

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Dec 2	Dec 3	Dec 4	Dec 5	Dec 6	Dec 7	Dec 8
Bronze 10U	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm	Mesa Meet	Mesa Meet
Bronze 11-12	6:00-6:45pm	6:00-6:45pm	6:00-6:45pm	6:00-6:45pm	6:00-6:45pm	Mesa Meet	Mesa Meet
Silver	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm	Mesa Meet	Mesa Meet
Gold	4:30-6:30pm	4:30-6:30pm	4:30-6:30pm	4:30-6:30pm	4:30-6:30pm	Mesa Meet	Mesa Meet
Pre Senior	6:30-7:30pm	6:30-7:30pm	6:30-7:30pm	6:30-7:30pm	6:30-7:30pm	Mesa Meet	Mesa Meet
Senior	4:45-6:45pm	4:45-6:45pm	4:45-6:45pm	4:45-6:45pm	4:45-6:45pm	Mesa Meet	Mesa Meet
Senior Elite	4:45-7:30pm	5:45-7:00am 5:30-7:30pm	4:45-7:30pm	5:30-7:30pm	4:45-6:45pm	Mesa Meet Individual*	Mesa Meet

Last Ditch Mesa Meet - Last meet where swimmers can get qualified for WAG and Senior Meet later in the month

*Senior Elite Swimmers that are not swimming at the meet on Saturday will complete posted practice individually. More info will be sent out.

Board meeting - Thursday December 5th starting at 5:30pm at Jessie Turner Center. All parents are welcomed.

Website/Recommended reading/Videos -You don't have to go to practice today. You Get To.

(www.fontanaaquatics.org→Resources→Recommended Reading→**You don't have to go to practice today. You Get To.**)