

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	June 6	June 7	June 8	June 9	June 10	June 11	June 12
Senior Elite	8:30-9:00am dryland 9:00-10:30am swim	8:30-9:00am dryland 9:00-11:00am Swim	8:30-9:00am dryland 9-10:30am swim	8:30-9:00am dryland 9:00-11:00am Swim	<b>SSDL individually</b>	10-11:30 am Swim <b>SSDL individually</b>	<b>5-8pm FAC TEAM BANQUET</b>
Senior	7:30-9:00am swim 9:00-9:30am dryland	7:00-7:30am dryland 7:30-9:00am swim	7:30-9:00am swim 9:00-9:30am dryland	7:00-7:30am dryland 7:30-9:00am swim	7:30-9:00am swim 9:00-9:30am dryland		<b>5-8pm FAC TEAM BANQUET</b>
Senior Fit	9:00-10:15am swim	9:00-10:15am swim	9:00-10:15am swim	9:00-10:15am swim	8:30-9:45am swim 9:45-10:15am dryland		<b>5-8pm FAC TEAM BANQUET</b>
Junior Elite	10:00-10:30am dryland 10:30-12:00pm swim	10:30-11:00am dryland 11:00-12:30pm swim	10:00-10:30am dryland 10:30-12:00pm swim	10:30-11:00am dryland 11:00-12:30pm swim	<b>SSDL Individually</b>	8:30-10:00am swim <b>SSDL Individually</b>	<b>5-8pm FAC TEAM BANQUET</b>
Junior Advanced	10:15-11:45am swim	10:15-11:45am swim	10:15-11:45am swim	10:15-11:45am swim	9:15-9:45am Dryland 9:45-10:45am swim		<b>5-8pm FAC TEAM BANQUET</b>
Junior	10:15-11:45am swim	10:15-11:45am swim	10:15-11:45am swim	10:15-11:45am swim	9:15-9:45am Dryland 9:45-10:45am swim		<b>5-8pm FAC TEAM BANQUET</b>
Senior Development	11:45-12:30pm swim	11:45-12:30pm swim	11:45-12:30pm swim	11:45-12:30pm swim	10:45-11:30am swim		<b>5-8pm FAC TEAM BANQUET</b>
Junior Development	4:00-4:45pm		4:00-4:45pm		4:00-4:45pm	8:30-9:15am	<b>5-8pm</b>

	swim		swim		swim	swim	<b>FAC TEAM BANQUET</b>
Pre Team	6:00-6:30pm Pre Team	6:00-6:30pm Pre Team	6:00-6:30pm Pre Team	6:00-6:30pm Pre Team	6:00-6:30pm Pre Team		<b>5-8pm FAC TEAM BANQUET</b>
Senior Pre Comp	5:30-6:00pm Pre Comp SR	5:30-6:00pm Pre Comp SR	5:30-6:00pm Pre Comp SR	5:30-6:00pm Pre Comp SR	5:30-6:00pm Pre Comp SR		<b>5-8pm FAC TEAM BANQUET</b>
Junior Pre Comp	5:00-5:30pm Pre Comp JR	5:00-5:30pm Pre Comp JR	5:00-5:30pm Pre Comp JR	5:00-5:30pm Pre Comp JR	5:00-5:30pm Pre Comp JR		<b>5-8pm FAC TEAM BANQUET</b>