

**Fontana Aquatics Club****November 8 - 14, 2021**[www.fontanaaquatics.org](http://www.fontanaaquatics.org)

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
	<b>November 8</b>	<b>November 9</b>	<b>November 10</b>	<b>November 11</b>	<b>November 12</b>	<b>November 13</b>	<b>November 14</b>
Senior Elite	4:00-6:00pm	6:00-7:00am 5:00-7:00pm*		9:30-11:30am	4:00-6:00pm* <b>FAC MEET</b>		<b>FAC MEET</b>
Senior	6:00-7:30pm*	5:00-6:30pm*	5:30-7:00pm*	8:30-9:30am	6:00-7:00pm <b>FAC MEET</b>		<b>FAC MEET</b>
Senior Fit		5:30-7:00pm*	4:45-5:45pm	7:30-8:30am		<b>FAC MEET</b>	<b>FAC MEET</b>
Junior Elite	4:00-5:30pm*	4:00-5:30pm*		9:00-10:30am	6:00-7:00pm* <b>FAC MEET</b>		<b>FAC MEET</b>
Junior Advanced	4:30-6:00pm*		4:30-5:45pm*		4:30-5:45pm* <b>FAC MEET</b>		<b>FAC MEET</b>
Junior	5:30-6:30pm	4:00-5:30pm*	5:45-6:45pm	<b>No practice</b>		<b>FAC MEET</b>	<b>FAC MEET</b>
Senior Development	4:00-4:45pm		4:00-4:45pm	<b>No practice</b>	4:00-4:45pm <b>FAC MEET</b>		<b>FAC MEET</b>
Junior Development	4:45-5:30pm	5:15-6:00pm*	4:00-4:45pm*		5:30-6:00pm <b>FAC MEET</b>		<b>FAC MEET</b>
Pre Team	6:30-7:00pm Sharks	6:30-7:00pm Starfish	6:30-7:00pm Sharks	<b>No practice</b>	<b>5:30-7:00pm CANDY MEET</b>		
Senior Pre Comp	6:00-6:30pm Dolphins	6:00-6:30pm Seals	6:00-6:30pm Dolphins	<b>No practice</b>	<b>5:30-7:00pm CANDY MEET</b>		
Junior Pre Comp	5:30-6:00pm Whales	5:30-6:00pm Otters	5:30-6:00pm Whales	<b>No practice</b>	<b>5:30-7:00pm CANDY MEET</b>		

**November 11th Veterans DAY - adjusted practice times****November 12th - Candy meet for all pre comp groups (Sharks, Dolphins, Whales, Starfish, Seals, Otters)****November 13-14, FAC Home Meet, we are hosting a committee meet. All swimmers are expected to attend and all parents are expected to volunteer!**