

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	September 6	September 7	September 8	September 9	September 10	September 11	September 12
Senior Elite	Labor day off	6:00-7:00am 5:30-7:00pm*	7:30-8:00pm Zoom meeting	5:30-7:00pm*	4:00-6:00pm*	8:30-10:00am Pali retreat	Pali retreat
Senior	Labor day off	5:00-6:30pm*	5:30-7:00pm*	5:00-6:30pm*	5:45-7:00pm		
Senior Fit	Labor day off	6:00-7:00pm	4:45-5:45pm	6:00-7:00pm		7:00-8:30am	
Junior Elite	Labor day off	4:00-5:30pm*	7:30-8:00pm Zoom meeting	4:00-5:30pm*	6:00-7:00pm	8:30-10:00am Pali retreat	Pali retreat
Junior Advanced	Labor day off		4:30-5:45pm*		4:30-5:45pm*	7:00-8:30am	
Junior	Labor day off	4:00-5:30pm*	5:45-6:45pm	4:00-5:30pm*			
Senior Development	Labor day off		4:00-4:45pm	5:15-6:00pm*	4:00-4:45pm		
Junior Development	Labor day off	5:15-6:00pm*	4:00-4:45pm*		5:30-6:00pm		
Pre Team	Labor day off	6:30-7:00pm Starfish	6:30-7:00pm Sharks	6:30-7:00pm Starfish	6:30-7:00pm Sharks		
Senior Pre Comp	Labor day off	6:00-6:30pm Seals	6:00-6:30pm Dolphins	6:00-6:30pm Seals	6:00-6:30pm Dolphins		
Junior Pre Comp	Labor day off	5:30-6:00pm Otters	5:30-6:00pm Whales	5:30-6:00pm Otters	5:00-5:30pm Whales		

Monday September 6th - Happy Labor Day! No practice, the pool is closed.

Tuesday September 7th - Senior Elite begins morning practice only on Tuesday at this time. Be on time!

Wednesday September 8th - Zoom meeting for all swimmers that are attending Pali retreat. At least one parent must be present with their swimmer.

Saturday September 11th - change of practice time due the city event.

Saturday and Sunday - Senior Elite and Junior Elite retreat at Pali.