

2023-2024 SCS Age Group LCM Time Standards

Elite	Sum AG	JAG	SprAG	WAG		WAG	SprAG	JAG	Sum AG	Elite
Girls 10 & Under						Boys 10 & Under				
35.80	36.60	37.30	35.80	38.00	50 Free	37.60	35.50	36.50	36.40	35.50
1:18.60	1:21.80	1:22.50	1:18.60	1:24.10	100 Free	1:23.40	1:17.70	1:21.00	1:21.20	1:17.70
2:51.20	2:58.50	3:01.20	2:51.20	3:04.80	200 Free	3:04.80	2:49.50	3:00.70	2:58.80	2:49.50
2:51.20	N/A	N/A	2:51.20	N/A	400 Free	N/A	2:49.50	N/A	N/A	2:49.50
41.90	43.80	44.70	41.90	44.50	50 Back	45.10	41.70	44.80	44.10	41.70
1:30.50	1:35.90	1:37.10	1:30.50	1:37.10	100 Back	1:38.00	1:30.50	1:36.90	1:36.90	1:30.50
47.20	49.60	50.50	47.20	50.50	50 Breast	51.40	48.30	50.50	51.10	48.30
1:42.40	1:47.50	1:50.20	1:42.40	1:49.60	100 Breast	1:52.30	1:43.40	1:50.60	1:50.50	1:43.40
39.90	42.20	43.00	39.90	42.90	50 Fly	43.00	40.00	42.40	42.50	40.00
1:32.00	1:40.30	1:40.60	1:32.00	1:41.50	100 Fly	1:44.30	1:30.50	1:41.60	1:40.70	1:30.50
3:12.70	3:21.10	3:26.20	3:12.70	3:28.00	200 Medley	3:29.60	3:10.80	3:23.80	3:21.20	3:10.80
Girls 11-12						Boys 11-12				
31.70	32.50	32.70	31.70	32.60	50 Free	32.60	31.20	32.50	32.30	31.20
1:08.60	1:10.60	1:11.00	1:08.60	1:11.60	100 Free	1:11.60	1:07.50	1:10.30	1:10.40	1:07.50
2:28.90	2:33.70	2:36.40	2:28.90	2:35.90	200 Free	2:35.90	2:26.30	2:35.90	2:34.30	2:26.30
5:11.80	5:27.70	5:29.20	5:11.80	5:27.90	400 Free	5:27.90	6:28.40	5:31.60	5:31.80	6:28.40
36.50	38.40	39.10	36.50	38.90	50 Back	38.90	36.50	38.60	38.50	36.50
1:17.80	1:22.60	1:23.00	1:17.80	1:23.70	100 Back	1:23.70	1:17.40	1:23.80	1:24.30	1:17.40
41.40	43.20	44.20	41.40	44.20	50 Breast	44.20	40.80	44.30	43.40	40.80
1:29.70	1:33.10	1:35.40	1:29.70	1:35.60	100 Breast	1:35.60	1:29.10	1:35.30	1:35.00	1:29.10
34.60	35.70	36.40	34.60	36.90	50 Fly	36.90	34.30	36.10	35.90	34.30
1:16.90	1:21.70	1:22.30	1:16.90	1:23.10	100 Fly	1:23.10	1:16.40	1:23.30	1:22.80	1:16.40
2:48.50	2:55.60	2:56.80	2:48.50	2:57.40	200 Medley	2:57.40	2:46.20	2:55.80	2:54.40	2:46.20
Girls 13-14						Boys 13-14				
29.90	30.80	30.70	29.90	30.90	50 Free	29.20	28.20	28.70	28.60	28.20
1:04.50	1:06.70	1:06.20	1:04.50	1:07.60	100 Free	1:03.10	1:00.70	1:02.00	1:02.50	1:00.70
2:20.00	2:25.70	2:24.80	2:20.00	2:27.80	200 Free	2:18.50	2:12.20	2:18.10	2:18.20	2:12.20
4:53.50	5:09.10	5:01.10	4:53.50	5:11.10	400 Free	4:58.40	4:42.90	4:55.10	5:00.00	4:42.90
10:19.50	10:49.70	10:55.50	10:19.50	10:51.60	800 Free	10:39.60	9:51.90	10:34.40	10:24.60	9:51.90
19:55.80	20:50.00	20:25.30	19:55.80	20:36.60	1500 Free	20:22.20	19:07.10	20:06.20	20:12.30	19:07.10
1:12.60	1:17.60	1:16.80	1:12.60	1:17.40	100 Back	1:12.70	1:09.40	1:13.20	1:13.60	1:09.40
2:37.10	2:49.50	2:49.30	2:37.10	2:48.00	200 Back	2:41.70	2:30.60	2:42.50	2:42.20	2:30.60
1:24.00	1:28.50	1:28.30	1:24.00	1:28.80	100 Breast	1:22.50	1:17.20	1:21.60	1:22.10	1:17.20
3:00.30	3:10.70	3:11.60	3:00.30	3:11.50	200 Breast	3:00.90	2:50.20	2:58.90	3:02.10	2:50.20
1:11.70	1:16.00	1:14.90	1:11.70	1:16.40	100 Fly	1:10.40	1:07.00	1:10.40	1:10.00	1:07.00
2:42.50	2:59.00	2:53.10	2:42.50	2:56.00	200 Fly	2:37.70	2:35.40	2:48.20	2:51.70	2:35.40
2:38.40	2:45.10	2:45.70	2:38.40	2:45.00	200 Medley	2:34.30	2:29.90	2:36.00	2:34.80	2:29.90
5:36.20	5:56.60	5:54.20	5:36.20	5:57.90	400 Medley	5:48.20	5:21.10	5:41.40	5:41.30	5:21.10
Girls 15-18						Boys 15-18				
	29.60	29.00		30.30	50 Free	27.00		26.20	26.30	
	1:04.20	1:02.30		1:05.60	100 Free	59.20		56.50	58.70	
	2:20.60	2:17.00		2:23.40	200 Free	2:10.20		2:04.60	2:07.40	
	5:01.00	4:50.80		5:01.90	400 Free	4:40.50		4:27.00	4:33.90	
	10:33.20	10:34.90		10:34.90	800 Free	10:10.10		9:54.40	9:54.40	
	20:33.40	20:08.90		20:06.50	1500 Free	19:24.70		19:25.70	19:18.20	
	1:14.50	1:12.20		1:14.50	100 Back	1:08.20		1:06.10	1:08.20	
	2:44.50	2:41.60		2:47.80	200 Back	2:35.30		2:29.10	2:31.70	
	1:25.10	1:22.90		1:27.40	100 Breast	1:17.40		1:13.50	1:15.10	
	3:08.50	3:03.10		3:10.40	200 Breast	2:50.50		2:45.00	2:49.50	
	1:12.50	1:09.30		1:12.90	100 Fly	1:04.40		1:02.10	1:03.90	
	2:50.60	2:43.70		2:56.90	200 Fly	2:34.90		2:25.50	2:33.60	
	2:38.90	2:35.80		2:41.10	200 Medley	2:27.00		2:21.80	2:24.10	
	5:53.20	5:44.00		5:51.10	400 Medley	5:32.30		5:09.70	5:21.90	