

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	September 13	September 14	September 15	September 16	September 17	September 18	September 19
Senior Elite	4:00-6:00pm	6:00-7:00am 5:30-7:00pm*		5:30-7:00pm*	4:00-6:00pm* EC Meet	EC Meet	EC Meet
Senior	6:00-7:30pm*	5:00-6:30pm*	5:30-7:00pm*	5:00-6:30pm*	5:45-7:00pm	EC Meet	EC Meet
Senior Fit		6:00-7:00pm	4:45-5:45pm	6:00-7:00pm		EC Meet	EC Meet
Junior Elite	4-5pm	4:00-5:30pm*		4:00-5:30pm*	6:00-7:00pm	EC Meet	EC Meet
Junior Advanced	4:30-6:00pm*		4:30-5:45pm*		4:30-5:45pm*	EC Meet	EC Meet
Junior	5:30-6:30pm	4:00-5:30pm*	5:45-6:45pm	4:00-5:30pm*		EC Meet	EC Meet
Senior Development	4:00-4:45pm		4:00-4:45pm	5:15-6:00pm*	4:00-4:45pm	EC Meet	EC Meet
Junior Development	4:45-5:30pm	5:15-6:00pm*	4:00-4:45pm*		5:30-6:00pm	EC Meet	EC Meet
Pre Team	6:30-7:00pm Sharks	6:30-7:00pm Starfish	6:30-7:00pm Sharks	6:30-7:00pm Starfish	6:30-7:00pm Sharks		
Senior Pre Comp	6:00-6:30pm Dolphins	6:00-6:30pm Seals	6:00-6:30pm Dolphins	6:00-6:30pm Seals	6:00-6:30pm Dolphins		
Junior Pre Comp	5:30-6:00pm Whales	5:30-6:00pm Otters	5:30-6:00pm Whales	5:30-6:00pm Otters	5:00-5:30pm Whales		

September 18-19 - EC meet in Eastvale (hosted by CCAQ)