AA Time; Top 10
- 11-12 50 Breast: Top 10
- Total Drops: -1.80

RELAYS

Our 11-12 boys had times fast enough to qualify for the medley relays with a soft cut. A “hard cut” qualifying time for relays means the 4 swimmers qualified their relay in an age group swim meet. A “soft cut” qualifying time is the total times of 4 swimmers. Soft cuts are faster than hard cuts. The total personal best times of these 4 swimmers qualified them for the medley relays.

Male 11-12 200 MR: **Dominic Valdriz, Jonathan Ko, Remy Lee, Bradley Age**

Male 11-12 400 MR: **Dominic Valdriz, Jonathan Ko, Remy Lee, Bradley Age**

WRAP UP

You get what you work for, not what you wish for.

Our swimmers work hard to make qualifying times. My grandsons, Michael and Alan, told me on more than one occasion, “I hate to train but I love to race!” Nevertheless, they show up and work hard. They don't just wish to be fast, the work for it. I believe this is true for our ‘dreamers’. It takes commitment and dedication to make the ‘impossible dream’ become a reality.

GO Sharks

GMA Sherry