

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Sep 16	Sep 17	Sep 18	Sep 19	Sep 20	Sep 21	Sep 22
Bronze 10U	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm	4:30-5:15pm	off	off
Bronze 11-12	6:00-6:45pm	6:00-6:45pm	6:00-6:45pm	6:00-6:45pm	6:00-6:45pm	off	off
Silver	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm	off	off
Gold	4:30-6:30pm	4:30-6:30pm	4:30-6:30pm	4:30-6:30pm	4:30-6:30pm	off	off
Pre Senior	6:45-7:45pm	6:45-7:45pm	6:45-7:45pm	6:45-7:45pm	6:45-7:45pm	off	off
Senior	5:15-7:15pm	5:15-7:15pm	5:15-7:15pm	5:15-7:15pm	5:15-6:45pm	off	off
Senior Elite	4:45-7:30pm	5:30-7:30pm	4:45-7:30pm	5:30-7:30pm	4:45-7:30pm	7:00-10:00am	off

Great Job Swimmers and Parents our first meet of the season was a great success!

Website/Recommended reading - Leadership vs Management (www.fontanaaquatics.org→Resources→Recommended Reading→Leadership vs Management)

Connect with your team on social media:

WhatsApp - If you are not in the group yet please ask your coach to get a link. Each group has their own group.

Instagram - @fontanaaquatics

Facebook - fontana aquatics club