

# 2024 EBAL Championship Bulletin

- **Date:** APRIL 26-27, 2024
  - **Location:** Dougherty Valley Aquatic Center (DVAC)
    - 10550 Albion Rd. San Ramon, CA 94582
  - **MEET REFEREE:** Mark Ryan
  - **Meet Director:** Heather Johnston
  - **Site Director:** Colleen Mayes
  - **Equipment Director:** Tom Johnson
  - **Entries:** Jean Ann Patridge
  - **Link to Purchase ONLINE ENTRANCE TIX:** [FRIDAY & SATURDAY]
  - **Previous Meet documents:** [[EBAL Meet Files by Year](#)]
  - **Psych Sheet:** [HERE]
  - **Live Results:** [HERE]
  - **Trials Meet Program [Friday]:** no programs for sale. Download Meet Program
    - **Trials Results [PDF]**
  - **Final Meet Program [Saturday]:** no program for sale. Download Meet Program
  - **Timeline:** [Trials] [Finals]
  - **Meet Files:** [TM / MM / [Results](#)] - "R-click" and save as for TM / MM Files
  - **T-Shirt Image:** [[HERE](#)]
  - **Updated:** APRIL 8, 2024
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- **ENTRY PROCEDURES:**
  - **Meeting via email sent out by April 8th, 8:00PM (TM EVENTS FILE ATTACHED)**
  - **Sunday April 21st:** Entries Due by 5:00PM [Email entry file to [Jean Ann](#) w/ Roster File [[jeanann.patridge@gmail.com](mailto:jeanann.patridge@gmail.com)]
  - **Monday April 22nd:** Team specific confirmations emailed to teams
  - **Tuesday April 23rd:** All changes to entries sent to Meet Director by 5:00pm
  - **Wednesday April 24th:** Psych Sheet / LIVE RESULTS / Meet Mobile
  - **Thursday April 25th:** Meet Program for EBAL Trials emailed to coaches
  - **Friday April 26th - EBAL Swim Varsity Trials at DVAC**
  - **Wednesday April 24th - Varsity EBAL Diving at Livermore HS**
    - [DIVING BULLETIN CLICK HERE](#)
    - EBAL DIVING Championships Pool Opens 1:00PM
    - EBAL DIVING Championships Warm-ups 1:30PM
    - EBAL DIVING Championships Girls & Boys Combined at 3:00PM
  - **Saturday April 27th - EBAL Swim Varsity Finals & JV Timed Finals at DVAC**

- **TIMELINE**

- Friday - Varsity Trials only

- Pool area opens at 9:30AM
  - [TEAM AREAS MAP](#)
- Warm-ups open at 10:00AM
  - Open warm ups
- Coaches meeting 11:45PM
- **Meet Starts 12:00PM**

- Saturday - Varsity Finals & JV Timed Finals

- Pool area opens at 6:30AM - move team set ups to outside Facility
  - [TEAM AREAS MAP](#)
- Warm-ups open at 7:00AM
  - Open Warm ups
- Coaching Meeting at 8:30AM
- **Meet starts at 9:00AM**

- **ADMISSION FEES**

ADULTS	\$10.00
STUDENTS / SENIORS	\$5.00
CHILDREN (12Y AND UNDER)	\$5.00
CHILDREN 4Y AND UNDER)	FREE
EBAL Staff passes are NOT accepted at EBAL Championships	
NCS and CIF passes to be accepted	

- **SCORING**

- Individual: 24, 21, 20, 19, 18, 17, 16, 15, 14, 13, 11, 9, 8, 7, 6, 5, 4, 3, 2, 1
- Relays: Double Individual points

- **VOLUNTEER TIMER LANE ASSIGNMENTS FOR FRIDAY / SATURDAY**

- Each team will be responsible for providing 3 timers and one (1) stopwatch each day as assigned below [Rotation each year updated by Meet Director]

Ln 1	DLS / San Ramon / Monte Vista
Ln 2	California / Amador / Foothill
Ln 3	Livermore / Granada / Dublin
Ln 4	Carondelet / DLS / San Ramon
Ln 5	Monte Vista / California / Amador
Ln 6	Foothill / Livermore / Granada
Ln 7	Dublin / Carondelet / DLS
Ln 8	San Ramon / Monte Vista / California
Ln 9	Amador / Foothill / Livermore
Ln 10	Granada / Dublin / Carondelet

- **Warm-up Pool Marshalls, one per each team** [Rotation each year updated by Meet Director]
  - **Description:** Keep swimmers moving in the warm up lanes, no hanging off of the lane ropes. No blocking the walls for swimmers to do turns

FRIDAY		SATURDAY	
11:00AM - 12:15PM	DLS / SRV	9:00AM - 10:15AM	DLS / FHS
12:00PM - 1:15PM	MV / AVHS	10:15AM - 11:30AM	CAL / SRV
1:00PM - 2:15PM	FHS / GHS	11:30AM - 12:45PM	MV / AVHS
2:00PM - 3:15PM	DHS / CHS	12:45PM - 2:00PM	FHS / GHS
		2:00PM - 3:15PM	DHS / CHS

- 2024 EBAL CHAMPIONSHIP MEET TEAM ASSIGNMENTS

	JOB	SCHOOL
1	Meet director, program Fri/Sat., media, entries package	Heather Johnston Jean Ann
2	Water for timers (and 2x 24-pack bottled water for officials)	MVHS
3	Announcer / PA System	CARO
4	Awards Distribution	GRANADA
5	Officials: Starter, Stroke and Turn - <b>MEET REFEREE</b>	<b>Mark Ryan</b>
6	Food/Drinks for Officials ( <b>FRIDAY</b> ) \$125 budget Coke/Sprite/Sandwiches (Dry, ask for condiment packets or get condiments). Deliver by 1:00pm). Plan for 12-15 officials	LIVERMORE
7	Food/Drinks for Officials ( <b>SATURDAY</b> ) \$125 budget Coke/Sprite/Pizza (cheese and pepperoni). Plan for 15 officials. Deliver by 11:30AM.	DUBLIN
8	Equipment maintenance	DLS
9	Site director: set up & take down of equipment	DVHS
10	Head Timer <b>both</b> days	CAL HIGH
11	Posting and Runners (bring blue tape - 2 rolls)	SRV
12	Colorado System operator (compensation)	Amador
13	Entries package, Seeding, Computer	Jean Ann Patridge
14	Warm up pool marshalls	See above (all)
15	Diving Director	Jeannette Thralls
16	Gate (Tix sales, monitors)	Host (DV)
17	Meet Volunteer Coordinator Gather list from each team of their volunteers for each day ( <b>each team gets 20 total</b> )	Host (DV)
18	Paralympic athletes	Meet Director

- **All Schools – You are responsible to clean up your area each day. There will be a clean-up break between the Breaststroke and 400 Free Relays each day to ensure team areas are clean.**
  
- **WE WILL FOLLOW THE NFHS 2023-2024 RULE BOOK, EXCEPTIONS BELOW:**
  - The National Federation of State High School Association rules will govern the meet. USA swim officials will run the meet according to these rules. As a reminder, please note the following items:
    - Sportsmanship and proper conduct will be expected per NFHS guidelines (**RULE 3-6-1A-G**)
    - Swimmers must enter the water feet first prior to warming-up and cooling down
    - EBAL Swimming Championship meet will be a USA Swimming observed and the times will be submitted to Pacific Swimming for inclusion
    - Swimmers must wear either **ONE-PIECE** team suits, or **ONE-PIECE PLAIN** dark blue or black suits, **WITHOUT ANY TYPE OF FASTENERS**. Only high school swim team logos are allowed
    - **BRAND LOGOS MUST NOT EXCEED 2-¼" SQUARE, OR 2'x3' FOR US FLAG (RULE 3-3-1/-2/-3)**
    - No shaving is allowed at the pool site or in the adjoining buildings
    - **KINESIO TAPES OF ANY KIND ARE NOT ALLOWED UNLESS SWIMMER HAS A VALID DOCTOR'S NOTE AND PRESENTED TO THE MEET REFEREE FOR APPROVAL PRIOR TO COMPETITION EVENT (RULE 3-3-4)**
    - Swim caps shall be team caps ONLY or turned inside out IF OTHERS during the competition
    - Individual teams must provide their own lap counters
    - **DECLARED FALSE STARTS ("DFS") MUST BE HANDED TO THE MEET REFEREE NO LESS THAN THIRTY (30) MINUTES PRIOR TO THE START OF THAT DAY'S MEET TO AVOID PENALTY. A DFS EVENT STILL COUNTS AS AN ENTRY FOR THE SWIMMER (RULE 3-2-3)**
    - As referenced in the NFHS Swimming Rules 3-2-2-3, in a championship meet, the swimmer shall be disqualified from further competition for failing to compete in all races and heats for which he/she has qualified and/or been entered
  
- **EXCEPTIONS TO CHAMPIONSHIPS FROM LEAGUE BYLAWS:**
  - Each school will be allowed eight (8) entries per individual Varsity event and eight (8) entries per JV event with the following exception of unlimited entries in JV & Var. 50 & 100 free and Diving
  - Only four Varsity Swimmers / Divers per school are allowed to move on to Finals and score, and only four JV Swimmers / Divers per school are allowed to score in each event this includes alternates. Note, alternates count as part of the four
  - Relays: either the 'A' or 'B' relay advance on time but only one team per school is allowed to advance into the finals. All teams will advance a legal relay to finals, swum in one heat in the finals session. Swimming scratches for Saturday must be declared on Friday within 30 minutes of the conclusion of the varsity boys 400 Free Relay
  - **Changes prior to the day of the meet will be made at the discretion of the Meet Director**

- **GENERAL INFORMATION:**

- EVERYBODY MUST FOLLOW ALL PARKING SIGNS AT ALL TIMES AND PARK IN LEGAL PARKING SPOTS
- Absolutely no meet parking in the tennis court area
- Buses must drop off and pick up later
- All swimmers will be **INSIDE** the gates on Friday for Trials
- All swimmers will be **OUTSIDE** the gates on Saturday for Finals