

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Dec 16	Dec 17	Dec 18	Dec 19	Dec 20	Dec 21	Dec 22
Bronze 10U	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm	Christmas Party	Winter Break	Winter Break	Winter Break
Bronze 11-12	6:00-6:45pm	6:00-6:45pm	6:00-6:45pm	Christmas Party	Winter Break	Winter Break	Winter Break
Silver	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm	Christmas Party	Winter Break	Winter Break	Winter Break
Gold	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm	Christmas Party	Winter Break	Winter Break	Winter Break
Pre Senior	6:00-7:00pm	6:00-7:00pm	4:30-7:00pm*	Christmas Party	Winter Break	Winter Break	Winter Break
Senior	4:45-6:45pm	4:45-6:45pm	4:30-7:30pm*	Christmas Party	Winter Break	Winter Break	Winter Break
Senior Elite	4:45-7:00pm	5:30-7:30pm	4:30-7:30pm*	Christmas Party	Senior Champs	Senior Champs	Senior Champs

Senior Elite is attending Senior Champs Dec 20-22

\*Animal Shelter Visit - Wednesday 4:30-5:30pm, 6:00-7:30pm swim (Senior, Pre Senior and Senior Elite)

Christmas Party on Wednesday 4:30-7:30pm, bring your ugly sweater and Christmas cookies.

Website/Recommended reading/Videos - [Find Your Marigolds: The One Essential Rule](#)

([www.fontanaaquatics.org](http://www.fontanaaquatics.org)→Resources→Recommended Reading→For Swimmers→Find Your Marigolds: The One Essential Rule)