

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	May 23	May 24	May 25	May 26	May 27	May 28	May 29
<b>Senior Elite</b>	4:45-5:25pm dryland 5:30-7:00pm swim	4:45-5:25pm dryland 5:30-7:00pm swim	<b>SSDL individually</b>	4:45-5:25pm dryland 5:30-7:00pm swim	4:45-5:25pm dryland 5:30-7:00pm swim	11:00am-1:00pm @Crafton	
<b>Senior</b>	5:30-7:00pm swim	5:00-5:40pm dryland 5:45-7:00pm swim	5:45-7:00pm swim	5:00-6:30pm swim 6:35-7:00pm dryland	5:30-7:00pm swim	11:00am-1:00pm @Crafton	
<b>Senior Fit</b>		5:00-5:40pm dryland 5:45-7:00pm swim	5:45-7:00pm swim	5:00-5:40pm dryland 5:45-7:00pm swim		7:30-8:30am swim	
<b>Junior Elite</b>	4:00-5:30pm swim 5:35-6:00pm dryland	4:00-5:00pm swim 5:05-5:30pm dryland	<b>SSDL Individually</b>	4:00-5:00pm swim 5:05-5:30pm dryland	4:00-5:30pm swim 5:35-6:00pm dryland	11:00am-1:00pm @Crafton	
<b>Junior Advanced</b>	4:00-5:30pm swim 5:35-5:45pm dryland	4:45-5:45pm swim	4:45-5:45pm swim		4:00-5:15pm swim 5:20-5:45pm dryland	7:30-8:30am swim	
<b>Junior</b>	4:45-5:30pm swim	4:00-5:00pm swim	4:45-5:45pm swim 5:50-6:15pm dryland	4:45-5:45pm swim	4:45-5:30pm swim 5:35-6:00pm dryland		
<b>Senior Development</b>	4:00-4:45pm swim		4:00-4:45pm swim	4:00-4:45pm swim	4:00-4:45pm swim		
<b>Junior Development</b>	4:45-5:30pm swim	4:00-4:45pm swim	4:00-4:45pm swim		4:45-5:30pm swim		
<b>Pre Team</b>	6:30-7:00pm Sharks	6:30-7:00pm Starfish	6:30-7:00pm Sharks	6:30-7:00pm Starfish	6:30-7:00pm Sharks		
<b>Senior Pre Comp</b>	6:00-6:30pm Dolphins	6:00-6:30pm Seals	6:00-6:30pm Dolphins	6:00-6:30pm Seals	6:00-6:30pm Dolphins		
<b>Junior Pre Comp</b>	5:30-6:00pm Whales	5:30-6:00pm Otters	5:30-6:00pm Whales	5:30-6:00pm Otters	5:30-6:00pm Whales		

**Monday May 30th - Memorial Day, pool will be closed, no swim practice**

**Monday June 6th - Summer schedule begins**