

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------|---|---|---|---|---|---|-------------------------------|
| | June 27 | June 28 | June 29 | June 30 | July 1 | July 2 | July 3 |
| Senior Elite | 8:30-9:00am dryland 9-10:30am swim | 8:30-9:00am dryland 9:00-11:00am Swim | 8:30-9:00am dryland 9-10:30am swim | 8:30-9:00am dryland 9:00-11:00am Swim | SSDL individually Las Vegas Firecracker Meet | 8:30-10:30am swim Las Vegas Firecracker Meet | Las Vegas Firecracker Meet |
| Senior | 7:30-9:00am swim 9:00-9:30am dryland | 7:00-7:30am dryland 7:30-9:00am swim | 7:30-9:00am swim 9:00-9:30am dryland | 7:00-7:30am dryland 7:30-9:00am swim | 7:30-9:00am swim 9:00-9:30am dryland | Las Vegas Firecracker Meet | Las Vegas Firecracker Meet |
| Senior Fit | 9:00-10:15am swim | 9:00-10:15am swim | 9:00-10:15am swim | 9:00-10:15am swim | 8:30-9:45am swim 9:45-10:15am dryland | Las Vegas Firecracker Meet | Las Vegas Firecracker Meet |
| Junior Elite | 10:00-10:30am dryland 10:30-12:00pm swim | 10:30-11:00am dryland 11:00-12:30pm swim | 10:00-10:30am dryland 10:30-12:00pm swim | 10:30-11:00am dryland 11:00-12:30pm swim | SSDL Individually | 8:30-10:30am swim Las Vegas Firecracker Meet | Las Vegas Firecracker Meet |
| Junior Advanced | 10:15-11:45am swim | 10:15-11:45am swim | 10:15-11:45am swim | 10:15-11:45am swim | 9:15-9:45am Dryland 9:45-10:45am swim | Las Vegas Firecracker Meet | Las Vegas Firecracker Meet |
| Junior | 10:15-11:45am swim | 10:15-11:45am swim | 10:15-11:45am swim | 10:15-11:45am swim | 9:15-9:45am Dryland 9:45-10:45am swim | Las Vegas Firecracker Meet | Las Vegas Firecracker Meet |
| Senior Development | 11:45-12:30pm swim | 11:45-12:30pm swim | 11:45-12:30pm swim | 11:45-12:30pm swim | 10:45-11:30am swim | | |
| Junior Development | 4:00-4:45pm | | 4:00-4:45pm | | 4:00-4:45pm | | |

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| | swim | | swim | | swim | | |
| Pre Team | 6:00-6:30pm Sharks | 6:00-6:30pm Starfish | 6:00-6:30pm Sharks | 6:00-6:30pm Starfish | 6:00-6:30pm Sharks | | |
| Senior Pre Comp | 5:30-6:00pm Dolphins | 5:30-6:00pm Seals | 5:30-6:00pm Dolphins | 5:30-6:00pm Seals | 5:30-6:00pm Dolphins | | |
| Junior Pre Comp | 5:00-5:30pm Whales | 5:00-5:30pm Otters | 5:00-5:30pm Whales | 5:00-5:30pm Otters | 5:00-5:30pm Whales | | |