

**Fontana Aquatics Club****April 18-24, 2022**[www.fontanaaquatics.org](http://www.fontanaaquatics.org)

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
	<b>April 18</b>	<b>April 19</b>	<b>April 20</b>	<b>April 21</b>	<b>April 22</b>	<b>April 23</b>	<b>April 24</b>
<b>Senior Elite</b>	4:45-5:25pm dryland 5:30-7:00pm swim	5:00-5:40pm dryland 5:45-7:00pm swim	<b>SSDL individually</b>	5:00-5:40pm dryland 5:45-7:00pm swim	4:45-5:10pm dryland 5:15-7:00pm swim	<b>EC Home Meet</b>	<b>EC Home Meet</b>
<b>Senior</b>	5:30-7:00pm swim	5:00-5:40pm dryland 5:45-7:00pm swim	5:45-7:00pm swim	5:00-6:30pm swim 6:35-7:00pm dryland	5:30-7:00pm swim	<b>EC Home Meet</b>	<b>EC Home Meet</b>
<b>Senior Fit</b>		5:00-6:00pm swim 6:05-6:30pm swim	5:15-5:40pm dryland 5:45-7:00pm swim	5:15-5:40pm dryland 5:45-7:00pm swim		<b>EC Home Meet</b>	<b>EC Home Meet</b>
<b>Junior Elite</b>	4:00-5:30pm swim 5:35-6:00pm dryland	4:00-5:00pm swim 5:05-5:30pm dryland	<b>SSDL Individually</b>	4:00-5:00pm swim 5:05-5:30pm dryland	4:00-5:30pm swim 5:35-6:00pm dryland	<b>EC Home Meet</b>	<b>EC Home Meet</b>
<b>Junior Advanced</b>	4:00-5:30pm swim 5:35-5:45pm dryland	4:45-5:45pm swim	4:45-5:45pm swim		4:00-5:15pm swim 5:20-5:45pm dryland	<b>EC Home Meet</b>	<b>EC Home Meet</b>
<b>Junior</b>	4:45-5:30pm swim 5:35-6:00pm dryland	4:00-5:00pm swim	4:45-5:45pm swim 5:50-6:15pm dryland	4:45-5:45pm swim	4:45-5:30pm swim 5:35-6:00pm dryland	<b>EC Home Meet</b>	<b>EC Home Meet</b>
<b>Senior Development</b>	4:00-4:45pm swim		4:00-4:45pm swim	4:00-4:45pm swim	4:00-4:45pm swim	<b>EC Home Meet</b>	<b>EC Home Meet</b>
<b>Junior Development</b>	4:45-5:30pm swim	4:00-4:45pm swim	4:00-4:45pm swim		4:45-5:30pm swim	<b>EC Home Meet</b>	<b>EC Home Meet</b>
<b>Pre Team</b>	6:30-7:00pm Sharks	6:30-7:00pm Starfish	6:30-7:00pm Sharks	6:30-7:00pm Starfish	6:30-7:00pm Sharks		
<b>Senior Pre Comp</b>	6:00-6:30pm Dolphins	6:00-6:30pm Seals	6:00-6:30pm Dolphins	6:00-6:30pm Seals	6:00-6:30pm Dolphins		
<b>Junior Pre Comp</b>	5:30-6:00pm Whales	5:30-6:00pm Otters	5:30-6:00pm Whales	5:30-6:00pm Otters	5:30-6:00pm Whales		