

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Sep 21	Sep 22	Sep 23	Sep 24	Sep 25	Sep 26	Sep 27
Senior Elite	3:45-5:15pm	3:45-5:00pm	6:30pm parents meeting	3:45-5:00pm	3:45-5:15pm	Intrasquad Meet 8:30-9:45am	
Senior	5:15-6:15pm	6:00-7:00pm		6:00-7:00pm	5:15-6:15pm	Intrasquad Meet 8:30-9:45am	
Pre Senior	6:50pm parents meeting	5:00-6:00pm	6:05-7:00pm	5:00-6:00pm		Intrasquad Meet 9:45-10:45am	
Junior	3:45-4:45pm		3:45-4:30pm		3:45-4:45pm	Intrasquad Meet 8:30-9:45am	
Gold	6:15-7:00pm		5:00-6:00pm		6:15-7:00pm	Intrasquad Meet 9:45-10:45am	
Silver		4:15-5:00pm 6:20pm p.meeting	4:15-5:00pm	4:15-5:00pm		Intrasquad Meet 10:45-11:30am	
Bronze 11-12	6:00pm Parents meeting	3:45-4:15pm	3:45-4:15pm	3:45-4:15pm		Intrasquad Meet 10:45-11:30am	
Bronze 10U	4:45-5:15pm		4:30-5:00pm		4:45-5:15pm	Intrasquad Meet 10:45-11:30am	

**Intrasquad Meet - Saturday September 26, 3 sessions please arrive 10-15 minutes before your session starts to check in and go through Health check in, Volunteer opportunities are available for sign up online under events (job sign up)**

**PARENT MEETINGS** (at least one parent must attend for swimmers 12 and younger, all swimmers 13 and older must attend with at least one parent):

<b>Senior Elite</b>	<b>Wednesday September 23, 6:30pm</b>
Senior	Wednesday September 9, 7:00pm DONE
<b>Pre Senior</b>	<b>Monday September 21, 6:50pm</b>
Junior	Tuesday September 15, 6:00pm DONE
Gold	Tuesday September 29, 6:00pm
<b>Silver</b>	<b>Tuesday September 22, 6:20pm</b>
<b>Bronze 10-12</b>	<b>Monday September 21, 6:00pm</b>
Bronze 9U	Wednesday September 16, 7:00pm DONE