

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	December 6	December 7	December 8	December 9	December 10	December 11	December 12
Senior Elite	4:00-6:00pm	5:00-7:00pm*		5:30-7:00pm*	4:00-5:30pm WAG	WAG	WAG
Senior	6:00-7:00pm	5:00-6:30pm*	5:30-7:00pm*	5:00-6:30pm*	5:45-7:00pm WAG	WAG	WAG
Senior Fit		5:30-7:00pm*	4:45-5:45pm	5:30-7:00pm*			
Junior Elite	4:00-5:00pm	4:00-5:30pm*		4:00-5:30pm*	5:45-7:00pm WAG	WAG	WAG
Junior Advanced	5:00-6:00pm		4:30-5:45pm*		4:45-5:45pm WAG	WAG	WAG
Junior	5:30-6:30pm	4:00-5:30pm*	5:45-6:45pm	4:00-5:30pm*	WAG	WAG	WAG
Senior Development	4:00-4:45pm		4:00-4:45pm	5:00-6:00pm*	4:00-4:45pm		
Junior Development	4:45-5:30pm	5:15-6:00pm*	4:00-4:45pm*		5:30-6:00pm		
Pre Team	6:30-7:00pm Sharks	6:30-7:00pm Starfish	6:30-7:00pm Sharks	6:30-7:00pm Starfish	5:30-7pm CANDY MEET		
Senior Pre Comp	6:00-6:30pm Dolphins	6:00-6:30pm Seals	6:00-6:30pm Dolphins	6:00-6:30pm Seals	5:30-7pm CANDY MEET		
Junior Pre Comp	5:30-6:00pm Whales	5:30-6:00pm Otters	5:30-6:00pm Whales	5:30-6:00pm Otters	5:30-7pm CANDY MEET		

*practice includes dryland - bring FAC team shirt, water bottle, athletic shoes