

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	September 20	September 21	September 22	September 23	September 24	September 25	September 26
Senior Elite	4:00-6:00pm	6:00-7:00am 5:30-7:00pm*		5:30-7:00pm*	4:00-6:00pm*	11:00am-1:00pm	
Senior	6:00-7:30pm*	5:00-6:30pm*	5:30-7:00pm*	5:00-6:30pm*	5:45-7:00pm		
Senior Fit		6:00-7:00pm	4:45-5:45pm	6:00-7:00pm		7:30-8:30am	
Junior Elite	4-5pm	4:00-5:30pm*		4:00-5:30pm*	6:00-7:00pm	11:00am-1:00pm	
Junior Advanced	4:30-6:00pm*		4:30-5:45pm*		4:30-5:45pm*	8:30-9:30am	
Junior	5:30-6:30pm	4:00-5:30pm*	5:45-6:45pm	4:00-5:30pm*			
Senior Development	4:00-4:45pm		4:00-4:45pm	5:00-6:00pm*	4:00-4:45pm		
Junior Development	4:45-5:30pm	5:15-6:00pm*	4:00-4:45pm*		5:30-6:00pm		
Pre Team	6:30-7:00pm Sharks	6:30-7:00pm Starfish	6:30-7:00pm Sharks	6:30-7:00pm Starfish	5:45-6:45pm Candy Meet		
Senior Pre Comp	6:00-6:30pm Dolphins	6:00-6:30pm Seals	6:00-6:30pm Dolphins	6:00-6:30pm Seals	5:45-6:45pm Candy Meet		
Junior Pre Comp	5:30-6:00pm Whales	5:30-6:00pm Otters*	5:30-6:00pm Whales	5:30-6:00pm Otters	5:45-6:45pm Candy Meet		

Friday September 24 - Candy Meet 5:45-6:45pm all Pre Comp Division (Sharks, Dolphins, Whales, Starfish, Seals, Otters), arrive between 5:30-5:40pm so we can account for all swimmers

***Otters - we will keep Tuesday practice time 5:30-6pm moving forward**

Saturday September 25 - SE and JE practice 11am-1pm at Crafton Hills College LCM pool