## WAIVER AND RELEASE OF LIABILITY

In consideration of the risk of injury while participating in Swimming and Waterpolo Trial week (the "Activity"), and as consideration for the right to participate in the Activity, I hereby, for myself, my heirs, executors, administrators, assigns, or personal representatives, knowingly and voluntarily enter into this waiver and release of liability and hereby waive any and all rights, claims or causes of action of any kind whatsoever arising out of my participation in the Activity, and do hereby release and forever discharge Costa Mesa Aquatics Club and NMUSD, located at 2650 Fairview Dr, Costa Mesa, California 92626, their affiliates, managers, members, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns, for any physical or psychological injury, including but not limited to illness, paralysis, death, damages, economical or emotional loss, that I may suffer as a direct result of my participation in the aforementioned Activity, including traveling to and from an event related to this Activity.

I am voluntarily participating in the aforementioned Activity and I am participating in the Activity entirely at my own risk. I am aware of the risks associated with traveling to and from as well as participating in this Activity, which may include, but are not limited to, physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and death. I understand that these injuries or outcomes may arise from my own or others' negligence, conditions related to travel, or the condition of the Activity location(s). Nonetheless, I assume all related risks, both known or unknown to me, of my participation in this Activity, including travel to, from and during this Activity.

I agree to indemnify and hold harmless Costa Mesa Aquatics Club and NMUSD against any and all claims, suits or actions of any kind whatsoever for liability, damages, compensation or otherwise brought by me or anyone on my behalf, including attorney's fees and any related costs, if litigation arises pursuant to any claims made by me or by anyone else acting on my behalf. If Costa Mesa Aquatics Club and NMUSD incurs any of these types of expenses, I agree to reimburse Costa Mesa Aquatics Club and NMUSD.

I acknowledge that Costa Mesa Aquatics Club and NMUSD and their directors, officers, volunteers, representatives and agents are not responsible for errors, omissions, acts or failures to act of any party or entity conducting a specific event or activity on behalf of Costa Mesa Aquatics Club and NMUSD.

I acknowledge that this Activity may involve a test of a person's physical and mental limits and may carry with it the potential for death, serious injury, and property loss. The risks may include, but are not limited to, those caused by terrain, facilities, temperature, weather, lack of hydration, condition of participants, equipment, vehicular traffic and actions of others, including but not limited to, participants, volunteers, spectators, coaches, event officials and event monitors, and/or producers of the event.

I acknowledge that I have carefully read this "waiver and release" and fully understand that it is a release of liability. I expressly agree to release and discharge Costa Mesa Aquatics Club and NMUSD and all of its affiliates, managers, members, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns, from any and all claims or causes of action and I agree to voluntarily give up or waive any right that I otherwise have to bring a legal action against Costa Mesa Aquatics Club and NMUSD for personal injury or property damage.

To the extent that statute or case law does not prohibit releases for negligence, this release is also for negligence on the part of Costa Mesa Aquatics Club and NMUSD, its agents, and employees.

In the event that I should require medical care or treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health

insurance.

Signature:

Date:

,	acknowledge and agree to be held l	result of my or my family's willful iable for any and all costs associated
agreement between two particle and unambiguous as to its term	rties of equal bargaining s and Costa Mesa Aquatics Club and N ms, and that no other evidence will that it will be interpreted based on	percion, and is to be interpreted as an strength. Both the Participant, NMUSD agree that this Agreement is be used or admitted to alter or explain the language in accordance with the
invalid, or if any term, condition, potherwise unenforceable, the remains the clause severed does not affect agreement to be invalid or unenforceable.	phrase or portion of this agreement shinder of this agreement shall remain the intent of the parties. If a court shall remain the intent of the parties in the court shall remain the intent of the parties in the court shall remain	ity shall be deemed to be severable or shall be determined to be unlawful or in in full force and effect, so long as should find that any provision of this provision it would become valid and ed and enforced as so limited.
In the event of an emergency, pleas	se contact the following person(s) in	the order presented:
<b>Emergency Contact</b>	Contact Relationship	Contact Telephone
this agreement. I certify that I have	ve read this agreement, that I fully	or older, and that I am freely signing understand its content and that this liability and a contract and that I am
Participant's Name: Participant's Address:		

## PARENT / GUARDIAN WAIVER FOR MINORS

signed by a parent or guardian, as for	 rears of age), then this release must be
I hereby certify that I am the paren do hereby give my consent without	 , named above, and behalf of this individual.
Parent / Guardian Name:	
Relationship to Minor:	
Signature:	
Date:	