

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Mar 2	Mar 3	Mar 4	Mar 5	Mar 6	Mar 7	Mar 8
Bronze 10U	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm		
Bronze 11-12	6:00-6:45pm	6:00-6:45pm	6:00-6:45pm	6:00-6:45pm	6:00-6:45pm		
Silver	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm		
Gold	4:30-6:30pm	4:30-6:00pm	4:30-6:30pm	4:30-6:30pm	4:30-6:30pm		
Pre Senior	6:30-7:30pm	6:30-7:30pm	6:30-7:30pm	6:30-7:30pm	6:30-7:30pm		
Senior	4:45-6:45pm	4:45-6:45pm	4:45-6:45pm	4:45-6:45pm	4:45-6:45pm		
Senior Elite	4:45-7:30pm	5:45-7:00am 5:30-7:30pm	4:45-7:30pm	5:30-7:30pm	4:45-7:30pm	9-11:30am*	

Senior Elite - Saturday March 7th practice at Crafton Hills College LCM

Board meeting - Thursday March 5, 2020 at JTC

Website/Recommended reading/Videos - [A few Suggestions on How to be a Better Swim Parent](#)

(www.fontanaaquatics.org→Resources→Recommended Reading→For Parents→[A few Suggestions on How to be a Better Swim Parent](#))