

Fontana Aquatics Club

May 29 - June 4, 2023

www.fontanaaquatics.org

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	May 29	May 30	May 31	June 1	June 2	June 3	June 4
Senior Elite	SSDL individually No swim, pool is closed due to the holiday	5:00-5:20pm dry land 5:30-7:00pm swim	SSDL individually	5:00-5:20pm dry land 5:30-7:00pm swim	5:00-7:00pm Swim SSDL individually	EC Meet LCM @YST	EC Meet LCM @YST
Senior	No swim, pool is closed due to the holiday	5:00-5:20pm dryland 5:30-7:00pm swim	5:30-7:00pm swim	5:00-5:20pm dry land 5:30-7:00pm swim	5:00-7:00pm swim	EC Meet LCM @YST	EC Meet LCM @YST
Senior Fit		4:00-5:30pm swim	5:00-6:30pm swim	4:00-5:30pm swim		EC Meet LCM @YST	EC Meet LCM @YST
Junior Elite	SSDL individually No swim, pool is closed due to the holiday	5:00-5:20pm dry land 5:30-7:00pm swim	SSDL individually	5:00-5:20pm dry land 5:30-7:00pm swim	5:00-7:00pm Swim SSDL individually	EC Meet LCM @YST	EC Meet LCM @YST
Junior + Advanced	No swim, pool is closed due to the holiday	4-4:30pm dryland 4:30-5:30pm swim	4:00-5:30pm swim	4:00-5:00pm swim 5:00-5:30pm dryland	4:00-5:30pm swim	EC Meet LCM @YST	EC Meet LCM @YST
Senior Development	No swim, pool is closed due to the holiday		5:30-6:30pm swim	5:30-5:50pm dryland 6:00-7:00pm swim	5:30-6:30pm swim		
Junior Development	No swim, pool is closed due to the holiday		4:00-5:00pm swim		4:00-5:00pm swim	EC Meet LCM @YST	EC Meet LCM @YST
Pre Team	No swim, pool is closed due to the	6:30-7:00pm Starfish	6:30-7:00pm Sharks	6:30-7:00pm Starfish	5-7pm CANDY MEET		

	holiday		6:30-7:00pm Starfish 7:30-8:00pm Sea Lions 7:30-8:00 Narwhals				
Senior Pre Comp	No swim, pool is closed due to the holiday	6:00-6:30pm Seals	6:00-6:30pm Dolphins 6:00-6:30pm Seals 7:00-7:30pm Swordfish	6:00-6:30pm Seals	5-7pm CANDY MEET		
Junior Pre Comp	No swim, pool is closed due to the holiday	5:30-6:00pm Otters	5:30-6:00pm Whales 5:30-6:00pm Otters 7:00-7:30pm Stingrays	5:30-6:00pm Otters	5-7pm CANDY MEET		