

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	September 6	September 7	September 8	September 9	September 10	September 11	September 12
Senior Elite	<b>Labor day off</b>	<b>6:00-7:00am</b> 5:30-7:00pm*	<b>7:30-8:00pm</b> <b>Zoom meeting</b>			<b>8:30-10:00am</b> <b>Pali retreat</b>	<b>Pali retreat</b>
Senior	<b>Labor day off</b>	5:00-6:30pm*	5:30-7:00pm*	5:00-6:30pm*	5:45-7:00pm		
Senior Fit	<b>Labor day off</b>	6:00-7:00pm	4:45-5:45pm	6:00-7:00pm		<b>7:00-8:30am</b>	
Junior Elite	<b>Labor day off</b>	4:00-5:30pm*	<b>7:30-8:00pm</b> <b>Zoom meeting</b>	4:00-5:30pm*	6:00-7:00pm	<b>8:30-10:00am</b> <b>Pali retreat</b>	<b>Pali retreat</b>
Junior Advanced	<b>Labor day off</b>		4:30-5:45pm*		4:30-5:45pm*	<b>7:00-8:30am</b>	
Junior	<b>Labor day off</b>	4:00-5:30pm*	5:45-6:45pm	4:00-5:30pm*			
Senior Development	<b>Labor day off</b>		4:00-4:45pm	5:15-6:00pm*	4:00-4:45pm		
Junior Development	<b>Labor day off</b>	5:15-6:00pm*	4:00-4:45pm*		5:30-6:00pm		
Pre Team	<b>Labor day off</b>	6:30-7:00pm Starfish	6:30-7:00pm Sharks	6:30-7:00pm Starfish	6:30-7:00pm Sharks		
Senior Pre Comp	<b>Labor day off</b>	6:00-6:30pm Seals	6:00-6:30pm Dolphins	6:00-6:30pm Seals	6:00-6:30pm Dolphins		
Junior Pre Comp	<b>Labor day off</b>	<b>5:30-6:00pm</b> <b>Otters</b>	5:30-6:00pm Whales	5:30-6:00pm Otters	5:00-5:30pm Whales		

**Monday September 6th - Happy Labor Day! No practice, the pool is closed.**

**Tuesday September 7th - Senior Elite begins morning practice only on Tuesday at this time. Be on time!**

**Wednesday September 8th - Zoom meeting for all swimmers that are attending Pali retreat. At least one parent must be present with their swimmer.**

**Saturday September 11th - change of practice time due the city event.**

**Saturday and Sunday - Senior Elite and Junior Elite retreat at Pali.**